

DESERT ROSE - FROM 2

Spending a long time daydreaming each day
You might:
• Spend most of your time in intense, vivid daydreams and neglect your everyday life
• Do this to avoid difficult feelings or problems
• Have a blank expression while you're daydreaming
• Feel addicted to daydreaming and want to do it most of the time
Some psychiatrists might call this maladaptive daydreaming. But this isn't an official diagnosis.
Some of us have experiences of dissociation for a long time without realizing what it is. Sometimes just putting a name to an experience can help.
What causes dissociation?
There are lots of reasons you might dissociate. Dissociation can happen because of things going on in your life right now. Or it can develop as a way of coping with things that happened in your past. Certain medications can also cause dissociation as a side effect.
For example, you might dissociate:
• In response to something traumatic or very stressful that you can't control.
• When under the influence of alcohol and drugs. As a side effect of certain medications, or when coming off medication.
• As a symptom of certain mental health problems, such as anxiety, bipolar disorder, depression, eating disorders, post-traumatic stress disorder (PTSD), psychosis and schizophrenia.
What's the link between trauma and dissociation?
Experts think that dissociative disorders may develop partly as a response to traumatic events, often in childhood.
This is because after a trauma you may:
• Learn to use dissociation to cope with any stress or trauma
• Have flashbacks to the trauma which can cause you to dissociate
If you notice signs of dissociation, you're not alone. Many people find it helpful to talk to someone they trust, like a friend, family member, or mental health professional.

POSITION AVAILABLE

Daniel Boone Community Agency, Inc. (DBCAA) is looking for a Seasonal Intake Clerk to join our team!

Position Summary: The Seasonal Intake Clerk position is a full-time, hourly position, located in our Jackson County office. The Seasonal Intake Clerk is primarily responsible for providing services available through various programs such as the Low-Income Home Energy Assistance Program (LIHEAP) and Community Services Block Grant (CSBG) programs as well as other programs operated by Daniel Boone Community Action Agency. Essential job duties will include, but not be limited to:
• Assisting customers with basic intake forms and applications, answering incoming phone calls, and scheduling appointments.
• Staying up to date on changes in services and program requirements for community resources.
• Identifying resources and making appropriate referrals ensuring coordination of services.
• Acting as a liaison between community agencies and clients.
• Filing, scanning, copying, and other clerical and office duties as assigned by Supervisor.
• Process applications for multiple programs and provide client services.

Minimum Applicant Qualifications:

- High school diploma or equivalent required
- Experience in social work or related field preferred
- Experience in customer service preferred
- Ability to multitask and handle a variety of responsibilities
- Clear driving record
- Clear background check
- Pre-employment and on-going drug testing required

Benefit Package:

- Paid Holidays
- Funeral Leave
- Voting Leave
- Employee paid optional benefits

Wage: $13 per hour

Application Process:

Applications must be received by 4:30 PM EST Friday, October 16, 2026. Qualified applicants may submit an application by email to info@danielboonecaa.org or drop off in person or by mail to Attn: Human Resources, Daniel Boone CAA, Inc., 1535 Shamrock Road, Manchester, KY 40962.

For an application, please visit our website at: https://danielboonecaa.org/wp-content/uploads/dbcaa_job_application.pdf, call the DBCAA Human Resources Director at (606) 366-7433, ext. 105, email info@danielboonecaa.org, or stop by one of our locations.

Daniel Boone CAA, Inc. does not discriminate on the basis of race, color, national origin, religion, sex, gender identity, pregnancy, disability, age, medical condition, veteran status, genetic information, marital status, retaliation, citizenship, sexual orientation, familial status, or any other legally protected characteristic.

An Equal Opportunity Employer

Daniel Boone Community Action
HELPING PEOPLE. CHANGING LIVES.

DESERT ROSE - Continued

There are also support groups and resources available to help you understand and manage these experiences.
As always, if you or someone you love feels suicidal or that they are in a crisis there is the 988 Suicide & Crisis Lifeline: Call or text 988 for confidential, free, 24/7/365 help. You can also chat at 988lifeline.org. Another resource is the Crisis Text Line: Text HOME to 741741. The Crisis Hotline: 844-755-5325
Until next week, I'm Desert Rose signing off and wishing you all good mental health.

Classifieds

Jackson Valley Apartments is now accepting applications for 1 bdr, 2 bdr and 3 bdrm apartments. Rent is based on income. Garbage and water included. On Site laundry and playground area. Units available for immediate move in upon approval. Applications may be picked up at the office Monday, Tuesday, Thursday and Friday. Hours 9-12 and 1-4 Office closed on Wednesdays 1-606-287-7677 (TTY 1-800-648-6056 Hearing/Speech Impaired Only) Equal Housing Opportunity

FOR RENT

ACCEPTING APPLICATIONS FOR APARTMENTS
They are painted and clean.
NO application fee.
Fast, friendly service. Check with us. Your rent could be cheaper at the Housing Authority of McKee (Rocky Hill Heights Apts.) Laundry on site, Two playgrounds and basketball court. Rent based on income. Call today. (606) 287-8777 Housing Authority of McKee, Rocky Hill Heights, 1405 Roberts Ct., Ofc., McKee, Ky 40447 NOW TAKING APPLICATIONS 9 AM TO 1 PM MONDAY - FRIDAY

LEGAL

hereby given that Michael Angel, Executor for Brenda P. Robinson, deceased, has filed a final settlement with the Jackson County District Court. Any exceptions to same must be filed before the hearing date of 10/19/2026.
Case #: 25-P-00131

Notice is hereby given that Laura Bingham has been appointed Executrix of the estate of Alva Jean Fox by the Jackson County District Court. All persons having claims against the estate of Alva Jean Fox are requested to present same, verified according to law, to said Executrix within 6 months from 10/5/2026.
All persons indebted to said estate are notified to pay said indebtedness to the Executrix.
Case #: 26-P-00119

Notice is hereby given that James Wade Singleton has been appointed Administrator of the estate of Vickie Lynn McWhorter by the Jackson County District Court. All persons having claims against the estate of Vickie Lynn McWhorter are requested to present same, verified according to law to said Administrator within 6 months from 10/5/2026.
All persons indebted to said estate are notified to pay said indebtedness to the Administrator.
Attorney: Hon. Ross Murray
Case #: 26-P-00118

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