

Mom's Famous Last Words Live On For Generations

By Becky Greenwell
bgreenw2@bellsouth.net

As another Mother's Day has come and gone it gives me reason to reflect upon the job of motherhood and all the qualifications it takes to be a mother.

Sometimes it's a thankless job and then other times it only takes a crumpled dandelion gift to make every heartache, pain, and disappointment worthwhile.

Before I became a

mom for someone other than my many baby dolls, I was getting life lessons from my own mom on how to become a good mother.

A lot of those lessons were actually tidbits of "good for you" information and I found out that some of that information just wasn't true.

Some of Mama's famous last words, which have been handed down over the years: If you don't stop, your face will freeze like that.

(Mine didn't). I only have two hands. Let me kiss it to make it better. Go ask your father. Because I said so. Because I'm your mother.

Get your hair out of your face. Eat it, it's good for you. Don't put that in your mouth, you don't know where it's been. I don't care who started it. If all your friends jumped off a cliff, would you, do it too? You call that music?

Clean your plate,

there are starving children in the world. Money doesn't grow on trees. Don't ever forget that I love you. You'll always be my baby.

During those times I always told myself I would never say anything like that to my children.

Well, just like every mother in the world, I became my mother. I used those famous words quite often. I even added a few of my own: Don't wear that and don't act like that, boys don't like that kind of girl. There are plenty of other fish in the sea. The best things in life are free. And of course, I told them to always wear clean underwear when they leave the house.

I accepted the clichés my mother threw out. I listened to my children swear they would never say them. It wasn't long before I began watching those famous words being replayed right before my eyes to another audience.

Motherhood is a wonderful thing. There are ups and downs, joys and sorrows, I love yous and I hate yous, hugs and cold shoulders. All the emotions become wonderful.

Reading over the qualifications for motherhood though would make one wonder about

Sesquicentennial Celebration

This Summer

Americans will celebrate the 250th anniversary of the United States in July 2026, and the word "semiquicentennial" may come up in conversation during those celebrations.

Some people may not be familiar with the term and what it means. A semiquicentennial is the 250th anniversary of something. It breaks down to "half" of a "quicentennial," which is 500 years.

Synonyms may include sestercentennial, bisequicentennial or quatermillennial. Each term refers to a period of 250 years.

It's a rather large word for a simple meaning, but people are bound to hear more of it as 2026 goes on and Independence Day is celebrated on July 4.

COOPERATIVE EXTENSION SERVICE

4-H NEWS

UNIVERSITY OF KENTUCKY • COLLEGE OF AGRICULTURE

BY

ANNETTE BUCKMAN

COUNTY EXTENSION AGENT FOR 4-H

4-H Fair Projects Ignite Curiosity Cultivate Skills

At the heart of 4-H lies project work, an initiative that empowers 4-Hers to choose a topic of personal interest and passionately delve into it. Projects are available in seven core areas: natural resources, agriculture, communication and expressive arts, family consumer sciences, health and wellness, leadership and sciences engineering and technology. Kentucky 4-H ensures every member finds a project that ignites their curiosity.

Once a 4-Her selects a project, they embark on a journey of skill mastery and personal growth. Throughout the project year, these young individuals acquire specialized knowledge and develop essential life skills such as public speaking, record-keeping and decision-making. These invaluable skills will serve them well in their future endeavors, enabling them to become confident and capable community leaders.

The Kentucky State Fair, Aug. 17-30 is a significant platform for 4-H members to showcase their completed projects and compete with their peers. This

year's fair will feature a diverse array of 4-H project work, from livestock exhibits in the West Hall to the innovative projects in Cloverville displayed in the South Wing. The fair provides an excellent opportunity for fairgoers to witness these 4-Hers' creativity, dedication and hard work.

All 4-Hers who have their projects displayed at the county, regional, or state fair are considered winners in their own right. Every 4-H member's journey is a testament to their growth, resilience and commitment to personal development.

Kentucky 4-H invites the public to attend the Kentucky State Fair to witness the exceptional project work of these talented young individuals.

For more information about 4-H projects and other topics, contact the Union County Cooperative Extension Service.

County Fair

The Union County Fair is right around the corner! Mark your calendars for June 15-20. NOW is the time to start on those 4-H exhibits. Fair Books are available at the Extension Office. Recipes for the 4-H section may be

picked up at the Union County Extension Office.

• Monday, June 17th - 4-H Exhibit Entry Day - UC Fairgrounds 9:00 a.m. - 2:00 p.m.

• Monday, June 17th - 4-H/FFA Rabbit/Poultry Show - UC Fairgrounds Floral Hall 6 p.m.

• Saturday, June 20th - 4-H Country Ham Breakfast and Ham Auction - Union County Fair/Expo 8:00 a.m. Tickets \$18.00

• Saturday, June 20th - 4-H/FFA Livestock Show - UC Fairgrounds 9:00 a.m.

Country Ham Breakfast Saturday June 20th

It's That Time of Year Again! Be on the lookout for our 2025 Country Ham Project participants as they begin selling tickets for the 22nd Annual Union County 4-H Country Ham Breakfast!

Event Details: Date: June 28th Time: 8:00 AM Location: John A. Arnold Convention Center

Tickets: \$18.00 each Tickets can be purchased in advance from any Country Ham participant or at the door the morning of the event.

Your support helps fund the participants' trip to the State Fair in August, where they'll represent Union County in competition!

Come enjoy a delicious breakfast and support a great cause!

PUBLIC NOTICE

UNION COUNTY PUBLIC SCHOOLS INVITATION FOR BIDS - HVAC EQUIPMENT MORGANFIELD ELEMENTARY SCHOOL AND STURGIS ELEMENTARY SCHOOL

The Owner needs bids on HVAC equipment to be purchased for the Owner to self-perform the maintenance replacement at two elementary schools.

Provide a unit cost per system for nominal 2.5T split system with DX Condensing Unit (CU) and interior vertical upflow air handling unit. Air Handling Unit (AHU) and condensing unit shall be cooling only. Heat is provided via separate, duct mounted hot water coil. AHU and CU shall be 208/230V / 1ph. Provide system with electronic or thermal expansion valve; terminal strip for controls connection; single stage scroll compressor; direct drive evaporator and condenser fan; one (1) year parts and labor warranty; five (5) year compressor warranty. Units shall be delivered to the Owner's Maintenance Shop at 4500 US-60, Morganfield, KY 42437. The per system cost will determine the exact quantity of units the Owner can purchase with available funds. The bid shall include an equipment submittal.

Sealed bids will be received at 2:00 PM CST, Thursday, May 28, 2026, in the Board Room at the Union County Board of Education, 4500 US Highway 60 W, Morganfield, Kentucky, at which time and place bids will be publicly opened and read aloud.

Sealed bids will be received at 2:00 PM CST, Thursday, May 28, 2026, in the Board Room at the Union County Board of Education, 4500 US Highway 60 W, Morganfield, Kentucky, at which time and place bids will be publicly opened and read aloud. 5/20c

taking on this job.

Qualifications which to the inexperienced sound impossible: communication and organizational skills, working various hours, including evenings, weekends and frequent 24 hour shifts on call, must be willing to be hated at least temporarily, be willing to bite tongue repeatedly, must possess the physical stamina of a pack mule, have the knowledge to screen phone calls, maintain calendars and coordinate production of multiple homework projects, be indispensable one minute and embarrassing the next, must always hope for the best, but be prepared for the worst, remain in the same position for years, without complaining, constantly retraining and updating your skills so that those in your charge can ultimately surpass you.

As far as wages go there are none-- you pay them, offering frequent raises and bonuses, there are no health or dental insurance plans, no pensions, no tuition reimbursement, no paid holidays and no stock options are offered, but your job supplies limit-

less opportunities for personal growth and free hugs for life if you play your cards right.

This motherhood job is one that does not come with an instruction manual; most skills are on-the-job training. I have noticed that mother's intuition kicks in just as soon as that baby is born.

There's the ability to recognize cries, how to hold a child, change it and lower the voice to soft soothing tones when a lullaby is needed (even if you can't carry a tune, it's music).

But there are still a lot of things that mothers must learn on their own; they do not take wisdom well from their well-intentioned mothers, mothers-in-law, sisters, friends or strangers. Every mother, with more than one or two children, has learned these skills.

Ask any veteran mother and grandmother and they will tell you it is the toughest job in the world with the most rewards.

I hope you all had a wonderful Mother's Day. I know I did.

Subscribe To The Sturgis News

POSITION AVAILABLE

The Union County Fiscal Court is accepting applications for a seasonal worker at the County Road Department. Responsibilities include, but not limited to mowing and bushhogging.

Applications can be picked up and turned in at the Union County Judge/Executive's Office 100 West Main Street Morganfield, KY 42437 or on the County's website at www.unioncountky.org. Applications will be accepted until May 15, 2026.

The Union County Fiscal Court is an Equal Opportunity Employer: All applicants are considered for employment without regard to race, color, national origin, religion, sex, age, veteran status, or disability. 5/13c

PUBLIC NOTICE

UNION COUNTY PUBLIC SCHOOLS INVITATION TO BID UNIONTOWN ELEMENTARY SCHOOL HVAC ROOFTOP UNIT REPLACEMENT AND HVAC SINGLE UNIT REPLACEMENT

The Contractor shall provide a lump sum bid for the following: The Contractor shall disconnect and remove the existing rooftop unit and dispose of in a proper manner. All existing ductwork connections shall be protected for reuse. Disconnect power and protect for reuse. Disconnect natural gas piping and protect for reuse.

The Contractor shall furnish and install a nominal 7.5T Packaged Rooftop Unit. The unit shall be DX cooling; natural gas heat, 160.0 MBH input, 80% AFUE, aluminized steel heat exchanger; 208V/3ph power connection; downflow; constant volume unit; ½" thick insulation at unit casing; provide with modulating outside air damper; air side economizer with dry-bulb control; barometric relief damper; hail guard for condenser coils; phase loss protection; two stage heating and two stage cooling operation; 7-day programmable thermostat; one (1) year parts and labor warranty; ten (10) year heat exchanger warranty; five (5) year compressor. Acceptable manufacturers include Carrier; Daikin; and Trane.

Contractor shall include crane rental or other approved means for removal of existing rooftop unit and installation of the new unit.

Install unit where the previous unit was removed. Install adapter curb as required. Flash and seal roof penetrations.

Install new thermostat where existing thermostat was previously located.

The Contractor shall connect power to new unit. Reuse existing power source. Install new LFMC from disconnect to unit. Existing unit has a MCA of 45.0 amps and an MOCP of 70 amps.

The lump bid proposal shall be broken down to reflect labor, material, and mark-up. Provide equipment submittal with the bid.

UNIT PURCHASE

Provide a unit cost per system for nominal 2.5T split system with DX Condensing Unit (CU) and interior vertical upflow air handling unit. Air Handling Unit (AHU) and condensing unit shall be cooling only. Heat is provided via separate, duct mounted hot water coil. AHU and CU shall be 208/230V / 1ph. Provide system with electronic or thermal expansion valve; terminal strip for controls connection; single stage scroll compressor; direct drive evaporator and condenser fan; one (1) year parts and labor warranty; five (5) year compressor warranty. Units shall be delivered to the Owner's Maintenance Shop at 4500 US-60, Morganfield, KY 42437. The per system cost will determine the exact quantity of units the Owner can purchase with available funds. The bid shall include an equipment submittal.

Sealed bids will be received at 2:00 PM CST, Thursday, May 28, 2026, in the Board Room at the Union County Board of Education, 4500 US Highway 60 W, Morganfield, Kentucky, at which time and place bids will be publicly opened and read aloud. 5/20c

FOR SALE

6'9" x 9'8"

TRAILER

Wood Floor
Sides Detach To Be Used
As Ramps
Extra Set of Rims



\$600⁰⁰

Cash Only (As Is)

Great for hauling firewood, riding mower, or other small equipment

(270) 635-2041

Sebree, KY