



Photo of Pine Mountain courtesy of park.ky.gov

Beshear announces major upgrades for Pine Mountain State Resort Park

By Tom Latek
Kentucky Today

FRANKFORT - Gov. Andy Beshear has announced that Pine Mountain State Resort Park will receive \$6.9 million in hospitality upgrades starting next Spring, to enhance the visitor experience and attract new travelers.

“People travel from all over to experience all that Pine Mountain State Resort Park has to offer,” Beshear said. “These improvements will make every visit better for the Kentucky families that know and love this park, and the out-of-state travelers fueling the record-breaking tourism Kentucky has seen over the past few years.”

In April 2027, the lodge rooms will undergo updates, including new finishes, flooring, bathrooms and mini fridges. The restaurant, lobby and convention center meeting rooms will also receive improvements. While renovations are underway, guests can still enjoy hiking trails, miniature golf, amphitheater, golf course, playground and pool. Cottages will remain available to book while the park is under construction.

Kentucky State Parks Interim Commissioner Mark Kellen stated, “Pine Mountain has welcomed generations of visitors, and these upgrades will guarantee that the park will be here for generations to come. These upgrades will preserve the park’s historic charm while adding the modern amenities today’s trav-

eler expects.”

Beshear recently announced that Kentucky State Parks generated \$1.1 billion in economic impact in 2024, supporting 8,600 jobs and helping fuel economic growth across the state.

During the 2024 legislative session, Gov. Beshear signed legislation releasing \$71 million for capital construction projects, including improvements to Pine Mountain State Resort Park and projects throughout the Parks system, such as building system upgrades, accommodation improvements and recreational amenity enhancements. He also signed another measure, allocating over \$66 million for upgrades to various state parks.

This year, Beshear announced that 2025 was the best year on record for tourism, the fourth consecutive record-breaking year, generating \$14.6 billion in economic impact and supporting 96,993 jobs.

Located in Bell County, Pine Mountain State Resort Park is one of Kentucky’s original state parks, established in 1924. The mountaintop resort features 30 lodge rooms, 11 cottages, nine cabins, 12 miles of hiking trails, the Laurel Cove Amphitheater, an 18-hole golf course and other outdoor recreation opportunities.

For more information on Kentucky State Parks, visit parks.ky.gov. Kentucky is home to 44 state parks, including 17 resort parks and 13 golf courses.

Harry Enoch’s Mystery House Reveal

Harry Enoch

The Rodney Haggard House located featured in

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L’s, X for the two O’s, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

8-10 CRYPTOQUOTE

D J Y Q H A Y Q D H X Q E Q D H

H X A R N D V I Q I A N X H A R

M I J R H J M U J P ; A H W P D H

H V G Q D H A Y Q H J D Q Q H X Q Y .

— N C V K U D G R A N X H

Saturday’s Cryptoquote: SUMMER HAS FILLED HER VEINS WITH LIGHT AND HER HEART IS WASHED WITH NOON. — C. DAY LEWIS

Clark County Health Department recognizes National WIC Breastfeeding Week

By Matt Cizek
Winchester Sun

The week of August 1st through 7th has been recognized as National WIC Breastfeeding Week. WIC stands for the Special Supplemental Nutrition Program for Women, Infants, and Children.

The Clark County Health Department honored and recognized the occasion with multiple posts throughout the week.

One, on Tuesday, August 4, stated the

following:

“The first week of August is a time to celebrate, support, and encourage breastfeeding families. Breastfeeding provides lifelong health benefits for both babies and parents, and no one should have to navigate the journey alone.

WIC is here to help with breastfeeding education, personalized support, nutritious foods, and resources every step of the way.

Whether you’re

expecting, a new parent, or supporting a breastfeeding family, we’re here for you.”

Another, on Thursday, August 6, offered the following advice:

“Breastfeeding is a learning experience for both parent and baby. Whether you are preparing to breastfeed, just getting started, or looking for support along the way, knowing the basics can help build confidence.

**Remember:

- Feed your baby when they show hunger cues.

- A comfortable position and good latch help baby get milk effectively.
- Newborns often breastfeed frequently—this is normal and helps establish milk supply.
- Support is available! WIC staff, lactation consultants, healthcare providers, and community resources are here to help.

Every family’s breastfeeding journey is unique. Celebrate your progress, ask questions, and know that support is always available.”

The river ran backward

John 7: 37-38 “In the last day, that great day of the feast, Jesus stood and cried, saying, If any man thirst, let him come unto me, and drink. He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.”

The morning was cool but pleasant. I walked out onto the pier under the Brooklyn Bridge with my early morning coffee. The New York skyline cast shadows over the city; I felt totally alone and susceptible. We were working with a Christian disaster relief group providing meals for first responders and victims.



VAN YANDELL

produced by tides exceeds all the energy produced by humanity every second of every day. To harness that energy is another matter.

Tidal energy is currently being used in a few locations around the world, most notably at the Sihwa Lake Tidal Power Station in South Korea and La Rance, France, which is the oldest large-scale tidal power station still in operation.

The awareness of tidal potential as a renewable and economical source of energy has long existed, but the initial cost of tidal power plants is mostly prohibitive. Perhaps in the future, the tides will be utilized to decrease the use of fossil fuels, which some believe is a major factor in climate change.

Life on earth could not exist without water. Genesis 1: 2 tells us, “The spirit of God moved upon the face of the waters.” We know that water is one of the essential components for God’s creation process.

With the combining of carbon-based matter (Genesis 1: 1), water (Genesis 1: 2), and light (Genesis 1: 3), the process of photosynthesis happens. With that, chlorophyll is produced, of which a by-product is oxygen.

We, humans, inhale oxygen, which our lungs distribute into our blood, which in turn feeds the thirty trillion cells in our bodies. On the return trip through our veins, the residue left (carbon dioxide) is exhaled into the atmosphere, which provides for plants the fuel to produce more chlorophyll, thus more oxygen.

God was the first recycler, and it appears He thought of everything. I suppose that’s why He’s God.

Considering the power of moving water and that water is essential for photosynthesis and human survival, we can understand why Jesus empha-

sized water in His teachings.

John 4: 13 “Jesus answered, “Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.”

At times it seems as if the church, like the East River, is running backward. The church as Jesus intended it to be has in many cases lost its focus. Matthew 16: 18 “That thou art Peter, and upon this rock I will build my church; and the gates of hell shall not prevail against it.”

That statement by Jesus indicates one and only one church. His church has been severely fragmented and divided by denominationalism, which is a result of individual thinking. Religionists have taken it upon themselves to distort the words of our Savior/Creator.

We cannot rewrite the scriptures and expect it to go unnoticed. Revelation 22: 18b-19a “If any man shall add unto these things, God shall add unto him the plagues that are written in this book: And if any man shall take away from the words of the book of this prophecy, God shall take away his part out of the book of life.”

The perversion of the originally intended church goes far beyond the corruption of the scriptures. Churches are not to be social clubs or entertainment centers. Speakers are not to preach what has lately been dubbed as “feel-good” preaching.

Jesus’ sacrificial death on the cross for the remission of the sins of all humankind was nothing to take lightly and celebrate as the winning of a ball game. Jesus’ death and resurrection changed the history of the world as no other event ever!

We often wonder why the church is in decline in America. Perhaps these are a part of the reasons. We must preach the Gospel of Jesus Christ and adhere to His teachings and not let this river run backward.

Van Yandell is a retired Industrial Arts teacher, an ordained gospel evangelist, and commissioned missionary. His email: vmy2121@outlook.com

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8-11 CRYPTOQUOTE

NUPO ZWF’QP HWDFBPT WO WFC XSQCXESCK ZHCQ WFC

ZWFQ POPSZ, LUPO ZWF YQP TCURZN SJ YBEKCK GZTC

EKOWQEOK ZWFQ YGGEPB. UJR MZ. — LUTCK QBKKCEE

— BLYDPZ YAQYSB

Yesterday’s Cryptoquote: SOMETIMES THE BEST THINGS ARE RIGHT IN FRONT OF YOU; IT JUST TAKES TIME TO SEE THEM. — GLADYS KNIGHT

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8-12 CRYPTOQUOTE

EZNCEE

Yesterday’s Cryptoquote: WHEN YOU’RE FOCUSED ON YOUR ENEMY, THEN YOU ARE IGNORING YOUR ALLIES. — STACEY ABRAMS