

Our Healthy Kentucky Home goal is to improve health of residents

BY TOM LATEK
KENTUCKY TODAY

FRANKFORT — Gov. Andy Beshear was joined by Kentucky Department for Public Health Commissioner Dr. Steven Stack on Thursday to announce a new initiative aimed at improving the health of the state's residents.

Our Healthy Kentucky Home is an initiative aimed to engage and inspire Kentuckians to become healthier, given the state's poor ranking when compared to the other states.

"We should all take pride in what the commonwealth is accomplishing, and Team Kentucky is committed to building on that suc-

cess," Beshear said in a news release. "But there is an equally important factor in this that we all must consider, and that is our health as Kentuckians. Because we must all be healthy enough to fully enjoy the good things to come in our new Kentucky home — a place where prosperity and opportunity are possible for everyone."

As part of the initiative, the state will release a month-by-month guide to promote small changes that create a healthier path forward. The guide will help Kentuckians stay on track with exercising goals, adding consistent servings of vegetables or fruits to diets, reminders to see through import-

ant health screenings and more.

"This campaign seeks to make health and wellness accessible through clear, simple and achievable lifestyle changes," Stack said. "To succeed, we need all of Kentucky to join us in this journey. In doing so, we can work together to ensure that everyone is encouraged and supported to eat, exercise and engage to achieve better health and their full potential."

In the 2023 America's Health Rankings, the United Health Foundation reported that Kentucky ranks number 41 among the 50 states. These factors contribute to health conditions such as diabetes, hypertension, cardiovascular

disease and cancers, which diminish quality of life and contribute to premature death.

The one-year campaign will begin with a statewide call to action to eat, exercise and engage. This will consist of eating two servings of fruits or vegetables daily, exercising at least 30 minutes three times per week and engaging with others to stay connected.

It will also include steps for heart health, diabetes management, disaster preparedness, cancer prevention, mental health, addiction, tobacco cessation and obesity.

To learn more, go to OurHealthyKYHome.ky.gov.

Peace talks to resume in Sudan, Kenya

BY DENG MACHOL
ASSOCIATED PRESS

JUBA, South Sudan — South Sudan peace talks, previously held in neighboring Kenya, will resume under a directive from President Salva Kiir and his Kenyan counterpart, William Ruto, who met Wednesday and directed the mediation team to reconvene and resolve all outstanding issues within two weeks.

The talks had stalled after Kiir's former rival, Riek Machar's party, withdrew in July, citing plans by the mediators to replace the 2018 peace agreement that ended a five-year civil war in which more than 400,000 people died.

While the 2018 peace agreement is yet to be fully implemented, South Sudan postponed elections, scheduled for December 2023 to 2025, to establish key electoral processes outlined in the agreement.

The Tumaini initiative peace talks, ongoing in Kenya since May, aimed to provide a foundation for the inclusion of non-signatory groups to sustain peace in the east African country plagued by civil war and ethnic violence. However, participants expressed concerns over a new security law that would allow the government to detain people without warrants.

Nominations for historic preservation awards open

BY NEW ERA STAFF

The Ida Lee Willis Memorial Foundation has announced the call for nominations for the 2025 Ida Lee Willis Historic Preservation Awards. The awards celebrate excellence in historic preservation efforts.

Community members, organizations and stakeholders can submit nominations for exceptional projects and individuals who have demonstrated a commitment to preserving heritage at the local level and statewide through personal commitment, investment, advocacy, volunteerism, building partnerships, public involvement, lifelong dedication or significant achievement.

There are four award categories:

Ida Lee Willis Memorial Award goes to the individual who has demon-

strated outstanding dedication to the cause of historic preservation in the commonwealth. Last year, Bill Weyland was honored for his lifetime of investment and redevelopment of some of Louisville's most iconic buildings, including the Louisville Slugger Museum & Factory, Whiskey Row Lofts, Glassworks and many more.

Preservation Project Awards honor outstanding examples of building or site rehabilitation, restoration and adaptive reuse. The 2024 project awards went to Belle Louise Historic Guest House (Paducah), Rockdale (Jefferson County), the Sower Building (Frankfort) and St. Joseph Catholic Church (Bowling Green).

Service to Preservation Awards recognize individuals, organiza-

tions, nonprofits, public officials, financial institutions, news media, volunteers and others whose contributions have had a positive impact on preserving historic and prehistoric resources. In 2024, these included the Covington Academy of Heritage Trades (Covington), Harold Edwards (Perryville) and the Bell Theater (Pineville).

Grassroots Preservation Awards are given at the selection committee's discretion and celebrate those who have committed their time and resources to successfully take on a challenge that addresses a preservation issue at the local level. Last year, this was presented to Friends of Huntertown Communi-

ty Interpretive Park, a diverse group that created an extensive research project that culminated in 38 acres of the former community being accepted into the Versailles-Woodford County Parks system to honor its African American heritage.

To nominate, visit the Kentucky Heritage Council website at heritage.ky.gov and search for Ida Wells. The submission deadline is March 28, 2025.

For More Information: For questions or additional information about the nomination process, please contact Jenni-fer Peachee-Harris at jpeacheeharris@ky.gov or visit www.heritage.ky.gov

Hosted by the Ida Lee Willis Memorial Foundation in partnership with the Kentucky Heritage Council/State Historic Preservation Office, the awards ceremony will be held in May 2025.

The memorial foun-

dation was chartered in 1979 to honor the late Mrs. Willis, the first state historic preservation officer and the executive director of the Kentucky Heritage Commission (now Kentucky Heritage Council), which was created by the General Assembly in 1966 following the passage of the National Historic Preservation Act. The awards have been given since 1979. A full list of past award winners can be found on our website.

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PUBLIC NOTICE
To: All interested housing authority residents, public assistance agencies, city officials, and residents of the City of Cadiz
From: The Housing Authority of Cadiz
Board of Commissioners
Re: Notice of Public Hearing
The Housing Authority of Cadiz has recently prepared an Agency and Five-Year Plan in accordance with the Quality Housing and Work Responsibility Act of 1998 (QHWRA). The "Act" requires full public disclosure of said plan with the request for public response to same. The "Plan" is available for review and inspection at the office of the Housing Authority located at 115 Lincoln Avenue, #51, between the hours of 9:00 am thru 12 pm and 1 pm thru 4:00 pm.
The Board of Commissioners will conduct a public hearing pertaining to the Agency and Five-Year Plan as indicated below:
DATE: December 23, 2024
TIME: 11:00 am
LOCATION: Housing Authority Community Center
At the public hearing the Board of Commissioners will present the Plan in detail and receive public comments. Attendees will also receive a brief overview of the law which governs these activities, and of the purpose of the Five-Year and Agency Plan and how it relates to the future operation of the Housing Authority.
All interested parties are encouraged to attend and participate in this hearing. All reasonable suggestions will be taken into serious consideration by the Board and PHA staff when preparing the final draft of the Agency Plan.
If you have any questions, or require any further information, please contact the Housing Authority at the following address or phone number:
Housing Authority of Cadiz
115 Lincoln Avenue, #51
Cadiz, KY 42211
270-522-3916
Natalie Dixon,
Executive Director



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