

# Dreams Of A Golden Tan Shattered

By Becky Greenwell  
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The calendar page has been flipped to July. The date, the temperature, and our newly constructed splash pad has had a ribbon cutting. It is officially summertime.

That means hot dogs, cookouts, swimsuits, and most of all those Coppertone Tans. Perfect tans that started way before summer was official.

Wouldn't it be great if everyone who so desired could have that healthy looking sun-kissed body naturally?

Those lucky enough to glow from the warmth of the rays of the sun or were just born with perfect skin tones to which there is no work involved in getting the shade desired, are all fortunate.

In my opinion, it seems to me that for those of us who weren't quite as lucky, it would be much kinder if the world just decided that fair skin is the new tan.

Being one of the fairest of the fair I always battled with the hope of getting a golden tan. I burned in the sun. Being claustrophobic, just thinking about

getting into a tanning bed and pulling the lid down, threw me into a panic of cold sweats and feelings of suffocation.

Having battled this fair-skinned predicament my whole life I rationalized every summer: fairer skin means I'm health wise, (then why do I look so sick?); I'm at a safer risk of getting cancer, (I'll probably be a cancer recipient because of my burns in the past); or the most common excuse, I choose to be fair skinned, that is why I'm not tanned, (then why do I continue to do the impossible?).

Wondering about the safety of the tanning beds had put me in a quandary. I had been to a doctor for an annual checkup and he said, "You're fine, but my goodness, go to a tanning bed and get some color on those legs."

Another doctor said, "You don't use the tanning bed, do you? Well, good for you. Those sun-loving women who are using tanning beds do not realize what is going to happen to them down the road."

After trying my best to withstand the heat from the natural rays of the sun and getting the same results every time: bright red, blister, peel, and back to fluorescent white, I decided it wasn't worth the suffering.

When I was a young newlywed, I discovered the invention of tan in a bottle. I thought this was the greatest thing to ever be invented. It was a dream come true. I went right out and bought my first bottle of "Sudden Tan" and hid it in the back of the bathroom closet. I was determined I was going to get the tan I wanted without anyone being the wiser to my secret.

I worked hard on that bathroom tan, and I thought I was doing everything perfectly. That was until the miracle cream started drying.

I was expecting to look like the bronzed model pictured on the bottle.

Wrong! The more the lotion dried the more orange and more streaked I became. There were stripes, splotches, and even a perfect handprint on the back of my shoulder where I thought I was smoothing so well. What a rude awakening.

I wore my jeans for a few more days. While sitting next to my husband watching TV, a commercial came on about the wonders of Sudden Tan. He laughed out loud and made fun of the people who really believed they could look like that just from a bottle. "Can you believe there are people who are that gullible?"

"No, they must be ignorant," I said as I slyly folded my orange hands out of his sight.

Later, while he was gathering the trash to take out, he burst into laughter when he saw what was at the bottom of the container. A nearly full can of gold in a bottle filled with the hopes and dreams of a golden tan wannabe.

Now years later, being much older and wiser, I look back on that time and know the truth. Those mira-

cle cream commercials for golden tans and all the different wrinkle creams on the store shelves and TV commercials are good sales pitches aimed at the gullible and wannabe young again dreams.

Becoming older and wiser I have accepted my skin tone as fair, and my face wrinkles as wisdom. I am content with my own body.

## Local Students Receive Degrees

More than 3,800 students graduated from the University of Mississippi in May 2026. Undergraduate and graduate candidates received degrees from the College of Liberal Arts, General Studies and schools of Accountancy, Applied Sciences, Business Administration, Education, Engineering, Journalism and New Media, Law and Pharmacy.

Paige Wells, of Morganfield, is one of the May 2026 graduates. Wells, who majored in Communication Sciences/Disorders, received a Master of Science from the Graduate School.

Boone McElroy, of Waverly, is one of the May 2026 graduates. McElroy, who majored in Law Studies, received a Bachelor of Science in Law Studies from the School of Applied Sciences.

Ella Gough, of Morganfield, is one of the May 2026 graduates. Gough, who majored in Entrepreneurship, received a Bachelor of Business Administration from the School of Business Administration.

## COOPERATIVE EXTENSION SERVICE

# 4-H NEWS

UNIVERSITY OF KENTUCKY • COLLEGE OF AGRICULTURE  
BY

ANNETTE BUCKMAN

COUNTY EXTENSION AGENT FOR 4-H

### 4-H's Connection To Positive Youth Development

When people talk about 4-H, they often mention positive youth development. But what exactly does that mean, and how does 4-H help young people develop these important life skills?

Positive youth development focuses on helping youth become caring, capable, and productive members of their communities. Positive youth development includes programs, activities, and experiences that:

- Encourage youth to interact constructively with their communities, schools, organizations, peers, and families.
- Recognize, build upon, and strengthen young people's talents and abilities.
- Provide opportunities for youth to achieve positive outcomes.
- Foster meaningful relationships between youth and their peers as well as caring adults.
- Help young people develop leadership and life skills.

If positive youth development is the destination, 4-H is the vehicle that helps youth get there.

As the youth development program of the Cooperative Extension Service, 4-H provides an inclusive, supportive, and encouraging environment where young people learn by doing. Through hands-on projects, clubs, camps, competitions, and community service, youth explore topics that interest them while developing skills that will benefit them throughout their lives.

One of the greatest strengths of 4-H is its wide variety of project areas. Whether a young person is interested in agriculture, animals, science, technology, healthy living, leadership, cooking, public speaking, photography, or the arts, there is likely

a 4-H opportunity that matches their interests.

In Kentucky 4-H, our focus is not simply on ribbons, awards, or the finished project. Instead, we value the journey each young person takes while learning new skills, overcoming challenges, and growing in confidence. Along the way, youth build friendships with peers who share similar interests and connect with caring adult volunteers and mentors who encourage their success.

Through these experiences, 4-H members develop valuable life skills such as responsibility, accountability, communication, teamwork, problem-solving, and leadership. These skills prepare them not only for success in school but also for college, careers, and life.

To learn more about positive youth development opportunities through Union County 4-H, contact the Union County Cooperative Extension Service. We would love to help your family discover all that 4-H has to offer.

### Follow us on Facebook!

To keep up with all the fun events happening in the Union County 4-H Program follow Union County 4H on Facebook for all the latest news, events, and information about 4-H. There you will find interesting articles related to youth/4-H and much more!

*Educational programs of the Cooperative Extension Service serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expressions, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.*

## PUBLIC NOTICE

THE FOLLOWING ESTATE HAVE BEEN PROBATED IN UNION DISTRICT COURT. PERSONS HAVING CLAIMS TO FILE AGAINST SAID ESTATES MUST FILE SAME NOT LATER THAN SIX MONTHS FROM THE DATE OF THE APPOINTMENT OF THE FIDUCIARY.

Estate of Raymond Gordon Cornwell. Executor/Administrator: Jennifer Thronsberry, P.O. Box 9, Sturgis, KY 42459. Date of appointment July 2, 2026. Attorney: C. Michael Williamson, P.O. Box 5, Morganfield, KY 42437.

Estate of John Harris, Jr. Executor/Administrator: Clifton Garnett, 6022 Cypress Court, Newburgh, IN 47630. Date of appointment July 2, 2026. Attorney: Hon. Stephen M. Arnett, P.O. Box 419, Morganfield, KY 42437.

Union County Planning Commission and Emergency Management in partnership with



## PUBLIC MEETING

Learn About FLOOD PLAIN MAPS Affecting Sturgis and Uniontown

The Kentucky Division of Water invites the public to review and provide input on flood plain maps. Various informational stations will be set up.

	<b>DATE</b> Tuesday, July 14, 2026		<b>TIME</b> 4:30 PM to 6:30 PM CT		<b>LOCATION</b> Union County Extension Office 1938 US 60 E Morganfield, KY 42437
	<b>YOUR VOICE MATTERS!</b>		Ask questions. Learn how the maps may affect your property. Share your comments.		
	Be Informed			Be Prepared	
	Be Heard				

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Sebree, KY

## -- PUBLIC NOTICE --

### NOTICE OF BOND RELEASE

In accordance with KRS 350.093, notice is hereby given that UC Processing, LLC, 1146 Monarch Street STE:350, Lexington, Kentucky 40513, has applied for Phase II and III bond release on Increment No. 1 of permit 913-9011, which was last issued on May 19th, 2025. The application covers an area of approximately 40.8 surface acres.

The permit area is approximately 2 miles southeast of the U.S. 60 junction with State Route 141.

The bonds now in effect for the mentioned increments are surety bonds in the amount of \$85,500.00. 100% of the original bonds receiving Phase III release in the amount of \$85,500.00 is included in the application for release.

Reclamation work performed includes: backfilling, regrading, topsoil replacement, and drainage control including soil preparation and initial seeding and mulching in accordance with the approved reclamation plan and a report for the area has been submitted to the cabinet in accordance with 405 KAR 16:200, Section 8 or 405 KAR 18:200, Section 8. revegetation has been established in accordance with the approved reclamation plan and the standards for success of revegetation, successful completion of all surface and reclamation operations in accordance with the approved reclamation plan such that the land is capable of supporting the post mining land use of cropland and pastureland approved pursuant to 405 KAR 16:210 or 405 KAR 18:220; compliance with requirements of KRS Chapter 350, 405 KAR Chapters 7 through 24, and 405 KAR 10:020 and release of 40.8 acres.

This is the final advertisement of the application. Written comments, objections, and requests for a public hearing or informal conference must be filed with the Director, Division of Field Services, 300 Sower Boulevard Frankfort, Kentucky, 40601 by August 10th, 2026.

A public hearing on the application has been scheduled for 9:00 AM on Thursday, August 13th, 2026 at the Department for Surface Mining Reclamation and Enforcement's Madisonville Regional Office, State Office Building, Third Floor, 625 Hospital Drive, Madisonville, KY 42431. The hearing will be cancelled if no request for a hearing or informal conference is received by Saturday August 10th, 2026. 7/8c

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### NOTICE OF BOND RELEASE

In accordance with KRS 350.093, notice is hereby given that UC Processing, LLC, 1146 Monarch Street STE:350, Lexington, Kentucky 40513, has applied for Phase II and III bond release on Increment No. 1 and 2 of permit 913-9009, which was last issued on May 19th, 2025. The application covers an area of approximately 28.05 surface acres.

The permit area is approximately 2 miles southeast of the U.S. 60 junction with State Route 141.

The bonds now in effect for the mentioned increments are surety bonds in the amount of \$81,600.00. 100% of the original bonds receiving Phase III release in the amount of \$81,600.00 is included in the application for release.

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