

Alzheimer's and Brain Awareness Month highlights growing challenge for Kentucky

June was Alzheimer's and Brain Awareness Month, an opportunity to recognize the impact of Alzheimer's disease on Kentucky families and to raise awareness about a condition that affects tens of thousands of people across the commonwealth.

More than 80,000 Kentuckians age 65 and older are currently living with Alzheimer's disease, and that number is expected to increase as the state's population continues to age. Alzheimer's is the most common form of dementia, a group of disorders that affect memory, thinking, and behavior. It is a progressive disease that worsens over time and ultimately interferes with a person's ability to perform daily activities and live indepen-

dently.

While Alzheimer's is often associated with memory loss, its effects extend far beyond forgetting names or appointments. Individuals may experience changes in judgment, problem-solving abilities, communication skills, and personality. As the disease progresses, many require increasing levels of care and support.

The impact is felt not only by those diagnosed, but also by family members who often become primary caregivers. Across Kentucky, spouses, adult children, and other relatives provide care that allows loved ones to remain in their homes for as long as possible. These responsibilities frequently include managing medications, coordinating medical

appointments, handling finances, providing transportation, and assisting with daily living activities.

Caregiving can be physically, emotionally, and financially demanding. Many caregivers balance these responsibilities alongside full-time employment and family obligations of their own. As a result, Alzheimer's disease presents not only a public health challenge but also an economic one.

Kentucky faces additional challenges because many residents live in rural communities where access to specialized healthcare services can be limited. Obtaining an accurate diagnosis, accessing treatment options, and finding support services may require significant travel for some families. Ensuring that resources are available throughout the commonwealth remains an important part

of addressing the growing prevalence of Alzheimer's and other forms of dementia.

Although there is currently no cure for Alzheimer's disease, researchers continue to make progress in understanding its causes and developing new treatments. Recent advances have provided additional tools for managing the disease and slowing its progression in certain patients. Continued investment in research remains critical as scientists work toward more effective treatments and, ultimately, a cure.

Awareness is important because early recognition of symptoms can lead to earlier diagnosis and intervention. Identifying cognitive changes in their early stages allows individuals and families to plan for future care needs, access available resources, and

discuss treatment options with healthcare providers.

Brain health is another important part of the conversation. Research continues to show that factors such as regular physical activity, management of chronic health conditions, adequate sleep, social engagement, and lifelong learning may help support cognitive health as people age. While these steps cannot guarantee prevention, they can contribute to overall brain health and quality of life.

As Kentucky's population grows older, Alzheimer's disease will remain an issue that affects families in every region of the state. Addressing its challenges will require continued attention from healthcare providers, researchers, policymakers, caregivers, and community organizations. It will also require ensuring that families have

access to accurate information, support services, and the resources necessary to care for loved ones living with dementia.

Alzheimer's and Brain Awareness Month serves as a reminder that this disease affects real people and real families in communities across Kentucky. By increasing awareness, supporting research, and encouraging early detection, we can help improve outcomes for those living with Alzheimer's today while working toward better solutions for the future.

As always, I can be reached on my mobile at (502) 639-7079 or through the toll-free message line in Frankfort at 1-800-372-7181. You can also contact me via email at James.Tipton@kylegislature.gov and keep track through the Kentucky legislature's website at legislature.ky.gov.



JAMES TIPTON

MONEY

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passion, a big investment ... we have to improve every day and they did this.

"We look to the future being optimistic about this for sure."

It's all about the future for Saudi Arabia, too, after winning the right to host the World Cup in 2034.

It has been on a mission to wield influence in sports around the world, from buying Premier League Newcastle to launching LIV Golf and hosting world title boxing matches and Formula 1.

The World Cup would be its standout achievement as it looks to move away from its heavy reliance on oil and explore other revenue-generating sectors.



David J. Phillip

Saudi Arabia's Ali Lajami reacts to a 0-0 draw with Cape Verde after the World Cup Group H soccer match in Houston, Friday, June 26, 2026.

It will want its national team to make a statement at its home tournament and while superstar signings like Ronaldo have raised the profile of its league, the hope is that they will also raise standards.

Yet after pulling off one

of the biggest upsets in World Cup history by beating eventual champion Argentina four years ago, there was no standout moment this time — failing to advance beyond the

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Lindsey Wasson/AP Photo

Qatar's Almoez Ali reacts after his team's loss to Bosnia in the World Cup Group B soccer match in Seattle, Wednesday, June 24.

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CITY CLERK

The City of Taylorsville seeks qualified applicants for the position of City Clerk that reports to five-member City Commission. The City Clerk is responsible for all duties assigned by KRS 83A.085 and will also serve as primary supervisor for all city department heads and administrative office employees. A bachelor's degree in government or related field is required. Master's Degree is also preferred. Five years of supervisory experience required along with familiarity with state laws, regulations, grant administration, and government agencies.

Starting salary based upon qualifications.
Application deadline: July 10, 2026, at 4:30 p.m.
Applications and Job Description are available at Taylorsville City Hall or online at www.cityoftaylorsville.com.

Applications and inquiries should be addressed to Stacey Crenshaw, Treasurer, P.O. Box 279, Taylorsville, KY 40071. Phone : (502) 477-3235. Fax : (502) 477-1310. Email: screnshaw@taylorsvillewater.org or kspencer@taylorsvillewater.org.

PUBLIC WORKS DIRECTOR FOR THE CITY OF TAYLORSVILLE

The City of Taylorsville, located in Spencer County, Kentucky, seeks a qualified applicant for the position of Public Works Director to perform the operational duties of the City of Taylorsville Water and Sewer department.

The successful applicant must be a graduate of an accredited high school, preferably supplemented by five years of experience in water distribution, wastewater treatment, or collection system operations. Experience in street operations, as well as inventory management preferred. The candidate should have the ability to obtain a Grade II Wastewater Treatment Operator Certification, a Grade II Collection System Operator, Grade III Distribution Certification in a period of 24 months of hire date or according to KYDOW rules referring to certification testing.

Starting salary based upon qualifications. Benefits include Health Insurance and Retirement System Contributions. Must possess valid driver's license, be able to pass background check and drug test. Applicants must be bondable.

Application deadline: **Friday, July 10, 2026, at 4:30 p.m.** Applications and a current job description are available at City Hall or online at www.cityoftaylorsville.com. Applications may also be mailed to City Hall, Attn: Stacey Crenshaw, Treasurer, at P.O. Box 279, Taylorsville, KY 40071. Phone: (502) 477-3235. Fax: (502) 477-1310. Email: screnshaw@taylorsvillewater.org or kspencer@taylorsvillewater.org

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LOG HOME, TENANT HOUSE, BARN ON 38 ACRES IN 2 PARCELS
SHELBY COUNTY, KY

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REAL ESTATE: PARCEL 1: LOG HOME ON 13.2 ACRES, THE LOG HOME IS APPROX. 2500 SQ FT WITH AN UNFINISHED BASEMENT. 4 LARGE BEDROOMS WITH 2 MASTER SUITES, 3 FULL BATHROOMS, NICE CREEK ROCK FIREPLACE FAMILY ROOM, LIVING ROOM, OPEN KITCHEN AREA WITH LARGE VAULTED CEILING AND LOFT AREA. THE HOME HAS A 2 CAR GARAGE, 1 CAR GARAGE/SHOP, AND OTHER OUTBUILDINGS. THIS PARCEL ALSO HAS A SMALL TENANT HOUSE ON IT PERFECT FOR GUESTS OR AN IN-LAW SUITE.

PARCEL 2: 24.8 ACRE LAND PARCEL WITH NICE TOBACCO BARN AND POND. THIS PARCEL IS LEVEL WITH NICE TREE LINED BOUNDARIES AND SEVERAL BEAUTIFUL BUILDING SITES FOR YOUR DREAM HOME. JUST MINUTES TO I-64 AND THE BYPASS IN SHELBYVILLE, AND RIGHT IN BETWEEN LOUISVILLE AND LEXINGTON, KY.

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