

## Between You and Me x 2

By Monty Carter

### Eldercare

A gray head is a crown of glory; It is found in the way of righteousness (Proverbs 16.31)

Listen to your father who begot you, and do not despise your mother when she is old. Buy truth, and do not sell it, get wisdom and instruction and understanding (Proverbs 23.22-23).

Do not sharply rebuke an older man, but rather appeal to him as a father, to the younger men as brothers, the older women as mothers, and the younger women as sisters, in all purity! (1 Timothy 5.1-2)

We owe a debt to the elderly. They have paved the way, and we essentially stand on their shoulders. Our parents and grandparents cared for our generation when we were young and helpless. I was raised with great love and care. My parents were the single most important influence on my life and faith. Caring for the elderly is a biblical mandate. Honor toward the elderly is a consistent theme throughout scripture. Every day, we read or hear stories about the mistreatment of the elderly. Some fall victim to scammers and lose their savings. Others are victims within a medical system and culture that does not value the aged and counts on their Medicare dollars. The elderly are a prime target for criminals. Not-so-loving family members and caregivers have been charged with physical and emotional abuse of elders in their care.

Approximately 62 million people in our country are 65 and older. According to the U.S. Census Bureau, the demographic increased 38.6% from 2010 to 2020. This was due to the Baby Boomer generation finally turning 65. The “gray hairs” comprise nearly 20% of the total population. They also hold the largest segment of wealth: “Today, people 70 and older own about one-third of the nation’s net worth. They also control nearly 40% of household stocks and mutual funds.” (Ryan Flaherty, WCNC Charlotte, NC)

From the time Moses brought down the Ten Commandments, we have been directed to “honor” our fathers and mothers. For Christians, this is non-negotiable. God has commanded it. Caring for elderly loved ones is a privilege. It is also one of the most demanding jobs in the world. Add in those struggling with dementia, and the demands are even

greater. Each of us owes the preceding generation a debt of gratitude and love. Our seniors fought wars, survived the Great Depression, and built our infrastructure, commerce, and country. We would not be where we are today were it not for their hard work and sacrifices.

I have a special fondness and admiration for those who care for their elderly loved ones at home. Some do it by choice, but most can’t afford a safe place to entrust their care. Many of them work outside the home while providing this vital care. They are exhausted emotionally and physically. But they show up every day for their loved one. Caring for a super senior with health issues and dementia is a constant struggle. Most caregivers are literally hanging on by a thread.

Our country has made great strides in elder care, but we need to do a better job of providing resources and help for caregivers. I am a member of a social media site devoted to dementia caregivers. It is a safe place where they can vent, rant, cry, and receive advice or support. The stories are often painful as they watch their elderly loved ones fade away. There are roughly six million people age 65+ suffering from a form of dementia in America. Researchers expect that number to jump to 14M by 2060. World Metrics states there are at least 50 million people with it worldwide and 113 million caregivers. These numbers are staggering. More needs to be done. Resources are often buried under an avalanche of forms, paperwork, and difficult online mazes to qualify. We need to make help more easily accessible. The church has to step up. We, of all people, should be leading the charge to bring meaningful change to the system. One thing the statisticians miss is the incredible amount of wisdom this generation possesses. We can still learn from these precious people.

There is a picture on my refrigerator of the precious woman who poured Jesus into my 5-year-old soul every Sunday. Her name was Margaret, but everyone called her “Stonie”. Stonie was in her 70s when she cared for her 90+ year old mother. She would drive from southern Indiana to Illinois multiple times a week to check on her mom. Imagine a near super senior caring for

a super-super senior adult. Stonie was a retired nurse and widow. It wasn’t odd to see her on a ladder cleaning her gutters well into her 80s. She taught me, by word and action, the importance of caring for our elderly. One day (as a young adult), long after her mother had passed, I realized that Stonie was now the super senior. Her picture (taken in her 90s at a retirement home) reminds me of the duty and privilege we have regarding the elderly. It also reminds me how to love Jesus with my whole heart.

If you have a burden for the elderly and those confined to home or living in a facility, talk to your pastor. Find ways to help. Explore resources and partner with other church members who share the same passion. Most church senior adult ministries are mainly for seniors who are still physically active. If there isn’t one, your church could launch an extension of this ministry to include those unable to attend and their caregivers. What a beautiful way to honor the preceding generations.

Agape, Monty

## THE STURGIS NEWS

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## Much Of Kentucky Is Experiencing Drought

By Tom Latek  
Kentucky Today

An ongoing shortfall of rain in Kentucky, coinciding with the start of the growing season, has led to most of the state either abnormally dry or experiencing drought conditions, according to the latest weekly U.S. Drought Monitor report.

Currently, 11.78 percent of the state is considered to have no drought, compared to last week, when it was 14.11 percent.

A total of 33.32 percent of Kentucky is considered “Abnormally Dry,” or D0 on the scale that runs up to D4 for areas that are in exceptional drought. The previous Drought Monitor report had that at 65.31 percent. The current lower number is because conditions have worsened.

A total of 37.04 percent has been designated D1, or “Moderate Drought” in the latest report. That is nearly double last week’s 19.01 percent.

The D2, or “Severe Drought” area, has now expanded to include 17.85 percent of the state’s land area. A week ago, that figure stood at 1.58 percent. No part of Kentucky is in either D3 “Extreme Drought,” or D4

“Exceptional Drought.”

David Simeral, with the Western Regional Climate Center, noted, “In Kentucky, short-term dryness and developing hydrologic drought conditions led to expansion and intensification of drought.”

Looking ahead, the Climate Prediction Center says Kentucky can expect warmer than usual temperatures in their six-to-ten-day outlook, with precipitation forecast to be near normal in most of the state, with slightly above normal amounts in the Western one-quarter of the state. The 8–14-day outlook calls for warmer than normal temperatures to continue, with slightly above normal precipitation statewide.

The U.S. Drought Monitor is jointly produced by the National Drought Mitigation Center (NDMC) at the University of Nebraska-Lincoln, the United States Department of Agriculture, the National Oceanic and Atmospheric Administration and the National Aeronautics and Space Administration. Map courtesy of NDMC.

The observations are taken every Tuesday, with the results released two days later.

## Be Aware Of Impersonation Scams

By Tom Latek  
Kentucky Today

In the last several weeks, the Public Protection Cabinet says it has seen a rise in impersonation scams across the state, including scammers posing as Kentucky State Police, the Transportation Cabinet and the Energy and Environment Cabinet.

Follow these tips from the Federal Trade Commission to avoid becoming a victim:

--Don’t wire money or use gift cards, cryptocurrency or a payment app to pay someone who says they’re with the government. Scammers know it’s hard to track these types of payments and just as hard to get it back.

--Don’t give out your financial or personal information to some-

one posing as the government. If you think a call or message could be real, hang up the phone and call the government agency directly at a number you know is correct.

--Don’t trust your caller ID. Your caller ID might show the government agency’s real phone number or name — such as “Social Security Administration.” But caller ID can be faked. It could be anyone calling from anywhere in the world.

--Don’t click on links in unexpected emails, texts or social media messages. Scammers are good at making these messages look like they are from a government agency but are designed to steal your money and personal information.

“Scams are cruel

and cost Kentuckians money that could be going toward rent, groceries, retirement and more,” said Gov. Andy Beshear. “Our law enforcement officers are committed to protecting our people, including by tracking down scammers and helping bring them to justice. This partnership will give Team Kentucky more tools to prevent scams and protect Kentuckians’ hard-earned dollars.”

According to the most recent FBI report on internet scams, Kentuckians are losing more than \$74 million dollars annually to cyber scammers. With the

integration of technology in our everyday lives and the emergence of artificial intelligence, scams are on the rise and more sophisticated than ever. Education and awareness are the keys to protecting people from financial loss.

Kentuckians can report scams to the Attorney General’s office by filing a Scam Report.

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### -- PUBLIC NOTICE --

SUMMARY OF AN ORDINANCE  
PERMITTING THE TRANSFER OF DRUG AND EQUIPMENT  
FUNDS TO THE  
UNION COUNTY SHERIFF’S OFFICE.  
ORDINANCE NO. 2026-04-08

AN ORDINANCE PERMITTING THE TRANSFER OF DRUG AND EQUIPMENT FUNDS TO THE UNION COUNTY SHERIFF’S OFFICE

This Ordinance authorizes the transfer of funds held in an account titled “Drug and Equipment Funds” at Planter’s Bank to the Union County Sheriff’s Office to be used by the UCSO for the furtherance of the UCSO efforts to combat drugs in the City of Sturgis, Kentucky through the purchase of drug enforcement supplies and equipment which benefit the citizens of the City.

First Reading: March 11, 2026  
Second Reading: April 08, 2026

#### VOTE OF COUNCIL

Allan Collins	Aye
Charles Garnett	Aye
Theresa Greer	Aye
Hunter Davis	Aye
John Deibler	Aye
Dennis Odum	Aye

Signed:  
MAYOR BILLY R. ADAMS

ATTEST:  
SANDRA GERMANE, CITY CLERK

Publication Date: April 15, 2026

ENACTED THIS 8th DAY OF April, 2026.

The full text of this Amended Ordinance is available upon request at City Hall, 106 West 6th Street, Sturgis, Kentucky, Monday – Friday 8:00 a.m. to 4:00 p.m.

## POSITION AVAILABLE

The Union County Judge/Executive’s office is accepting applications for a part-time Recycle position.

Applications can be picked up and turned in at the County Judge/Executive’s office, 100 W. Main St., Morganfield, KY 42437. They may be obtained via email by emailing [jill.hunley@unioncountky.gov](mailto:jill.hunley@unioncountky.gov) or on our website [www.unioncountky.org](http://www.unioncountky.org). Applications will be accepted until April 24, 2026.

The Union County Fiscal Court is an Equal Opportunity Employer: All applicants are considered for employment without regard to race, color, national origin, religion, sex, age, veteran status, or disability.