

# SWIMMER'S EAR

## What parents should watch for

Summer brings plenty of opportunities for kids to swim and play outside, but all that time in the water can also raise the risk of swimmer's ear. Don't let it interrupt your child's fun.

hearing, swelling of the lymph nodes or fever.

### HOW IS SWIMMER'S EAR TREATED?

Cases of swimmer's ear are typically mild and respond well to treatment but should be examined and treated by a doctor.

Before seeing a pediatrician, you can help manage your child's pain at home with acetaminophen or ibuprofen.



KENNETH IVERSON

A doctor can remove infected fluid pus or debris from the ear canal and may prescribe ear drops to treat the infection and reduce swelling and pain. Severe cases may require frequent suctioning of debris.

Other treatment options include oral antibiotics and placement of a wick into the ear canal to help drops reach deeper into a blocked canal.

Avoid getting water in the ear during the treatment process and dry the ears and reapply drops after bathing.

### PREVENTING SWIMMER'S EAR

Most children do not need to take special precautions unless they have recurrent infections or a recent infection. If so, limit time in the water to less than an hour and dry excess water from the outer portion of the in ears with a clean towel or a hair dryer on a cool setting.

Sometimes, certain topical drops can be used after water exposure but consult your doctor to determine which would be appropriate for your child — especially if your child has ear tubes or a hole in the eardrum.

Over-the-counter or custom-made ear plugs can be used as well to prevent pro-

longed water exposure to the ear canal for children who are susceptible.

Avoid using cotton swabs or other devices that can remove too much ear wax or cause small injuries in the ear canal, creating an opening for bacteria to enter the skin. Ear wax is a natural measure of protection against swimmer's ear as its oily properties help repel water and has characteristics that naturally resist microbes.

While a case of swimmer's ear may be unavoidable for some children, recognizing the signs early and seeking proper treatment can help keep a minor infection from disrupting summertime activities.

Kenneth C. Iverson is chief of pediatric otolaryngology for Golisano Children's at UK.

### WHAT IS SWIMMER'S EAR?

Otitis externa, also known as swimmer's ear, is an infection affecting the outer ear canal. The infection often develops after swimming or other activities that let water into the ears. Trapped moisture in the ear creates an environment where bacteria can grow. At the same time, the skin lining the outer ear canal can soften, making it easier for bacteria to enter and cause infection.

Some children are more susceptible to swimmer's ear for reasons that are not always clear. Damage to the outer ear canal — sometimes caused by the misuse of cotton swabs — as well as conditions like eczema and seborrheic dermatitis can increase a child's risk of developing swimmer's ear.

### WHAT ARE THE SYMPTOMS?

Mild cases of swimmer's ear leave children feeling itchy, slight redness inside the ear and fluid drainage. Children may also feel discomfort that worsens by touching or pulling on the ear, which is distinct from ear pain caused by a typical middle ear infection.

More severe cases may include severe pain and itchiness, a sensation of fullness inside the ear, partial or complete blocking of the outer ear canal, redness or swelling of the outer ear, drainage of thick and cloudy fluid, decreased

## Four enter Miss Madison Regatta pageant

BY PAXTON MEDIA GROUP



Kinsleys Humphreys



Kiera Todd



Emma Lawson



Orianna Wilson

A fourth contestant has entered the Miss Madison Regatta pageant — Emma Grace Lawson of Hanover. Emma, daughter of Adam and Tiffany Lare, is a 2026 graduate of Southwestern High School who will be attending Indiana University.

Previous entries were Kinsley Morgan Humphreys of Bedford, Indiana; Kiera Ann Todd of Madison; and Orianna Kay Wilson of Sanders, Kentucky.

The Miss Madison Regatta pageant will be held Monday, June 29, at Madison Consolidated High School's Opal Sherman Auditorium. The winner will receive a \$2,500 scholarship and reign over the Regatta week festivities, with first runner-up receiving a \$1,000 scholarship.

The girl who is crowned the queen will participate in all the events during the week of the Regatta festival and weekend of the Regatta with the first and second runner-up also being asked to attend some Regatta related events.

On Saturday, June 27, there will be four contests at Opal Sherman Auditorium — Miss Teen, Miss Preteen, Miss Princess and Little Miss. The Miss Teen and Miss Preteen contests will be held at 5 p.m. that day while the Miss

Princess and Little Miss contests will be at noon. Miss Teen contest is for girls ages 15-17. Miss Preteen is for ages 12-14. Miss Princess is for girls ages 9-11. Little Miss is for ages 6-8.

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## LEGAL NOTICE

CITY OF BEDFORD, KENTUCKY ORDINANCE NO. 2, SERIES 2026

AN ORDINANCE ADOPTING THE CITY OF BEDFORD ANNUAL BUDGET FOR THE FISCAL YEAR JULY 1, 2026 THROUGH JUNE 30, 2027 AND MAKING APPROPRIATIONS FOR THE FISCAL YEAR PURSUANT TO KRS 91A.030.

WHEREAS pursuant to KRS 91A.030, the City of Bedford is required to adopt a budget for the fiscal year based on the anticipated revenues to be received and defining and appropriating the necessary funds for the expenditure of monies during the said fiscal year.

NOW, THEREFORE, be it ordained by the City of Bedford, Kentucky as follows:

### Section 1. Adoption of Budget

The annual budget of the City of Bedford, Kentucky, for the fiscal year July 1, 2026, through June 30, 2027, is hereby adopted as follows:

	Municipal Road Aid Fund	Wastewater Department Maintenance Fund	Cemetery Fund	Cemetery Reserve Fund	ABC Fund	ARPA Fund	Bond & Sinking Fund	KIA Fund
Revenues	\$ 452,587.90	\$ 41,080.45	\$ 417,992.07	\$ 79,966.77	\$ 23,340.33	\$ 20,360.80	\$ 230.56	\$ 21,690.54
Appropriations	\$(452,587.90)	\$(24,000.00)	\$(411,860.00)	\$(32,050.00)	\$ -	\$(4,500.00)	\$ -	\$(21,600.00)
ENDING BALANCE	\$ -	\$ 17,080.45	\$ 6,132.07	\$ 47,916.77	\$ 23,340.33	\$ 15,860.80	\$ 230.56	\$ 90.54

### Section 2. Effective Date

This Ordinance shall take effect upon its enactment and publication as required by law.

Adopted this 18th day of June, 2026.

First reading: 06-16-2026

Second reading: 06-18-2026

Approved:

Debra Robinson, Mayor

Attest:

Leeann Mitchell, City Clerk



### ADVERTISEMENT FOR BIDS

Sealed Bids for the surplus items listed below will be received by Carrollton Utilities, 900 Clay Street, PO Box 269, Carrollton, KY 41008 on Wednesday, July 8th, 2026, until 2:00 pm EDT (1:00 CT), then publicly opened and read aloud. Successful bids will be approved at the Carrollton Utilities Commission meeting on July 14th, 2026, at 1:00 PM EDT (12:00 PM CT). Bid Form may be examined at the Carrollton Utilities office during business hours. Questions or to schedule an inspection of the surplus items should be directed to Derrick Willis at (502) 525-8724. Open inspection is from 12PM - 1PM (11 AM - 12 PM CT) on Monday, July 6th, 2026, at the CU WTP on 6th Street in Carrollton. All other inspections by appointment only and subject to the availability of staff.

The OWNER reserves the right to waive any informality or to reject any or all bids. No BIDDER may withdraw his Bid within thirty (30) consecutive calendar days after the actual date of the opening thereof. Successful bidder MUST remove all the equipment within fourteen (14) days of award. Bidders must certify they do not and will not maintain or provide for their employees any facilities that are segregated or based on race, color, creed, or national origin. Federal law prohibits discrimination on the grounds of race, color, national origin, religion, age, handicap, and sex. Surplus Items: 1. One Coffman Industries Lime Silo (circa 1960s) - 10' diameter welded steel, 21' tall 2. One Chemco Lime Slacker (2015 model)

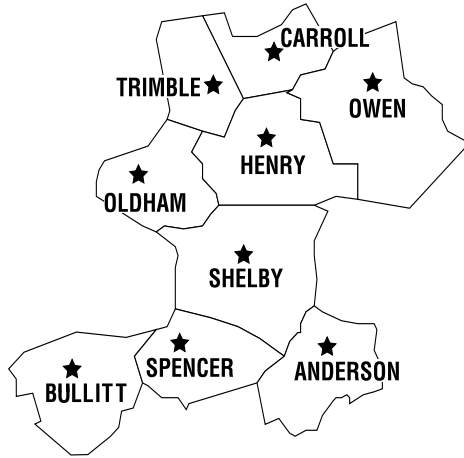
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### REAL ESTATE ONLINE AUCTION

CEDAR GROVE HISTORIC HOME ON 1.4 ACRES OF DEVELOPMENT LAND LOUISVILLE, KY

BIDDING WILL START TO END SATURDAY JUNE 27TH 11AM EASTERN TIME

LOCATION: 4118 TAYLORSVILLE ROAD, LOUISVILLE, KENTUCKY, 40220.

#### CEDAR GROVE ESTATE

THIS EARLY 1800'S HOME SITS ON 1.4 ACRES OF PRIME REAL ESTATE IN A GREAT LOCATION. IT HAS A TOTAL OF EIGHT ROOMS WITH MULTIPLE BEDROOMS, BATHS, TWO PARLORS, A SUMMER KITCHEN, FIREPLACES AND A BASEMENT. THE HOUSE IS OF ALL BRICK CONSTRUCTION, HAS ROOMY STAIRCASE LANDINGS, AND AN ATTIC.

THIS HOME WAS BUILT BY THE HIKES FAMILY WHO RELOCATED FROM PENNSYLVANIA TO KENTUCKY AND BUILT THIS HOME IN THE AREA STILL KNOWN AS HIKES POINT. CONSTRUCTION BEGAN IN 1824 AND TOOK SIX YEARS TO FINISH ACCORDING TO LOCAL HISTORY. CLICK THE DOCUMENTS TAB ON THE WEBSITE TO READ MORE ABOUT THE HISTORY OF THIS HOME.

TERMS: A 10% BUYER'S PREMIUM WILL BE ADDED TO THE FINAL BID PRICE TO DETERMINE THE FINAL SALES PRICE. THE WINNING BIDDER SHALL PUT DOWN 10% OF THE TOTAL SALES PRICE (BID PRICE PLUS THE BUYER'S PREMIUM) AS A DEPOSIT THE DAY OF THE AUCTION WITH THE BALANCE DUE IN 30 DAYS OR SOONER AFTER THE AUCTION DATE. THE REAL ESTATE IS SOLD AS IS.

THE CONTENTS OF CEDAR GROVE WILL SELL IN A SEPARATE ONLINE AUCTION AND INCLUDES MANY PERIOD CORRECT PIECES FROM THE 1800'S. WATCH OUR HOME PAGE FOR UPCOMING DETAILS.

PUBLIC INSPECTION SUNDAY JUNE 21, 12:00 NOON TO 2:00 PM BID AT WWW.HBARRYSMITH.COM

A WILLARD AUCTIONS COMPANY  
H.BARRY SMITH, REALTORS AND AUCTIONEERS  
88 BRUNERSTOWN ROAD, SHELBYVILLE, KY.  
502-633-2746 888-631-2746



Auctioneers: H. Barry Smith (CAI), Jimmy Willard (CAI), Shawn Willard (CAI), Jeff Riggle (CAI), Patrick Hargadon, Todd Barlow, Rob Winlock, Dean Burk, Courtney Roberts



For advertising rates or to reserve space reach out to-

Mary Dale Hipple

Paxton Media, LLC

502-633-2527 or 502-487-0225

mdhipple@sentinelnews.com

### ABSOLUTE REAL ESTATE AUCTION

SATURDAY, JULY 11TH 11:00 AM

LOG HOME, TENANT HOUSE, BARN ON 38 ACRES IN 2 PARCELS SHELBY COUNTY, KY



LOCATION: 3100 CROPPER ROAD, SHELBYVILLE, KY 40065. TAKE HWY 55 TO HWY 43 (CROPPER ROAD) TO THE PROPERTY.

REAL ESTATE: PARCEL 1: LOG HOME ON 13.2 ACRES, THE LOG HOME IS APPROX. 2500 SQ FT WITH AN UNFINISHED BASEMENT. 4 LARGE BEDROOMS WITH 2 MASTER SUITES, 3 FULL BATHROOMS, NICE CREEK ROCK FIREPLACE FAMILY ROOM, LIVING ROOM, OPEN KITCHEN AREA WITH LARGE VAULTED CEILING AND LOFT AREA. THE HOME HAS A 2 CAR GARAGE, 1 CAR GARAGE/SHOP, AND OTHER OUTBUILDINGS. THIS PARCEL ALSO HAS A SMALL TENANT HOUSE ON IT PERFECT FOR GUESTS OR AN IN-LAW SUITE.

PARCEL 2: 24.8 ACRE LAND PARCEL WITH NICE TOBACCO BARN AND POND. THIS PARCEL IS LEVEL WITH NICE TREE LINED BOUNDARIES AND SEVERAL BEAUTIFUL BUILDING SITES FOR YOUR DREAM HOME. JUST MINUTES TO I-64 AND THE BYPASS IN SHELBYVILLE, AND RIGHT IN BETWEEN LOUISVILLE AND LEXINGTON, KY.

PUBLIC INSPECTION: SUNDAY, JULY 5TH 2-4PM

BID AT WWW.HBARRYSMITH.COM

NOTE: THIS WILL BE SOLD IN 2 PARCELS, THEN OFFERED BACK AS A WHOLE IN A ULTIMATE CHOICE BIDDING SCENARIO.

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