

The Amish Cook

Gloria Yoder

I won't get too wordy on details of our week jammed with opportunity, so I'll let you in on some highlights:

Joining my siblings and cousins, rummaging through what used to be Grandma and Grandpa's belongings, knowing she won't need it anymore. Bidder numbers of the small family auction were given according to which family you were in and what number child you were. I was #32 as my Mom was the third oldest child, and I was her second child. By the end of the day I was pleased with some useful items such as a few more hoes for the garden and Grandma's bread pans. Several keepsakes warmed my heart, including a little old rocking chair that I will be putting in the cabin.

Going to a wedding of one of my friends who taught grades 4-8 in our little country school. Connecting with friends I seldom see, including a dear friend from Allen County, IN, who reminded me how St. Patrick would pray over a hundred times a day, crying out to God for the opportunity to go back to the very people who had kidnapped him years before

to tell them of Jesus. For decades he waited and prayed. At last God granted his request, and in a short span of time over a hundred churches were established. Let's take heart — every prayer is heard, even when we bring that deep heart burden to the Lord a hundred times a day.

Taking the children to Summer (a nearby town), where we observed a family of 12. The children, ranging from ages one to nineteen, join efforts with their parents as together they run a greenhouse, a small engine shop, a woodworking shop, and both parents have been trained to do ABC treatments. We returned home much motivated; where there is a common goal with the Lord in the center, there is no end to what can be accomplished.

Walking to the far end of the chestnut grove, crying out to God, asking Him to be a Father to the fatherless in our home. Then standing still, knowing there must be a way. Blinking through tears and spotting a bald eagle — a species that holds a special place in my heart and is very rare around here. Tears of joy, knowing He's got a way of providing for us, though I

don't have an idea what it is.

Kayaking with Julia's new kayak, which she got from the Amish store with gift certificates that had been given to her. Listening to the chatter of children, breathing deep — no current arguments or debates from any of them. Hearing the splashing of water as bare feet splash through the shallow waters at the edge of the pond.

Getting a kick out of my youngest cousin on Mom's side. Twelve-year-old Micah is only a year older than Austin, and they've gotten to be friends, especially since they have both come to know the reality of no longer having an earthly father. Hats off to Micah — he is the one passing on a recipe to us this week. While his siblings think there is more to life than eating waffles, he sees little value in eating other things when waffles could be eaten. Not only does he enjoy eating them, but he is an expert at making them, carefully following the instructions for beating the whites and folding them in. When his family overnights at Aunt Rhoda's house during Grandpa's auction, a phone call was made back to his home in PA asking

an older brother to fax the waffle recipe. They were surprised when a muffin recipe came instead! Brothers, ya. Micah thought it through and sent a note back asking for the muffin recipe. In short order the prized waffle recipe came through, giving everyone a good laugh. Micah whipped up a batch at my aunt's house, steaming waffles were served, and they were a hit on all sides.

Driving to church with our cruiser (open wagon) and Sapphire. Feeling the breeze of fresh spring air as she clips down the blacktop roads. Ah, there's nothing quite like it.

Trying out the new waffle recipe on Sunday noon and deciding it is a recipe for keeps. The beaten whites give it a lighter texture, yet they are filling and tasty. They use crushed wheat flour; we used einkorn. Still others use regular baking flour, so choose what works well for you!

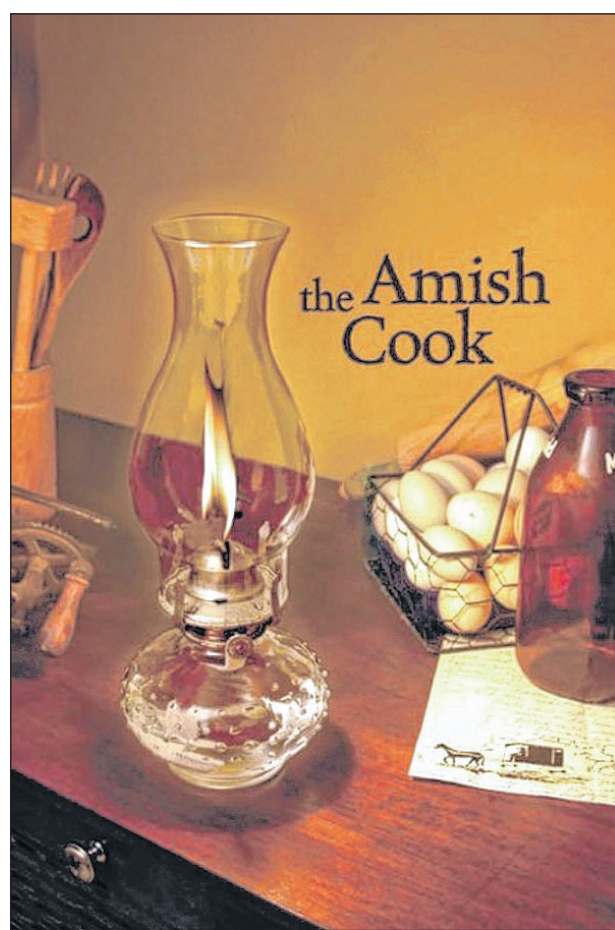
Yummiest Waffles

2 cups flour (crushed wheat, einkorn, or all-purpose)

2 teaspoons baking powder

0.5 teaspoons salt

2 tablespoons maple syrup



1.5 cups milk
3 egg yolks
4 tablespoons butter, slowly melted
3 egg whites

Beat the egg whites: Beat 3 egg whites until stiff peaks form. Set aside.

Mix the batter: In a large bowl, combine 2 cups flour (crushed wheat, einkorn, or all-purpose), 2 teaspoons baking powder, 0.5 teaspoons salt, 2 tablespoons maple syrup, 1.5 cups milk, 3 egg yolks, and 4 tablespoons butter, slowly melted. Mix until well combined.

Fold in egg whites: Gently fold the stiff egg whites into the batter until just incorporated. Do not overmix — this is what gives the waffles their lighter texture.

Cook the waffles: Pour batter into a preheated, greased waffle iron and cook according to your iron's instructions until golden and steaming.

Serve warm: Serve warm with butter, peanut butter, and real maple syrup. Fruit filling, whipped topping, and cream cheese are also a yummy treat to dab on top.

DATEBOOK

SATURDAY, MAY 23
GROUP HIKE ROCK FENCE TRAIL — 9 a.m., Cummins Nature Preserve.

LEWISBURG-MILL-CREEK LIONS CLUB FUN SHOW — CANCELLED DUE TO WEATHER. 3 p.m., Lions Memorial Park (Old Lewisburg Gym), 6047 KY HWY 3170 Maysville. For more information contact Mike Merrill at 606-301-3616 or 606-763-6407.

QUILT SEMINAR — 10:30 a.m., Research Library at the Kentucky Gateway Museum Center.

TUESDAY, MAY 26
MAYSVILLE AAUW MEETING — 6 p.m., DeSha's Restaurant, guest speaker Lisa Yearly.

WEDNESDAY, MAY 27

FLEMINGSBURG-FLEMING COUNTY INDUSTRIAL DEVELOPMENT AUTHORITY MEETING — 8:30 a.m., Fleming County Public Library, Flemingsburg, KY.

THURSDAY, MAY 28
MASON COUNTY REPUBLICAN PARTY REGULAR MEETING — Mason County Public Library at 7 p.m.

FRAUD & SCAM PREVENTION WORKSHOP — 4 p.m. First Presbyterian Church, Fellowship Hall, 21 W. Third Street, Maysville. Presented by Gary Adkins, KY Volunteer State President, AARP Kentucky. Free event.

FRIDAY, MAY 29
SUMMER READING KICKOFF — Fleming County Public Library, 5 to 7 p.m., all ages welcome.

SATURDAY, MAY 30
ELEVATE AND CELEBRATE — free community event, the event is sponsored by the Shepherd's House Church and the Shepherd's House Ignite Youth, at the Rotary Park from noon to 6 p.m., food, music, fellowship and free giveaways.

TUESDAY, JUNE 2
OWL CLUB MEETING — 6 p.m., Caproni's. Scholarship recipients and family are cordially invited to attend.

THURSDAY, JUNE 4
TRI-COUNTY DEMOCRATIC WOMEN'S CLUB MEETING — 5:30 p.m. at the Mason County Public Library.

SATURDAY, JUNE 6
MAYSVILLE MUTT STRUTT — 11 a.m. to 2 p.m., 6009 Ford Acres Farm Rd., Maysville, KY 41056. Tickets purchased through the website \$20 per dog, \$5 per family/group without a dog. Tickets purchased at the door \$25 per dog, \$10 per family/group without dog.

TUESDAY, JUNE 9
GROUP HIKE DAN CRUM TRAIL — 6 p.m., Cummins Nature Preserve. Meet at Picnic Shelter.

NAMI BUFFALO TRACE AFFILIATE MEETING — 6 p.m., Maysville Public Library.

FRIDAY, JUNE 12
SPECIAL MEETING MAIN STREET BOARD — Noon, City Hall.

SATURDAY, JUNE 13
GROUP HIKE GOAT PATH — 9 a.m., Cummins Nature Preserve. Meet at Picnic Shelter.

THURSDAY, JULY 2
TRI-COUNTY DEMOCRATIC WOMEN'S CLUB MEETING — 5:30 p.m. at the Mason County Public Library.

SATURDAY, JULY 11
BUFFALO TRACE REPUBLICAN POTLUCK LUNCH — 12 p.m. at the Washington Recreational Park Brown-ing Shelter.

TUESDAY, JULY 14
GROUP HIKE DEER SCOUT TRAIL — 6 p.m., Cummins Nature Preserve. Meet at Picnic Shelter.

NAMI BUFFALO TRACE AFFILIATE MEETING — 6 p.m., Maysville Public Library.

SATURDAY, JULY 25
GROUP HIKE GOAT PATH — 9 a.m., Cummins Nature Preserve. Meet at Picnic Shelter.

WEDNESDAY, AUGUST 5
MCPL WITH CINCINNATI OBSERVATORY ROCKETS — 4 p.m., Cummins Nature Preserve.

TUESDAY, AUGUST 11
NAMI BUFFALO TRACE AFFILIATE MEETING — 6 p.m., Maysville Public Library.

WEDNESDAY, AUGUST 12
PERSEID METEOR SHOWER — 9 p.m., Cummins Nature Preserve.

TUESDAY, AUGUST 18
GROUP HIKE DAN CRUM TRAIL — 6 p.m., Cummins Nature Preserve. Meet at Picnic Shelter.

SATURDAY, AUGUST 22

GROUP HIKE ROCK FENCE TRAIL — 9 a.m., Cummins Nature Preserve. Meet at Picnic Shelter.

SATURDAY, AUGUST 29
AMPHIBIANS AND REPTILES (UK) — 9 a.m., Cummins Nature Preserve.

TUESDAY, SEPTEMBER 8
GROUP HIKE GOAT PATH — 6 p.m., Cummins Nature Preserve. Meet at Picnic Shelter.

NAMI BUFFALO TRACE AFFILIATE MEETING — 6 p.m., Maysville Public Library.

SATURDAY, SEPTEMBER 19
GROUP HIKE SYCAMORE TRAIL — 9 a.m., Cummins Nature Preserve. Meet at Picnic Shelter.

TUESDAY, OCTOBER 6
GROUP HIKE TURKEY TRAIL — 6 p.m., Cummins Nature Preserve. Meet at Picnic

Shelter.

THURSDAY, OCTOBER 8
MCPL STORYTIME IN THE PARK — 10:30 a.m., Cummins Nature Preserve.

TUESDAY, OCTOBER 13
NAMI BUFFALO TRACE AFFILIATE MEETING — 6 p.m., Maysville Public Library.

SATURDAY, OCTOBER 17
GROUP HIKE ACORN TRAIL — 9 a.m., Cummins Nature Preserve. Meet at Picnic Shelter.

FRIDAY, OCTOBER 23
PUMPKIN GLOW FOR THE ION CENTER — 7 p.m. to 9 p.m., Cummins Nature Preserve.

SATURDAY, OCTOBER 24
PUMPKIN GLOW FOR THE ION CENTER — 7 p.m. to 9 p.m., Cummins Nature Preserve.

SUNDAY, OCTOBER 25
PUMPKIN GLOW FOR THE ION CENTER — 7 p.m. to 9 p.m., Cummins Nature Preserve.

TUESDAY, NOVEMBER 10
NAMI BUFFALO TRACE AFFILIATE MEETING — 6 p.m., Maysville Public Library.

TUESDAY, DECEMBER 8
NAMI BUFFALO TRACE AFFILIATE MEETING — 6 p.m., Maysville Public Library.

MISC.
ABERDEEN COUNCIL — 6:30 p.m., third Thursday of the month, council room, Aberdeen, Ohio.

ALL THINGS MAYSVILLE — Every Tuesday, 1-2:30 p.m., Ron Bailey. Kentucky Gateway Museum Center.

ALZHEIMER SUPPORT GROUP — 5:30 p.m., St. Paul Trinity Apartments, 665 Kenton Station Road, Maysville.

AUGUSTA LODGE NO. 80 F&AM — First Saturday of each month,

7:30 p.m., at the lodge, 128 Main Street, Second Floor, Augusta.

AUGUSTA CITY COUNCIL — 6:30 p.m., third Wednesday of each month.

ALCOHOLICS ANONYMOUS:
— AA, 7:30-8:30 p.m., Wednesday, Germantown Community Center.

— AL-ANON, 10:30 a.m., Trinity United Methodist Church, 26 West Third Street, Maysville.

— AL-ANON, 7 p.m., Thursdays, New Creation Praise and Worship Center, 1431 Helena Road in Flemingsburg, call Wilma 606-798-5555.

— New Beginnings Group, Thursdays, 7-8 p.m., Hunter House 31 East Third Street, Maysville.

— West Union, Tuesdays and Fridays, Catholic Church, 612 Mulberry Street, 7:30 p.m.

— Nobody's Fault but Mine group, Wednesdays, 7 p.m., Manchester, Ohio, Pike and Fifth Street, Community Building.

— West Union, Sundays, 10 a.m., The Counseling Center Group Room, Adams Lake, 829 E. Walnut Street.

— Ripley's Miracles, Thursdays, 7 p.m., Beebe Chapel, 438 Main Street,

Ripley, Ohio. limited seating.

AAUW (AMERICAN ASSOCIATION OF UNIVERSITY WOMEN) — Fourth Tuesday at 6 p.m., locations announced monthly.

BRACKEN COUNTY FISCAL COURT — 10 a.m., second and fourth Wednesday every month.

BROWN COUNTY HEALTH DEPARTMENT — HIV/Hep. C test, second Thursday each month, appointment needed; Diabetes support group, 6:30 p.m., second Thursday of each month, Georgetown Church of Christ.

CANCER CARE CLUB BINGO — Every Friday night, doors open at 5 p.m., and play begins at 7 p.m., Double S Entertainment Center, Flemingsburg.

CANCER FIGHTERS UNITED — First Thursday, 5:30 p.m., resource room open, 6:30 p.m., meeting. For families, friends and cancer survivors, support group, at Highland Christian Church. Call 606-564-0577 or 606-375-2511 for information.

CONCERNED CITIZENS' COALITION — Fourth Tuesday each month, 6:30 p.m., Hunter Hall, 31 Third Street.

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