

CITY

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unanimously approved the zoning change request during its meeting on Dec. 9, which included a public hearing. The request comes from The Greater Clark Foundation, which owns the property.

The proposal would rezone approximately 30 acres of land, currently

KIBBEY

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meant to provide escape. That sense of joy and relief still resonates today.”

Preservation is also a central motivation behind

utilized as a walking trail, from Professional Office (P-1) to General Business (B-4). If adopted, B-4 zoning would allow uses such as grocery stores, restaurants, hotels, or even a small shopping center.

Before the Winchester Board of Commissioners can consider the request, it must receive the official minutes from the Dec. 9th Planning Commission meeting. Those minutes

were approved at the Planning Commission's Jan. 6 meeting.

In addition to the minutes, the commission will also receive a formal letter of recommendation from the Planning Commission, a draft ordinance, relevant staff reports from the Planning and Community Development Office, and documentation related to public comment, including notes and a video link from

the Dec. 9 meeting.

Reed urged commissioners carefully review all provided materials in preparation for a future vote.

The City has not set an official date to consider the zoning change, but Reed anticipated the matter would come before the commission in February.

All commission meetings are open to the public and are advertised at

winchesterky.com and on the City's informational Facebook page.

In other matters of business, the Commission:

- Approved the first reading of an ordinance amendment that would change the number of members on the Historic Preservation Commission from six to seven. The amendment will require a second reading.
- Approved the first

reading of an ordinance banning the planting or installation of invasive bamboo.

- Approved an order accepting an automatic aid agreement between the City of Winchester and the Clark County Fiscal Court for five response services.
- Approved a special warranty deed between the City of Winchester and Columbia Gas for a property on Mutual Avenue.

WINCHESTER

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numerous parent leaders who went on to live practice and guide policy across different states.

Among other accomplishments, her professional experience includes more than a decade teaching preschool and kindergarten.

Informed in part by her experiences with Child Protective Services (CPS), Frost states that these experiences led her to advocate for change.

"I have three kids...I had a really high-risk pregnancy...I signed up for numerous community supports and programs voluntarily...the community supports went very, very well for two years, and I had teams of people supporting [and] coming in and out of my house on a weekly basis," she said. "What fell through was, at two years, one of the providers got a new job, and then they got a replacement, and the replacement was very distant."

Before long, bad news struck, as Frost was reported to CPS, an experience that left her frustrated.

"It was a lot. It was shocking to me. It shocked the other providers," she said. "It fractured trust for me, because I didn't expect it. I didn't see that coming."

Sensing an imbalance, Frost - whose experience with community supports and programs has included receiving public benefits and other public assistance - has sought to address what she states are systemic factors.

"These are ongoing system factors. These are structural designs that have me in these systems, that have me in these circumstances, [and] that tell my story and the story of many others like me," she said. "What I advocate for as a parent advocate is just knowledge of the structural inequities that



Valerie Frost, a Winchester native and advocate whose previous speaking experiences including a trip to the White House, will be delivering a TEDx talk titled "Authority is Lived, Not Given" in Lake Alfred, FL, on Saturday, February 21st.

some people face, the knowledge of where power and authority get concentrated, which is part of the (upcoming)

talk, who is seen as credible, who is seen as an expert, (and) who has input in governance...it's not one instance. It's not

one thing."

Having overcome obstacles, including coercive control, Frost hopes her situation and talk can be

a positive benefit for the community and all in attendance.

"This is a local conversation because I'm talking

about communities and I'm talking about systems," she said. "We could sit at the national level and federal level all day long and talk about families and parents and kids and their lives, [but] what does it matter if it doesn't trickle down to the day-to-day."

With her work, as mentioned, leading to opportunities to speak at the White House and praise from professionals, including Dr. Lisa Merkel-Holguin of the University of Colorado Anschutz Medical Campus, Frost looks to continue to be a voice of guidance.

"Once you speak up, you can never go back," she said, referencing a book titled "Your Silence Will Not Protect You" by Audre Lorde. "You can't go back to silence...that's where I'm at now."

More information about Frost, who also hosts a weekly podcast, can be found at <https://valeriefrost.com/>

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