

OPINION

The opinion page does not reflect to the views of the KyNewsGroup.



Sherry Brown

Luke 4:18 The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised.

Stories were taken from the internet.

From Meth to Psychology Student: Jake's Story

Jake was a bright college student when he started using methamphetamine to manage academic pressure and undiagnosed ADHD. Meth felt like a solution at first, more energy, sharper focus, a sense of control. It wasn't. Within a year, he'd dropped out, lost his job,

and cycled through periods of paranoia and crushing depression. Arrest for possession was the pivot. Offered a drug court program instead of jail, Jake spent the

next two years in therapy, getting proper ADHD treatment, and working a 12-step program. He's now five years sober, back in school studying psychology, and volunteers as a peer support specialist. "Recovery gave me a second chance," he says. "Now I want to use that chance to help others find their way to sobriety."

The Prescription Trap: Lisa's Story

Lisa's addiction didn't start in a back alley. It started with a legitimate prescription for back pain. She was a marketing executive, a mother of two, someone who would never have identified herself as an addict. Within two years, she was doctor shop-

ping, faking symptoms, and structuring her entire day around her next dose. The wake-up call came when her youngest daughter found her unconscious after an accidental overdose. "That look of fear in my daughter's eyes," Lisa says. "I knew I had to change." Four years sober now, Lisa has become an outspoken advocate for better education about prescription opioid risks. Her case illustrates a reality that public health researchers have tracked for decades: people with high ACE (Adverse Childhood Experience) scores, even those who appear to have stable adult lives, carry significantly elevated vulnerability to addiction.

The High-Functioning Alcoholic: Tom's Story

Tom was a successful lawyer with a family and a reputation. He drank heavily, but he had explanations for all of it: work

stress, social necessity, earned relaxation. "I convinced myself it was normal," he says. "That I had it under control." He nearly lost a high-profile case due to impaired judgment. That was enough. Tom entered a discreet outpatient program and joined Alcoholics Anonymous, a combination that research suggests works well for people with stable employment and strong social supports. Mutual aid groups like AA produce measurable improvements in sobriety rates, particularly when members attend regularly and engage with sponsors. Six years sober, Tom now mentors other professionals dealing with alcohol problems. His story cuts through the stereotype that addiction requires visible destruction to be real.

Sobriety for Her Children: Karen's Story

Karen was a single mother drinking a bottle

of wine every night just to fall asleep. She was managing, she told herself. Until Child Protective Services was called after her children were found unattended. She entered residential treatment, worked through detox, and began the slower work of addressing the childhood trauma that had fed her drinking for years. "I had to learn to parent sober," she says. "To face life's challenges without numbing myself." Five years sober, Karen has rebuilt her relationships with her children and advocates for parents in addiction treatment. Her story reflects what broader addiction recovery narratives consistently show: the

most powerful motivators for change are usually relational, not rational. The fear of losing her kids was what finally broke through. Friends, addictions are real and they are always a plot sent by the unfruitful works of darkness. They ravish a heart with dark turmoil. Remember, to seek God and His guidance for help and deliverance. pray for freedom and deliverance for all who are suffering from invading addictions. God knows your way out as He loves you and He wants you free today in Jesus name! It's not too late to cry out for help and live in freedom!



Verse of the Week

Philemon 1:15 For perhaps he therefore departed for a season, that thou shouldest receive him for ever.

A Kentucky Love Story Shows the Lifelong Impact of Organ Donation

MORE THAN 1000 KENTUCKY KIDS AND ADULTS ARE CURRENTLY WAITING ON A LIFESAVING TRANSPLANT

Kentucky child Brooklyn Dotson was just a toddler in 2003 when doctors gave her only three days to live. She had become critically ill with a rare liver condition, and her family was told she would not survive without a liver transplant.

At the same time, the Waters family was facing an unimaginable loss. Ten-year-old Michael Waters of Ohio died following a tragic accident. Even at a young age, Michael had already expressed that he wanted to be an organ donor, and his family honored his wishes.

More than two decades later, that gift will become part of another remarkable chapter: Brooklyn is marrying Michael's brother, Noah Waters.

Following organ donation, there is a thoughtful and confidential process that allows donor families and recipients to connect, if both choose to share their contact information. These safeguards respect the privacy of everyone involved while allowing relationships to develop when both families are ready. Brooklyn and Michael's families chose to connect when Brooklyn was young and remained close through the years.

As they grew older, Brooklyn and Noah developed a friendship. That friendship eventually became love. On September 26, Brooklyn and Noah plan to marry in Kentucky - more than 20 years after Michael's gift first connected their families.

For Kentucky's Circuit Court Clerks, stories like Brooklyn's are a powerful reminder of why they have championed organ donation since 1992. Kentucky's Circuit Court Clerks created an independent nonprofit organization, originally known as the Circuit Court Clerks' Trust For Life, to educate Kentuckians about organ, tissue and eye donation. Today, that

organization is known as Donate Life Kentucky Trust, which continues the Clerks' legacy by providing trusted donation education as well as direct financial assistance and support to transplant patients, caregivers and donor families across the Commonwealth.

"Every day, Kentuckians have the opportunity to make a decision that could someday give another person the chance to grow up, graduate, fall in love, get married and create future generations," said Sandye Watkins, Nicholas Circuit Court Clerk. "Brooklyn's story is an extraordinary example of the lasting impact one person's decision can have. We encourage Kentucky families to talk about organ, tissue and eye donation and, most importantly, share their wishes with the people they love like Michael did."

To learn more about organ donation or the programs of Donate Life Kentucky Trust, visit [DonateLifeKY.org](#).

About Donate Life Kentucky Trust

Donate Life Kentucky Trust is a statewide nonprofit dedicated to

educating communities about organ, eye, and tissue donation and addressing the unmet needs of families impacted by donation and transplantation. Donate Life Kentucky Trust serves as a trusted resource for the public as well as transplant patients, caregivers, and donor families - offering financial assistance and community connections. Programs are supported through driver's license contributions and fund-raising. Donate Life Kentucky Trust serves families in all 120 Kentucky counties. For more information, visit [www.donatelifeky.org](#), call or text 502-694-3015, or email [info@donatelifeky.org](#).

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COMMONWEALTH OF KENTUCKY
Sandye Watkins
NICHOLAS COUNTY CIRCUIT CLERK

Notice is hereby given pursuant to KRS 395.625 that the following Settlements will lay over until 12:00 pm on the 16th day of Sept., 2026, at which time hearing will be held in Nicholas District Court when said settlement shall be approved and recorded unless prior thereto exceptions have been filed.

Decedent/Ward: Zoey Jenkins
Address: 372 W. Main St., Carlisle, KY 40311
Fiduciary: Jacqueline Garrett
Address: 372 W. Main St., Carlisle, KY 40311
Title: Guardian
Nature of Account: Periodic Settlement

Decedent/Ward: Leland Fletcher
Address: 120 Mockingbird Ln., Carlisle, KY 40311
Fiduciary: Roy Stith
Address: 120 Mockingbird Ln., Carlisle, KY 40311
Title: Guardian
Nature of Account: Periodic Settlement

Decedent/Ward: Branson Watkins
Address: 1610 Lake Rd., Carlisle, KY 40311
Fiduciary: Johnnie Foster
Address: 1610 Lake Rd., Carlisle, KY 40311
Title: Guardian
Nature of Account: Periodic Settlement

Decedent/Ward: Carolyn Crockett
Address: 159 Shepherd Hl., Carlisle, KY 40311
Fiduciary: Nicki Swiderski
Address: 4531 Dove Blvd., Louisville, KY 40299
Title: Guardian
Nature of Account: Periodic Settlement

Witness my hand the 31st day of August 2026

Sandye Watkins
Nicholas Circuit Clerk

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BREAD OF LIFE

The Bible tells us in James Chapter 4 verse 46 "Whosoever therefore will be a friend of the world is the enemy of God." My friends engaging in strife is a dangerous thing. Strife is a behavior that opposes the spirit of God. Proverbs 10:12 Hatred stirreth up strifes but love covereth all sins. James 3:2 For in many things we offend all. If any man offend not in word, the same is a perfect man, and able to bridle the whole body 3 Behold we put bits in the horses mouths, that they may obey us and we turn about their whole body 4 Behold also the ships, which though they be so great, and are driven of fierce winds, yet are they turned about with a very small helm, whithersoever the governor listeth 5 Even so the tongue is a little member and boasteth great things. Behold how great a matter a little fire kindleth 6 And the tongue is a fire, a world of iniquity; so is the tongue among our members, that it defileth the whole body and setteth on fire the course of nature; and it is set on fire of hell 7 For every kind of beasts and of birds, and of serpents, and of things in the sea, is tamed and hath been tamed of mankind 8 But the tongue can no man tame; it is an unruly evil, full of deadly poison 9 There with bless we God, even the

Father; and there we curse men, which are made after the similitude of God 10 Out of the same mouth proceedeth blessing and cursing. My brethren these things ought not so to be 11 Doth a fountain send forth at the same place sweet water and bitter? 12 Can the fig tree, my brethren, bear olive berries, either a vine, figs? So can no fountain both yield salt water and fresh 13 Who is a wise man and endued with knowledge among you? Let him shew out of a good conservation "his works" with meekness of wisdom 14 But if ye have bitter envying and strife in your hearts, Glory Not and lie not against the truth 15 This wisdom descendeth not

from above, but is earthly, sensual and devilish 16 For where envying and strife is, there is confusion and every evil work 17 But the wisdom that is from above is first pure, then peaceable, gentle and easy to be entreated, full of mercy and good fruits, without partiality and without hypocrisy 18 And the fruit of righteousness is sown in peace of them that make peace. Matthew 5:9 Blessed are the peacemakers; for they shall be called the children of God. God values peacemakers who sow the fruit of righteousness in Peace.

TRUST, BELIEVE & OBEY GOD'S WORD

★★ *Re-Elect* ★★

Dennis Allison

★ **Carlisle City Council** ★

Paid for by candidate, Dennis Allison

COMMONWEALTH OF KENTUCKY
Sandye Watkins
NICHOLAS COUNTY CIRCUIT CLERK

Notice is hereby given to all creditors pursuant to KRS 424.340 that the Nicholas District Court has appointed personnel representatives as follows:

Decedent/Ward: Forrest Duncan
Address: 112 School Ave., Carlisle, KY 40311
Fiduciary: Cynthia Duncan
Address: 112 School Ave., Carlisle, KY 40311
Title: Administratrix
Attorney: Ken Baker
Address: 101 W. Chestnut St., Carlisle, KY 40311
Date: 08/05/26

Decedent/Ward: Donald E. Mace
Address: 2572 Stoney Creek Rd., Carlisle, KY 40311
Fiduciary: Peter A. Mace
Address: 310 Midland Blvd., Apt. 305, Shelbyville, KY 40065
Title: Executor
Attorney: Kelli G. Mulberry
Address: 122 Pike St., Cynthiana, KY 41031
Date: 08/26/26

Witness my hand this the 31st day of August, 2026

Sandye Watkins
Nicholas Circuit Clerk

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