

# The Licking Valley Courier

P.O. Box 187- West Liberty, Ky. 41472- Phone 606-743-3551  
USPS Permit Number 312-040

**EARL W. KINNER** | **MIRANDA CANTRELL** | **RICK ADKINS**  
Publisher | News Editor | General Mgr.

**RICK ADKINS** | **DAVID PATRICK**  
Advertising | Sports

POSTMASTER: Send changes of address and all forms to the above address. The Licking Valley Courier is published on Thursdays 51 weeks a year. Periodicals postage paid at the West Liberty Post Office, West Liberty, Kentucky. Editor reserves the right to edit and/or omit all items submitted for publication.

## Letters

### REWARD OFFERED

To the Editor:

Hello, my name is Christina Haney, from Alamogordo, New Mexico. 88310 and my dog is missing...

My 11 year old son and his father traveled with our ten year old lab mix to Morgan County, to visit his aunts out in their family holler off Ky. 205 near Wells Chapel. Last night, she wondered off from the holler around 10 p.m. and has not been seen since.

We are distraught over our beloved Xena. She is ten years old. We have raised her since she was 12 weeks old and she has traveled all over the country with my son's father. She has brought so much joy to our family and we just want her safe.

She's from the desert (we live near White Sands National Park) and probably doesn't understand thick woods.

My son is on Spectrum and the dog means so much to him emotionally.

We've posted her on lost pets group thru Facebook and I'm offering a 50 dollar reward. I've also contacted the local animal shelter and they posted her as well. It's the waiting game.

We were hoping you would find it in your hearts to post our girl? I will attach photos as well as contact information for myself. I am out in Alamogordo my son's father barely has cell service out in the family holler.

Thank you for your time for this sensitive family matter  
Christina G. Haney  
(575) 921-5541.

## Senior Citizens Menu

### Meals Are Served With Water and Milk

Thursday, July 9 — Breaded Pork Chops, 1% Milk, Mashed Potatoes, Whole Grain White Roll, Green Peas, Margarine, Chocolate Chip Cookie.

Friday, July 10 — Beef Macaroni Casserole, Carrots, Whole Grain White Roll, Margarine, 1% Milk, Tropical Fruit Salad.

Monday, July 13 — Grilled Chicken Sala, Italian Dressing, RS Corn Chowder, Chocolate Chip Cookie, Whole Grain White Roll, 1% Milk.

Tuesday, July 14 — Breaded Pork Chops, Collard Greens, Mashed Potatoes w/Gravy, Whole Grain White Roll, Banana, Margarine, 1% Milk.

Wednesday, July 15 — Meatloaf, Mashed Potatoes, Green Peas, Whole Grain White Roll, Mandarin Oranges, 1% Milk.

Thursday, July 16 — Fish Sandwich, Fried Apples, Green Beans, Healthy Cole Slaw, 1% Milk.

## Soil testing pgm. announced for Morgan farmers

The Morgan County Conservation District is announcing another program available that will be paying for up to three soil tests for farmers in Morgan County. Farmers may stop by the Conservation District office located at the USDA Service Center at 955 Prestonsburg Street, West Liberty, for a voucher and soil test bags. Soil samples can be dropped off at the Morgan County Cooperative Extension Service office to be submitted to the UK laboratory for analysis.

## Kellacey

By Sandra Carpenter

July 6—Thought for the week: Move forward, keep focused. Don't dwell on distractions.

Accuser: A person or entity that claims someone has committed a moral wrong

Accused: The person or party charged with the blame or wrong doing.

Everyday in life someone has or will be accused of doing something wrong. Whether it's a person accused of stealing, lying, murder, assault, in a court of law there will be an accuser and you will go before a judge to give your defense and be judged whether you will be set free or reprimanded.

Spiritually speaking, we have an accuser called Satan. His job is to accuse and remind you of your past. Satan accuses your past with memories and thoughts of something you did as a sinner. It could have been something that happened 10-20 years ago. But, when you gave your life over to Jesus you were forgiven. Jesus remembers it no more, it's cast into the sea.

Satan accuses us of our past to make us feel unworthy and lie to us and say we aren't forgiven. It's a tactic he uses to lead you away from Jesus and salvation. Satan's only job is to kill, steal, and destroy your life.

But, what you need to do when he brings up these memories, thoughts and accusations is to remind him of his future. Let Satan know that eventually he will be thrown into a lake of fire and sulfur for eternity and tormented forever. Don't be blinded by his deception. Satan knows he has but a short time to work. Your mind is a playground but don't let these overtake you. Pray to God, read your bible, attend church if you're able. Take authority over these accusations in Jesus' name. Be an overcomer by the blood of Jesus Christ. Rebuke bad memories or thoughts in Jesus' name. Start praising God and pleading the blood and Satan will leave. (for a while) but will try to accuse you later.

God loves you and will never forsake you or accuse you of your past. Ask God to fill your mind with peace, right mind, right thoughts and declare victory.

### CHOCOLATE PEANUT BUTTER SMOOTHIE

- 1 cup milk
  - 1 large Banana frozen and chopped
  - 2 tbsp Peanut Butter
  - 2 Tbsp Cocoa Powder
  - 1/4 tsp Vanilla
- In a blender add all ingredients. Blend until well combined. For a thicker shake, add 1 cup ice. Enjoy.

### Don't Forget To Renew Your Subscription!



Morgan County's Hometown Newspaper Since 1910.

# Dangerous Tickborne Illnesses Continue To Rise In Kentucky

Tick-borne diseases are bringing high numbers of patients to ERs more than at any time in the last decade. Tick-borne diseases, such as Alpha Gal Syndrome and Lyme disease, are becoming more common in Kentucky. Lyme disease is more common in Northern Kentucky, whereas Alpha Gal is more common in areas in south-central Kentucky.

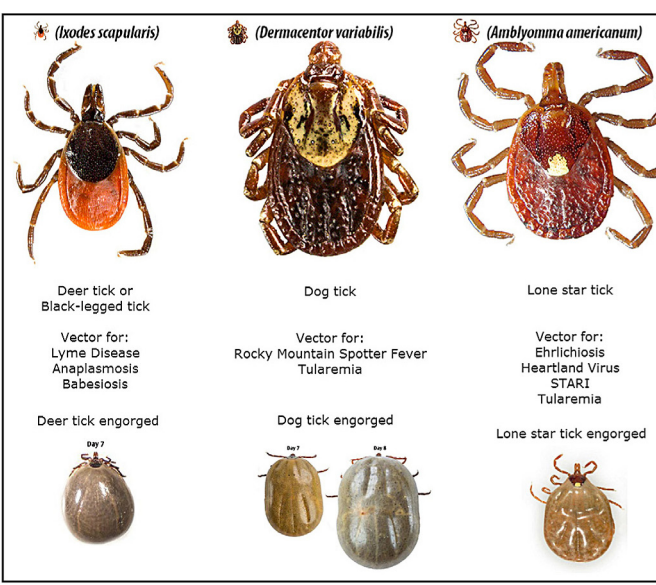
This area of Eastetrn Kentucky has primarily three types of ticks: the Dog Tick (can cause Rocky Mountain Spotted Fever), the Deer Tick or Black-legged Tick (can cause Lyme disease), and the Lone Star Tick (extremely small, microscopic in early stages of the life cycle and still small at full maturity – can cause ehrlichiosis and Alpha-gal Syndrome).

A study last year by the Kentucky Department of Public Health, found that in the 160 Deer Ticks collected, 40 of them – 25 % – tested positive for Lyme disease. Tickborne illnesses have gone up 125% from 2020 to 2023. Lyme disease jumped by 275-280% during the timeframe researchers looked at the tick population in Kentucky.

"The Deer Tick is the one that causes the Lyme disease and Lyme disease from 2000 to 2020, there were 391 confirmed cases in Kentucky and in 2024 there were 30 confirmed cases, so if you project that, Lyme disease is doubling in numbers each year, It's because there's more Deer Ticks than ever before, doctors say.

Ehrlichiosis is often caused by the Lone Star Tick, the smallest of all, especially when you take into account that they can spread diseases while in their larval state, which is nearly microscopic. Researchers found a similar increase in ehrlichiosis, with roughly 30 cases a year reported (in a study a few years old). In their larva stage, in the wild they're congregated in a wad and if you touch one of the larva pods, you get all of these ticks all over you. That's why they're so prevalent, health officials.

The Lone Star Tick is the one you can get a meat allergy from after being bitten and



infected with the ehrlichiosis, a condition that can cause a victim to become allergic to meat.

Doctors explain that catching it early is the best way to prevent the spread of tick-borne diseases.

The best time is immediately when you find it to get rid of it. A tick has to be on you 36 years hours to become imbedded in your skin and become a threat to your health, with the Lyme disease and Rocky Mountain Spotted Fever. If you find it early, take it off.

There is a right and wrong way to remove a tick.

Don't squeeze it with your fingers because if you've got a tick that's engorged with blood and you squeeze it, the risk of becoming infected increases.

If you have an imbedded tick, make sure to remove the entire tick. If the head remains in the skin, go ahead and clean the wound with alcohol and then remove the head. If you start feeling nauseated, a headache or any kind of flu-like symptoms or you notice redness around the wound area, immediately go to the doctor.

Tick bites are treatable and

they're treatable very easily if you get to them early with antibiotics, doctors say "The main thing is watch where you pulled the tick off and if you see any kind of change around the bite area, go ahead and see your physician. If left untreated, it can turn into a life-threatening situation."

## DO YOU HAVE AN OPINION?

The Licking Valley Courier welcomes your comments about current events in the form of letters to the editor. Letters must be signed and include the writer's address and phone number for verification.

Letters to the Editor should be brief and to the point, no more than 500 words. The Courier reserves the right to edit (or reject) all letters submitted for publication.

Letters should be mailed to:

The Licking Valley Courier  
P.O. Box 187  
West Liberty, Ky. 41472

Opinions expressed in letters to the editor or guest editorials are not necessarily those of the publisher.

## Available For Adoption



This is Oakley - a 2 year old male Golden Retriever mix.

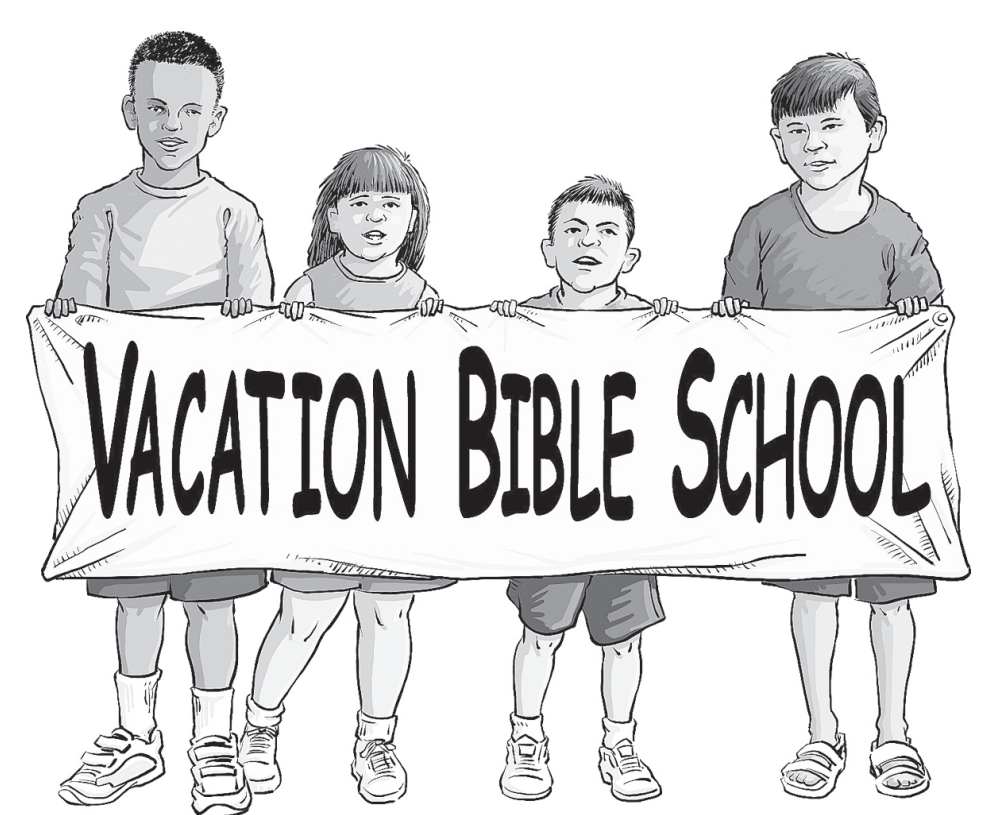


This is Festus - a 1-2 year old male hound mix.

Photos By Kathy Guillert

For More Information: contact the Morgan County Animal Shelter at 743-2545 or stop by. Shelter Hours are Mon., - Fri. 10:00--2:00

Donations can be made to Helping Hands for Animals at P.O. Box 309, West Liberty, Ky. 41472 Located at 1854 Hwy. 205, West Liberty, Ky. 41472



July 12-16 • 6-8 PM

## FIRST BAPTIST CHURCH

458 Main Street • West Liberty, KY

A Personal Invitation to

## OUR 2026 ANNUAL MEETING

Wolfe County High School  
Thursday Night,  
July 9, 2026

Registration  
5-6:15 p.m.  
Business Meeting  
6:30 p.m.

P.O. Box 399, West Liberty, KY 41472  
606-743-3121. mrtc.com

**Mountain Telephone**  
Your Rural Cooperative