

DATEBOOK

SATURDAY, AUGUST 1
RUSSELL THEATRE PRESENTS — 2 p.m., American Graffiti.
RUSSELL THEATRE PRESENTS — 7:30 p.m., Top Gun.
KIELMAN REUNION — 12:30 p.m., Sugar Loaf Christian Camp, potluck meal, bring covered dish and family, for more information call 606-291-6684.

TUESDAY, AUGUST 4
OWL CLUB MEETING — 5:30 p.m., Ripley Dinner Bell

WEDNESDAY, AUGUST 5
MCPL WITH CINCINNATI OBSERVATORY ROCKETS — 4 p.m., Cummins Nature Preserve.
EDUCATIONAL COMMUNITY BABY SHOWER — 11 a.m. to 1 p.m., Regional Prevention Center of Comprehend, 731 Kenton Station Rd. Free event for all expecting mothers and postpartum up to 1 year. Free goodies for attendees. Call 606-759-7799 to register.

THURSDAY, AUGUST 6
TRI-COUNTY DEMOCRATIC WOMAN'S CLUB MEETING — 5:30, Mason County Public Library.

FRIDAY, AUGUST 7
RUSSELL THEATRE PRESENTS — 7:30 p.m., The Big Lebowski.
SUMMER SOUNDS CONCERT — 7 p.m., Dangerous Jim & The Slims

SATURDAY, AUGUST 8
RUSSELL THEATRE PRESENTS — 2 p.m., Back to the Future.
RUSSELL THEATRE PRESENTS — 7:30 p.m., Grease.
ELISHA GREEN MEMORIAL DEDICATION CEREMONY — 12 p.m. at the Elisha Green Memorial.

TUESDAY, AUGUST 11
NAMI BUFFALO TRACE AFFILIATE MEETING — 6 p.m., Maysville Public Library.

WEDNESDAY, AUGUST 12
PERSEID METEOR SHOWER — 9 p.m., Cummins Nature Preserve.

THURSDAY, AUGUST 13
EAT GALLERY LECTURE — 6 p.m., Clooney Room at the Cox Building. Renee Newman, “Surprising Facts about Pearls.”

FRIDAY, AUGUST 14
RUSSELL THEATRE PRESENTS — 2 p.m., Shakespeare in Love.
RUSSELL THEATRE PRESENTS — 7:30 p.m., Grosse Pointe Blank.
MAYSVILLE OKTOBERFEST — Downtown Maysville

SATURDAY, AUGUST 15
MAYSVILLE OKTOBERFEST — Downtown Maysville

TUESDAY, AUGUST 18
GROUP HIKE DAN CRUM TRAIL — 6 p.m., Cummins Nature Preserve. Meet at Picnic Shelter.

FRIDAY, AUGUST 21
RUSSELL THEATRE PRESENTS — 7:30 p.m., Barbershop.

SATURDAY, AUGUST 22
GROUP HIKE ROCK FENCE TRAIL — 9 a.m., Cummins Nature Preserve. Meet at Picnic Shelter.
RUSSELL THEATRE PRESENTS — 2 p.m., Lilo and Stitch (FREE).
RUSSELL THEATRE PRESENTS — 7:30 p.m., Matewan.
LEARN TO SQUARE DANCE WITH KEVIN ROBINSON, DOSIDO CLUB, LEXINGTON — Trinity United Methodist Church Mission Fundraiser, reservations only (deadline Aug. 12), meal served at 5 p.m., \$20 per person, tables of eight available, Mike Huff dinner entertainment, preferred payment in advance or pay at door, dancing is not required, all funds go to the mission team, 26 West Third Street, Maysville, KY 41056, call 606-564-4462.
MAYSVILLE HIGH SCHOOL REUNION CLASS OF 1981 — from 3 to 9 p.m., Mt. Lawley Farm, 6345 Helena Road, May's Lick.
WALD LLC FRIENDS ANNUAL POT LUCK PICNIC — eat at 1 p.m. and stay as long as you want, at Washington Park, all former and current employees

and family are welcome.

FRIDAY, AUGUST 28
RUSSELL THEATRE PRESENTS — 7:30 p.m., Braveheart.

SATURDAY, AUGUST 29
AMPHIBIANS AND REPTILES (UK) — 9 a.m., Cummins Nature Preserve.
PARROTS OF THE CARIBBEAN — 6 p.m., Washington Opera House. A salute to Jimmy Buffett benefit concert for Rock 4 Rescue. Tickets \$20. Proceeds benefit homeless and at-risk Mason County pets. For tickets or more info visit <https://www.onthestage.tickets/show/rock-4-rescue/6a284f3e9dc0da105d2e7f23/tickets#/productions-view>
RUSSELL THEATRE PRESENTS — 4:30 p.m., Desk Set.
RUSSELL THEATRE PRESENTS — 7:30 p.m., Blade Runner.

THURSDAY, SEPTEMBER 3
TRI-COUNTY DEMOCRATIC WOMAN'S CLUB MEETING — 5:30, Mason County Public Library.

FRIDAY, SEPTEMBER 4
SUMMER SOUNDS CONCERT — 7 p.m., Vinyl Countdown.

SATURDAY, SEPTEMBER 5
PICKERS & GRINNERS — 10 a.m., Downtown Maysville.

TUESDAY, SEPTEMBER 8
GROUP HIKE GOAT PATH — 6 p.m., Cummins Nature Preserve. Meet at Picnic Shelter.
NAMI BUFFALO TRACE AFFILIATE MEETING — 6 p.m., Maysville Public Library.

THURSDAY, SEPT. 10
SHANNON METHODIST CHURCH 225 YEAR CELEBRATION (1801-2026) — revival 7 p.m., Rev. James Finch, refreshments 6:30 p.m.

FRIDAY, SEPTEMBER 11
ST. PATRICK SCHOOL FALL FESTIVAL
SHANNON METHODIST CHURCH 225 YEAR CELEBRATION (1801-2026) — revival 7 p.m., Rev.



From scraps to harvest: Easy ways to regrow vegetables at home

Ricky Bellow

Growing vegetables and herbs can be a productive and fulfilling hobby. In today's economy, inflation and the prices of groceries and produce have risen sharply. Many people are choosing to start a home garden to offset the cost of living, help feed themselves and their families, and stretch their hard-earned dollars.

In this article, I will share helpful tips to maximize the time and effort required to cultivate common vegetables and herbs, as well as ways to make your home garden both cost-effective and sustainable. First and foremost, one must have a basic understanding of the key elements of horticulture. Choosing a location with adequate light, warmth, and good soil quality is essential.

I'll begin with light. The sun is the key to life, and this is one of the first things you learn in any basic biology class. Photosynthesis is the process by which plants generate energy using solar radiation to convert it into sugars they can use. Light not only determines whether a plant will survive but also affects how it grows.

In general, plants prefer one of three light conditions: full sun, partial

sun, or shade. It is important to educate yourself about the conditions your plants prefer to keep them healthy, comfortable, and productive.

The next key element is temperature, or warmth. Temperature is another form of energy that helps many plants grow. As you can imagine, a plant's origin, as well as where it is being grown, are indicators of its preferred climate. Tropical plants, including many fruits, prefer warm and humid conditions, while others thrive in cooler environments. Depending on what you intend to grow, educating yourself on the requirements of particular varieties is very important. As a rule of thumb, 60°F is generally considered a minimum acceptable temperature for many common garden plants.

You do not need to be a botanist to know that a pot or flower bed is like a house for plants. Soil quality is of the utmost importance. For this reason, do not cut corners with potting and planting materials. Invest in high-quality soil and compost. Your plants will thank you for it.

Now I'll discuss the main topic of this article: growing vegetables from roots, cuttings, and scraps, a practice known

as vegetable propagation. We'll begin with cabbage. A generous portion of the cabbage stem is needed, with at least 1½ inches recommended. Using a small container, place the stem cutting in water until it is partially submerged, but not fully covered. Place it in a bright window or on a balcony with plenty of sunlight. In about 7 to 10 days, leaves will begin to sprout, and it will be safe to transplant it into soil.

Next, I'll discuss one of the most commonly grown vegetables: potatoes. Potatoes should start around March and into April. Each potato cutting should have at least two eyes. Allow the cut pieces to dry for several days until the cut surface no longer feels moist. Use a large container and plant the cuttings deeply.

It is important that the soil remains loose and uncompacted so shoots can push through easily. Potatoes require a full growing season, or at least three months, before they are ready to harvest.

Now I'll explain regrowing horseradish. Cut off the top of the horseradish root, making sure it is at least 2 inches tall. If the cutting is dried out, soak it in warm water for 5 to 7 days. The water should cover only about half of the cutting. Place it in a bright location and change the water regularly to prevent unpleasant odors. Once leaves have sprouted, it can be planted in soil. This should be done in early spring or summer. Loosening the soil is recommended, and after about two growing seasons, you should have

a healthy, spicy root.

Next, I'll tell you about probably the easiest vegetable to regrow, onions. Remove the lower portion of the onion, as you would when preparing it for cooking. The cut should be at least 1 inch tall. Pay attention to the dried roots at the base and keep them intact. Onions do not need to be placed in water because they are easy-growing plants. Simply place the cutting in a container with slightly damp soil, with the roots facing downward. Within a few weeks, green shoots will begin to emerge.

Finally, I'll cover one of the most polarizing vegetables—one that people either love or hate: beets. Cut off the top of the beetroot where the leaves emerge. The cutting should be at least 1 inch thick but should not

exceed one-third of the entire beet. Make sure the top of the beet faces upward, then place it in a glass container in a well-lit window. Change the water every few days to prevent unpleasant odors. Once the beet top has sprouted, it can be planted in moist soil. Within 2 to 3 weeks, the first leaves should become visible.

I hope these tips are helpful as you establish a healthy, sustainable garden and food supply. Whether you live in an apartment or on a home- stead, growing your own food can be both rewarding and economical. For reference and more information, read “Regrow Your Veggies” by Melissa Raupach.

Happy harvesting,
Ricky Bellow, Master Gardener Intern



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Owner

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