

Considering A New Decluttering Trend

By Becky Greenwell
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Spring is here, flowers are blooming, grass is being mowed, heavy jackets cast off, and summer clothes are pulled out of storage.

I just hope Mother Nature is finished with April Fool tricks and doesn't throw in some more unwelcome winter. I don't care if it is called Redbud, Dogwood, Locust, Blackberry, Whippoorwill, or Cotton Britches Winter. If it has the word winter in the name, I'm not accepting her gift.

I usually don't plant my flowers until Mother's Day, so I still have a little more time to get my summer clothes out and winter jackets put away.

Lately my mind has been wandering back to the extra bedrooms in my house that are getting out of hand. They have been dubbed as the attic or storage rooms. There is a lot of stuff in there that absolutely needs to be gotten rid of or moved to other locations.

Getting started on a project this big is very difficult for me to even

start. For this Queen Collector, I keep my memories in material reminders. The two rooms and closets are full of memories. Unorganized memories.

At one time when I began to feel overwhelmed with life, I would declutter and organize. Nowadays, the thought of decluttering and organizing is overwhelming me. I look at it and then shut the door.

The rest of my house isn't as crazy. My books and dolls get dusted and rearranged to not look so disorderly. I can rearrange furniture and pictures on the wall, and I feel like I am in a new home. I have the same things, just a new look. I feel I have accomplished a lot.

My mother was the Queen of Rearranging. She would rearrange furniture every few weeks. Sometimes she would swap one room with another room. My dad would say when he came home from work, he never knew what room his bed was going to be in.

Whenever I married it wasn't long before I got the urge to re-

arrange. My husband helped, but he did not appreciate moving furniture and ending up back in the same place.

My biggest urge to clean and organize was during pregnancy. I had this overwhelming desire to get my home ready for the new baby. This instinct was called nesting and the closer it came to delivery time the more I worked. It wasn't long until the baby came. It may have been an old wives' tale, but for me nesting was real.

I can clean house and organize things, and it doesn't look too cluttered. I don't have to look at memories and decide what needs to be tossed. It is functional stuff.

I must get started working first thing in the morning without stopping. If I don't start early or get stopped in the middle, it is impossible for me to start again. I also like working alone.

On days when my husband is gone most of the day, I lock the door and pretend not to be at home, I put my cell phone on silent, and I go to work.

I accomplish a lot. I move things around, throw things, mostly my husband's things, into a bag for the thrift store. I gather the stuff to take to recycling. When I sit down at the end of the day I am relaxed.

I have to say the feeling I was experiencing while I cleaned, scrubbed, and organized was in a sense nesting. I knew there weren't any babies expected, but if unexpected company dropped by, I was ready.

After sitting down at the end of the day, I picked up a magazine where I found an article on decluttering. This trend was something I had never heard of before. It explained exactly what I had been doing all day.

I was *döstädning*. It seems *döstädning*, or Swedish death cleaning, is the process of organizing and decluttering your belongings before you die. It is as much for you as it is for the people who must clean out your home after you die.

Many times, my chil-

dren have complained about all the stuff I have, and they have told me when I am gone it is more than likely going to be tossed. Children of this generation don't want the stuff of their Baby Boomer parents. They aren't sentimentalists.

If you want to see your things, go to someone you think will appreciate them, then take care of giving it to them before someone else must.

Whenever I googled Swedish death cleaning

I found so much information. It was interesting, a little morbid, but it made a lot of sense.

There were step by step ways to preserve your memories, how to give away things, and how to let go.

In my "back-room-attic" some of my clutter is organized and sorted, but I will admit I still have more to handle. As far as this new trend of *döstädning*, I'm sticking with nesting. I will consider *döstädning* but honestly, I don't think I can call it death cleaning.

-- PUBLIC NOTICE

NOTICE OF PUBLIC HEARING

Notice is hereby given by the Union County Planning Commission that they will hold a Public Hearing at the Union County Central Building, 510 South Mart Street, Morganfield, Kentucky 42437 at 7:00 P.M. on Monday, June 15, 2026.

To consider a request by PC Feed Mill, LLC, Kenneth Buckman, Manager, P.O. Box 99, Owensboro, KY 42302 to rezone a tract of land containing approximately 3.4 acres at 630 North Hughes Street in Morganfield. The property is currently zoned I-1, Light Industrial. The proposed zoning classification is R-3, High Density Residential.

All parties wishing to be heard are hereby requested to be present.

Union County Planning Commission
William Rose, Chairperson
5/13c

-- PUBLIC NOTICE

ZONING TEXT AMENDMENT

Notice is hereby given that the Union County Planning Commission will hold a public hearing on June 15, 2026, at the Union County Central Building, 510 South Mart Street, Morganfield, Kentucky to consider a proposed amendment to the Morganfield, Sturgis, and Waverly Municipal Zoning Ordinance.

The Proposed zoning text amendment will modify Section 708 Accessory Uses to exclude and prohibit storage containers, shipping containers, PODS, and other similar containers – whether temporary or permanent as an accessory structure.

All interested persons are invited to attend and may submit comments in person or in writing. Written comments may be sent to Susie Robertson, Zoning Administrator, at 510 S Mart St., Morganfield, KY 42437 or susie.robertson@unioncountky.gov and must be received by June 1, 2026.

For additional information, please contact Susie Robertson, Zoning Administrator at 270-389-2093 or susie.robertson@unioncountky.gov.

Union County Planning Commission
William Rose, Chairperson
5/13c

Union County Is Home To Three KFB Certified Farm Markets

Country Fresh Meats & Farmers Market, Jen's General Store LLC and Jim David Meats, all located in Union County, have been accepted into the 2026 Kentucky Farm Bureau (KFB) Certified Farm Market Program.

As members of this prestigious program, these markets have committed to providing top-quality products and services to their customers. This certification ensures that each market meets the highest standards of quality, freshness, and marketing appeal.

"Kentucky Farm Bureau's Certified Farm Market program is a direct link between the farm families who grow our food and the neighbors who depend on them," said KFB President Eddie Melton. "The certification gives these markets the recognition they deserve, and it gives consumers a trusted signal that what they're buying was grown with care right here in Kentucky."

Country Fresh Meats & Farmers Market, located at 9355 U.S. 60 W. in Sturgis, is a year-round market offering locally grown seasonal produce, homemade jams, jellies and pickles, local honey

and BBQ pork, Mutton, rib sandwiches, fresh and frozen meat and seafood. It is adjacent to a restaurant with full catering services and cabin rentals. It is open Monday, Tuesday, Thursday and Friday, 10 a.m. to 6 p.m. and Wednesday, 10 a.m. to 2 p.m. For more, visit countryfreshsturgis.com or call 270-333-0280.

Located at 113 W. Main St. in Morganfield, Jen's General Store LLC offers Kentucky Proud products, glass bottled sodas, hand-dipped ice cream, grab-and-go meals, locally roasted coffee, local honey, deli sandwiches and seasonal vegetables. It is open year-round, Tuesday through Friday, 7:30 a.m. to 5 p.m., with extended hours to 6 p.m. in spring, summer and fall. For more, visit www.jensgeneralstore.com or call 270-997-4002.

Jim David Meats, located at 350 T. Frank Wathen Road in Uniontown, is a family-owned USDA meat processing and retail operation offering beef, pork, chicken, fish and deli products including chicken salad, pimiento cheese, homemade bologna and breakfast sausage. It is open year-

round, Monday through Friday, 8 a.m. to 4 p.m. and Saturday, 8 a.m. to 1 p.m. For more, visit www.premiumkentuckyfarms.com or call 270-822-4866.

The KFB Certified Farm Market logo identifies markets certified through this program, and they are listed in the online directory. The program also provides collective advertising, promotional items, educational tour opportunities, and other marketing benefits, with the aim of increasing the net farm income of member markets.

Consumers can find the KFB Certified Farm Market Rack Card at Kentucky welcome centers, state resort parks, local chambers of commerce/tourism centers, and county Farm Bureau offices. For a complete list of markets, visit the KFB Certified Farm Market website at kyfb.com/certified or download the KFB App.

KFB is celebrating its 31st year of offering the Certified Farm Market program. For more information, visit the website, e-mail kfbcertified@kyfb.com, or "Like" the Facebook page at facebook.com/KYCertifiedFarmMarket.

Movie Night In Sturgis Is May 8

Adults and children can enjoy a free movie night Saturday, May 8, at the downtown amphitheatre in Sturgis. "Zootopia." this month's movie will begin at 8:00 p.m.

Gather up your lawn chairs and blankets and take the whole family out for a night of movie fun. Even your leashed pets may attend.

Snacks and drinks will be available on site. Take an umbrella or rain jacket for the rain or shine event, and although concession stands will be open movie goers may bring their own food.

No smoking and no alcohol is permitted. Children under 16 must be accompanied by an adult.

This event is sponsored by Mine Safe Electronics, Sprague Excavating, Pride Industries and James Septic service.

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COMMONWEALTH OF KENTUCKY UNION CIRCUIT COURT, DIVISION I CIVIL ACTION NO. 25-CI-0011

PLANET HOME LENDING, LLC
vs.
DIONNA R. BRAZIER

PLAINTIFF
DEFENDANTS

NOTICE OF SALE

By virtue of a Judgment and Order of Sale rendered by the Union Circuit Court on the 23rd DAY OF MARCH, 2026, I will on **THURSDAY, MAY 21, 2026**, at the hour of **10:00 A.M.** or as soon thereafter as may be possible at the Courthouse door in the City of Morganfield, Union County, Kentucky, proceed to offer for sale to the highest and best bidder the following described real property located in Union County, Kentucky, to-wit:

Property Address: 128 Chapel Hill Road, Morganfield, Union County, KY 42437
PVA No. / Map No.: H1-02-10

The current year's property taxes will be paid by the purchaser of the property.

Purchaser may pay cash or said property will be sold upon payment of 10% deposit, with the balance upon credit of 30 days, the purchaser shall execute a good and sufficient bond with approved surety thereon for the purchase price, the bond to bear interest at the rate of 6% per annum from the date thereof, until paid, and to have the force and effect of a judgment, but a lien shall be retained on said property to further secure the payment of the purchase price. At his option, the purchaser may pay cash or pay the bond with accrued interest at any time before its maturity. Said sale to be made free and clear of any and all liens, claims, rights, title, and interest of any and all parties to this action. The purchaser will be prepared to promptly comply with these terms or the said property will immediately be offered again for sale.

GIVEN under my hand this the 29th day of April, 2026.

Stephen M. Arnett, Master Commissioner
5/20c

COMMONWEALTH OF KENTUCKY UNION CIRCUIT COURT CIVIL ACTION NO. 25-CI-00001

FIFTH THIRD BANK, N.A.
vs.

PLAINTIFF

KENNETH OVERFIELD; BRANDI OVERFIELD;
FIFTH THIRD BANK, N.A. (Southern Indiana)

DEFENDANTS

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Property Address: 4167 Hilltop Road, Uniontown, Union County, Kentucky 42461
PVA No. / Map No.: U2-36-06

The current year's property taxes will be paid by the purchaser of the property.

Purchaser may pay cash or said property will be sold upon payment of 10% deposit, with the balance upon credit of 30 days, the purchaser shall execute a good and sufficient bond with approved surety thereon for the purchase price, the bond to bear interest at the rate of 4.59% per annum from the date thereof, until paid, and to have the force and effect of a judgment, but a lien shall be retained on said property to further secure the payment of the purchase price. At his option, the purchaser may pay cash or pay the bond with accrued interest at any time before its maturity. Said sale to be made free and clear of any and all liens, claims, rights, title, and interest of any and all parties to this action. The purchaser will be prepared to promptly comply with these terms or the said property will immediately be offered again for sale.

GIVEN under my hand this the 30th day of April, 2026.

STEPHEN M. ARNETT, Master Commissioner
5/20c