



Clinton County High School Class of 1981 holds 45th reunion

The Clinton County High School graduating class of 1981 held its 45th class reunion recently. Classmates who attended the reunion included, front row, left to right; James Albertson, Jennifer Preston, Jammie Smith, Patty Brewington, Rodney Cross, Mark Byrd, Vickie Upchurch, Tina Shelley, and Carol Denney. Second row, left to right: Margaret Norris, Kathy Stearns, Lisa Hubbs, Sheila Weaver, Bill Staton, Victoria Talbott, Kathy Hunter, Tony Boils, Rodney Little, Wayne Guffey, J.D. Mullins, Patty Crouch, David Tapley, Trish Stover, Greg Wells, Wanda White, Bill Davis, Sandra McClard, Louise Britt, Janet Dancy, and Glenda Byrd.



Submitted by Jeff Neagle | Communications Specialist
Lake Cumberland District Health Department

Lake Cumberland District Health Department selected to lead local efforts for new program Supporting Healthier Rural Communities

Lake Cumberland District Health Department (LCDHD) has been selected to lead the Rural Community Hub for the Lake Cumberland region as part of the Rural Community Hubs for Chronic Care Innovation Program. The statewide Rural Community Hubs program is part of Kentucky's Rural Health Transformation (KY RHT).

The Rural Community Hubs program is designed to create a more coordinated approach to chronic disease prevention and management in rural communities across the Commonwealth. The initial focus is on diabetes and obesity, with an opportunity to expand into other chronic diseases over the course of the five-year opportunity.

LCDHD was selected as the Hub Lead Organization through a competitive application process. As the Hub Lead Organization for the Lake Cumberland region, LCDHD will coordinate the activities of a Rural Community Hub serving Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne counties. Together with partners across public and private sectors, LCDHD will identify community needs and develop local strategies to address obesity and diabetes.

KY RHT is a five-year federal investment that empowers states to strengthen rural communities by improving healthcare access, quality, and outcomes by transforming the healthcare delivery ecosystem. Throughout the grant period, the Lake Cumberland region will be eligible to receive up to \$10 million in federal funding for the Rural Community Hubs program to support community health initiatives and Hub operations.

"We are honored to be selected for this important leadership role," said Amy Tomlinson, executive director, Lake Cumberland District Health Department. "This opportunity allows us to work alongside our many community partners to improve the health and quality of life for the people we serve. Strong partnerships are essential to solving the health challenges facing rural communities, and we look forward to helping build a healthier future across our region."

Kentucky Rural Health Transformation

KY RHT is housed within the Kentucky Department of Public Health and is part of a five-year federal investment to reshape health in rural Kentucky.

Through five interconnected programs, KY RHT is tackling the challenges rural communities face in maternal and infant health, dental care, diabetes and chronic disease, behavioral health crisis response, and emergency services. KY RHT is working to develop the health care workforce, improve care coordination, and expand access to care so every rural Kentuckian has the opportunity to live their healthiest life and every community can thrive.

Rural Community Hubs

The Rural Community Hub program will establish "Hubs" in all area development district regions, starting with a phased rollout in the Big Sandy, Lake Cumberland, and Purchase regions. KY RHT and the Foundation for a Healthy Kentucky will support the Hubs throughout their work.

The Rural Community Hubs will bring together providers, schools, employers, faith communities, government agencies, and more to unite around a common agenda. There will be shared goals, shared measurements, and a coordinated plan for addressing things like access to healthy food, stable housing, and safe places for people to move and gather. The Hubs will also use innovative digital tools and data to reduce duplication and keep community health efforts connected over time.

Diabetes and Obesity in Kentucky

Diabetes and obesity are costly chronic diseases. According to the 2025 Kentucky Diabetes Report, diabetes cost our state an estimated \$6.1 billion in 2023, and our diabetes mortality rate was 30 percent greater than the national average. Chronic disease is hard to address when resources are organizations are working in isolation. Rural Community Hubs transform fragmented care into organized support, helping Kentuckians stay healthier throughout their lives.

Organizations in the Lake Cumberland region interested in joining these efforts should contact LCDHD.

This project is 100 percent funded by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) for a total of \$212.9 million in budget year 1 with 100 percent by CMS/HHS. The Rural Health Transformation (RHT) grant spans five budget periods aligned with federal fiscal years (FY2026–FY2030). Funding is disbursed annually by CMS based on achievement of performance metrics. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government. View the Notice of Funding Opportunity at <https://grants.gov/search-results-detail/360442>.

Lake Cumberland District Health Department

The Lake Cumberland District Health Department encompasses Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne Counties. We focus on public and preventive health by offering on-site clinics, off-site programs, and engaging our communities to adopt health-focused policies and initiatives. Our mission is to promote and protect the health of all who live, work, learn, and play throughout the Lake Cumberland area.

Luke Claborn among Department of Criminal Justice Training Public Safety Dispatch Academy Class 174

Clinton County resident Luke Claborn was among the 24 dispatchers from across Kentucky who graduated from the Department of Criminal Justice Training's (DOCJT) Public Safety Dispatch Academy and are now ready to begin answering the call to aid both citizens and law enforcement officers of the Commonwealth.

"Kentucky's dispatchers and telecommunications are an important lifeline for those facing some of the most difficult moments of their lives," Gov. Andy Beshear said. "Thank you for stepping up to serve your neighbors and make our commonwealth safer."

Dispatch basic training is mandatory for any sworn or civilian employee who will dispatch law enforcement officers by radio at a Criminal Justice Information Systems agency.

Graduates of the academy have successfully completed a highly structured and comprehensive curriculum to satisfy mandated training requirements.

Over four weeks, the graduates of Class 174 received 164 hours of academy instruction to satisfy these requirements.

Major training areas included identifying the role and responsibilities of the dispatcher, correct phone and radio procedures, handling emergency and nonemergency calls for service, using emergency medical dispatch protocols and using the state and national criminal databases.

"Completing your training at the academy is a significant accomplishment," DOCJT Commissioner Mike Bosse said. "The knowledge and skills you've gained have given you a strong foundation for a rewarding career in the public safety dispatch profession. I'm proud of what you've accomplished and wish each of you continued success as you begin this next chapter."



Luke Claborn

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That's \$2,200 for all four at the cemetery's current price.

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Vote

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office by election day. Although 2026 is a local election year, there are not a large number of contested races that will be on the ballot.

Local races usually draw the highest turnout on election day and this year only one county-wide race is contested, that being for Clinton County Judge/Executive.

All city races, mayor and city council members are up for grabs and two Clinton County Board of Education seats in District 1 and District 5 will be filled.

Two candidates are running in District 1, while District 5 has three candidates.

Other races of interest include the 40th District Judge's seat in Division II, the U.S. Senate race--both to replace retiring incumbents, and the race for U.S. House of Representatives in Congress (First District).

A sample ballot listing all races per district will be published in an upcoming issue later this month.

Color

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the previous PDB meeting. As a result, PDB Chairman Ricky Craig and Vice Chairman Jake Staton voted as executive committee members to confirm the following compiled list.

(On September 23, AOC--Administrative Office of the Courts) Manager of Capital Construction Jerry Combs added his vote in support.)

* Brick - Cherry Velour
* Brick Mortar - Argos Beige

* Brick Caulk - Wine
* Stone - sample accepted
* Stone Mortar - Southern Antique Limestone

* Stone Caulk - Stone
* Glazing - Standard and Tempered

* Glazing - Frosted - rejected by Design Team. Requested to submit a less transparent frosting.

* Spandrel Glass Color - #3-0770 - Warm Gray

* Storefront Aluminum and Curtainwall Finish and Caulk - No selection made, waiting to verify color of FRP to match finish and color.

No other official actions were taken by the PDB in September, with the next regular meeting TBA.

Threat

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for parents and students. Please remain alert and report any suspicious or concerning information immediately."

The sheriff's correspondence on his web page also revealed a screen shot of the threats being made, including nude pictures and "everything needed to ruin your life" and threatened to "send these nudes to your followers and your wife," and tag all if the person didn't cooperate.

The anonymous threat also asked for money in exchange and a payment method from the person who received the threats.

The social media threats were a topic of many concerned parents and residents recently on Facebook and other social media outlets.

An investigation into the threats is apparently ongoing and anyone who has information about who may have been involved or initiated them are asked to contact the sheriff's office or a school official.