

The Zen Zone Wellness provides relaxation in MW

STEPHEN THOMAS
THE PIONEER NEWS

MOUNT WASHINGTON — Bullitt Countians can now find their moment of zen in Mount Washington.

The Zen Zone Wellness is open for business, providing various forms of relaxing, full-service massage therapy. The new Mount Washington location is the company's third, with two others in Louisville.

Owner and Licensed Massage Therapist Marie Yocum said The Zen Zone featured massage therapy including



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cupping and manual lymphatic drainage. Couples therapy is available, as well as post-accident assistance.

A co-founder of Active Heroes, a local organization that assists veterans, Yocum said The Zen Zone served as a V.A. community care provider. "Veterans can come here

with referrals and get massages," she said.

According to Yocum, Active Heroes once provided therapy to veterans through grant funding. When the grant went away, she decided to become licensed. After receiving her license in 2019, she eventually began The Zen Zone in 2022.

"We lost the grant, so I became licensed to keep the program going," she said. "I began in Louisville, but a lot of customers from here drove up there, so I decided to return to Mount Washington."

A native of Saarbrücken, Germany, Yocum first came to the United States and walked across the country with others to help raise funding for veteran organizations, helping to obtain over \$1.3 million. The event led her to helping establish Active Heroes.

Yocum credited Jeremy Thompson for designing and renovating the space for the new location.

The Zen Zone Wellness is located at 10239 Highway 44 East. Appointments are available by calling (502)251-9191 or visit thezenzonewellness.com.

Local cemetery recognized by MW Historical Society

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MOUNT WASHINGTON — "I reserve and set apart a slip of land on which I have erected a vault for a resting place for my mortal remains... and I hope none will molest it."

Words from the 1866 will of Edward Hessey, a veteran of the War of 1812, whose vault still stands within the Showalter/Hessey Cemetery grounds in Mount Washington at the corner of Branham Way and Highway 44 East.

Hessey's vault, along with the known burial locations surrounding it, are now officially recognized as a pioneer cemetery thanks to a memorial plaque established by the Mount Washington Historical Society.

Alice Harris, MWHHS president, unveiled the plaque erected along Highway 44. An adjoining sign lists the names of the known burials within the cemetery.

"Today we honor and remember all who are buried here by having placed this marker designating this site forever as an officially recognized Kentucky Pioneer Cemetery," Harris said.

According to Harris, the society's objective in acquiring the plaque was for future generations to reflect upon the previous generations that helped to develop the community.

"May we take inspiration as we continue building on those foundations," she said.

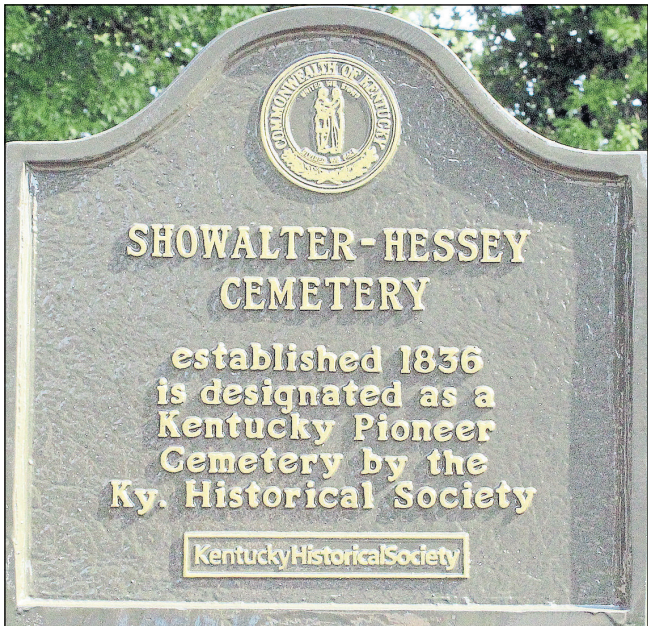
Society member Lynn Martin said about 20 burial sites were identified on the plaque, a portion of which still have standing headstones. A number of other stones were collected and placed along the Hessey Vault.

"Some were here before Hessey built the vault," Martin said. "This is among the first public-like cemeteries in town, with a mix of people not associated with a church."

Martin mentioned that the plaque was made available by applying for pioneer cemetery designation through the Kentucky Historical Society.

Among the guests at the unveiling was Michael Hoben, a 4th-great grandson of Maj. John Jacob Peacock. Like Hessey, Peacock served during the War of 1812 and is buried in the cemetery.

Hoben lives on property that was part of the old Peacock Farm, which includes a Peacock Family Cemetery along Water-



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gate Drive.

"I didn't know about (Maj. Peacock) until recently," Hoben said. "I started looking things up, and (Peacock's) son was one of the city's first trustees."

The Mount Washington Historical Society is a non-profit organization which relies on memberships, grants and donations to preserve and share local history. The group is currently working to repair the Lloyd House among its many community projects. For more information, or to make a donation, visit mwkyhistory.com.

Hillview discusses tougher laws for electric vehicles

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HILLVIEW — Police Chief Bill Mahoney reported 287 traffic stops by the Hillview Police Department during the month of August.

Mahoney addressed the Hillview City Council, who has discussed the issue of electric vehicles on city streets over the summer, particularly the ones driven by juveniles without permits.

HPD made many attempts to educate the community regarding legalities involving a variety of electric vehicles. Mahoney said officers tried to issue warnings first before having to take further measures.

"We've made one arrest," he said. "We've been talking with individuals. But once we warn them, at some point, we need to have the ability to take their device."

Mahoney admitted that taking a device seemed excessive, but added that an official ordinance was necessary to keep costs down on fines. He suggested a version that mirrored state law.

Mayor Jim Eadens suggested that council members investigate what other communities have done to deter similar issues. He mentioned that if the city towed a vehicle, it would be easier and less costly for an individual to retrieve.

Council member Kim Whitlock agreed that an ordinance with fines seemed excessive, but added that it was necessary for repeat offenders, especially if they have already been warned.

Council member Wes Stafford suggested that he would like a program where vehicle owners came to the city and signed a contract to obey all laws, rules and restrictions to be issued a permit.

Eadens mentioned that parents often purchase the devices for their children without knowing about the rules and regulations.

The council may have ordinance samples to review by their next business meeting, along with a potential first reading of a proposed ordinance to provide rules, regulations and fines.

In other business:

- City clerk Karen Richard alerted the council about fees in regards to electronic advertisement signs.
- According to Richard, the fees set by the council should be increased. She mentioned that the city's current ordinance required the city to charge all advertisers a \$25 fee for sign use.
- "It needs to be set up differently," she said. "It needs to be increased from \$25."

Eadens suggested that the fee needed to be one flat overall rate for the sign's owners, rather than the city attempting to collect \$25 from each business using the signs.

"As (the ordinance) reads, everyone pays \$25," Richard said.

"A flat rate is needed," said Eadens. "It would be much easier than charging all of the businesses. (The sign owners) can increase their fees if they want."

No action was taken by the council.

- Eadens mentioned that new buildings along Ferguson Lane were now up, with two more proposed building locations scheduled to seek a favorable recommendation for zoning changes at an upcoming Bullitt County Planning and Zoning Commission meeting.
- According to Eadens, the locations meant a potential of 200 new jobs that were good for the local community.
- With the planning and zoning meeting scheduled for Oct. 8, Eadens announced that a public hearing would be hosted by the council on Oct. 19 at 6:30 pm, prior to that night's regularly-scheduled business meeting.
- Eadens announced that the Bullitt County Health Department approved plans for a renovation and expansion of the Jim Eadens Resource Center.

A joint agreement will allow the health department to host and provide a substantial amount of community resources within the facility, located next door to the Hillview Police Department.

"We're pretty close to start putting out bids," the mayor said.

- The council approved an amendment of \$31,500 to the 2026-27 Fiscal Year budget to allow the purchase of a 2019 Ford Isuzu truck with a lift kit to assist with the city's Boxes of Love Food Pantry.
- Eadens said there were currently two trucks in use that were solid but beginning to age out. He mentioned that those two trucks would eventually be sold.
- Debbie Massey, representing the pantry, reported that the number of participants receiving food boxes continued to increase, though the pantry has been able to maintain thus far.
- Donations of canned goods and non-perishable items are being accepted at the Hillview Government Center and can be dropped off weekdays from 8 am-4:30 pm, and as late as 8 pm on Thursdays.
- Eadens reminded that the city also provides a supplemental commodities program for residents ages 60 and over who meet applicable income guidelines. For information call Mike Weddington, (502)957-5280, ext. 205.

The city's senior center is also available for ages 55 and over, offering numerous programs. The senior center is located at 1191 Hillview Boulevard, Suite 2, next to the police department.

- Department heads announced upcoming holiday community events for the city.
- Code Enforcement Ofc. Angie Hurst said the annual community dinner will take place Nov. 24, with proceeds benefitting the Operation Santa program. Hurst said sign-ups for the program will begin Nov. 23.
- Recreation Department director Chris Gomez announced the annual Winterfest event was scheduled for Nov. 14. Gomez said this year's event will include a Hillview Polar Express theme.
- The next regularly-scheduled Hillview City Council meeting will take place Monday, Oct. 5, at 7 pm.
- A special council meeting to discuss city tax rates was also scheduled for Thursday, Oct. 1, at 6 pm.
- Both meetings take place at the Hillview Government Center. The public is invited to attend each.

Shepherds RV Park provides home away from home

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SHEPHERDSVILLE — Linda Cole travelled a long road to her own homestead. Today she is using her family's land to provide a temporary home to other weary travelers.

Shepherds RV Park opened for business July 2, providing locations for overnight RVs and campers.

Cole said the location included picnic spots with tables and fire pits, along with a little store for items such as Smores and t-shirts. The property also contains a catch-and-release pond as well as paddle boats. Wi-fi is



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available throughout the property.

The park location has been in Cole's family beginning with her great-grandmother, Gertie Heffley, who owned the current property and the church building next door.

"I grew up in a house here," Cole said. "I moved in when I was 11, and then into

the next house, and then into the next one."

Eventually Cole left the area and lived in Arizona for 21 years. With many family ties and her father's health issues, she eventually returned.

"I wanted to do something with the property and I talked to my Dad about it," she said. "He didn't think I could pull it off."

Cole originally planned a tiny home community at the location, but said the Bullitt County Planning and Zoning Commission regulations produced too many issues. She then decided on an RV park because of the many years her family took such trips together.

"I've always loved to camp and RV," she said.

Cole was assisted in clearing and cleaning the property for the endeavor, primarily by her family, including her husband of 25 years, Dennis.

"He's been a rock helping me to get this done," she said.

Cole also thanked her sisters and brothers-in-law, Margie and Bill Borden and Peggy and Hugh Kyle.

"(Peggy and Hugh) came in from Kansas City," she said. "They were here every step of the way, they've been my biggest help through it all. Margie and

Bill have helped whenever they can."

Cole's son, Jeff Snellen, also assisted with lights around the location. She said Jeff came in from St. Louis to assist.

Also, Cole thanked her family members that helped to purchase trees that were planted throughout the property. Last but not least, she wanted to thank the Lord.

"We can do all things through Christ who strengthens us," she said.

Shepherds RV Park is located at 1950 Highway 44 West. For more information, or to book a reservation, visit shepherdsrvpark.com.