

# Agriculture

## Garden your way to better health



**PUBLIC NOTICE**  
A public hearing will be held by Washington County Fiscal Court in the Courtroom of the 1816 Courthouse prior to the fiscal court meeting on Friday, June 27, 2025 at 9:00 a.m. for the purpose of obtaining citizens' comments regarding the possible uses of the County Road Aid (CRA) Funds.  
All interested persons in Washington County are invited to the hearing to submit verbal or written comments on possible uses of the CRA Funds. Any person, who cannot submit written comments or attend the public hearing but wish to submit comments, should call the Office of the County Judge/Executive at (859) 336-5410 before 4:00 p.m. on Monday, June 23, 2025 so that arrangements can be made to secure their comments.  
\*This advertisement was paid for by Washington County Fiscal Court using taxpayer dollars in the amount of \$41.25."

Gardening is fun and healthy. It makes your space look nice, gives you fresh food, and helps your body. Digging, planting, pulling weeds, and watering plants are all great ways to work out and stay healthy.  
Gardening is something anyone can do. It doesn't matter how old you are. It's a simple way to move your body while using a lot of muscles. Michigan State



**CABRINA BUCKMAN**  
FAMILY AND CONSUMER SCIENCE AGENT

University says gardening can help adults reach the Centers for Disease Control and Prevention's goal of 150 minutes of moderate exercise each week. Moderate exercise gets your heart rate up and makes you breathe a little faster. When you garden, it gives your whole body a workout. It offers many benefits, such as:  
1. Burning Calories: Gardening

can burn 200 to 400 calories an hour, based on how hard you work.  
2. Heart Health: It helps your heart stay healthy by raising your heart rate and getting better blood flow.  
3. Building Strength: Tasks like lifting tools and digging make your muscles stronger.  
4. Stretching and Balance: Bending, stretching, and reaching help you stay flexible and balanced.  
5. Stress Relief: Spending time

in nature helps you feel calm, lowers stress, and lifts your mood.  
By gardening regularly, you can stay active, feel happier, and enjoy the reward of growing your own plants while spending time in nature.  
References Gardening for Health: a Regular Dose of Gardening by Richard Thompson Home Vegetable Gardening in Kentucky  
Source: Monica Mundy, Extension Specialist for Community and Family Health

## Dairy producers celebrated in June

FRANKFORT — Commissioner of Agriculture Jonathan Shell joined dairy industry representatives and dairy producers on Tuesday, June 3,

to sign a proclamation honoring the dairy industry and June as Dairy Month in Kentucky. The proclamation was signed during Dairy Night at the

Ballgame with the Bowling Green Hot Rods.  
“Kentucky’s dairy industry is one of the many reasons Kentucky agriculture is a shining example for others across the country,” Commissioner Shell said. “June is a perfect time to honor these hard-working individuals and an industry that brings us wholesome, delicious, and nutritious products each and every day. Through the years, our dairy partners, as a group, have made the necessary changes to adapt to a changing agricultural environment. For that and the products the industry provides, I’m happy to declare June as Dairy Month in Kentucky.”  
Like the cattle industry, the dairy cattle industry decreased slightly in 2025, from 43,000 milk cows the previous years to 41,000 at the beginning of January. Kentucky’s 41,000 dairy cows produce milk — the Official

Beverage of Kentucky since 2005 — along with ice cream, artisan cheeses, and other tasty dairy products. Dairy farmers help provide Kentucky families with the calcium, protein, vitamins, and minerals they need to lead an active and healthy lifestyle.  
On average, each dairy cow produces nearly 6.7 gallons of milk a day, meaning Kentucky dairy cows produced nearly 100 million gallons of milk last year. Milk ranks eighth as a Kentucky agriculture product with Kentucky dairy producers receiving more than \$196 million in cash receipts from sales of dairy products. Kentucky has about 325 licensed dairy farms. On average each dairy cow generates more than \$13,700 in economic ripple effect each year. Barren County has the most dairy cows, followed by Adair, Logan, Christian, and Todd counties.  
“It has become a tra-

dition to celebrate June Dairy Month. Dairy farmers dedicate a lot of time to care for their cows to ensure the best quality dairy products are available for all to enjoy not only in June but all year long,” said Greg Goode, Liberty dairy producer and Kentucky Dairy Development Council Director. “On behalf of all dairy farmers I would like to thank all state organizations and private businesses that enable us to be the chosen farmers that get to be able to provide quality dairy products to everyone. So, this June when you are enjoying milk, cheese, yogurt, or ice cream remember a local dairy farmer made that possible.”  
The Kentucky Department of Agriculture (KDA) helps Kentucky dairy farmers and processors find new markets for their products and conducts dairy cattle shows across the state.

SQF/LQF Solar: Single-Axis Tracking; Distribution; 2-Year PPA; Capacity	\$0	\$0
SQF/LQF Solar: Single-Axis Tracking; Distribution; 7-Year PPA; Capacity	\$12.53	\$0
SQF/LQF Solar: Single-Axis Tracking; Transmission; 2-Year PPA; Capacity	\$0	\$0
SQF/LQF Solar: Single-Axis Tracking; Transmission; 7-Year PPA; Capacity	\$12.03	\$0
SQF/LQF Solar: Fixed Tilt; Distribution; 2-Year PPA; Capacity	\$0	\$0
SQF/LQF Solar: Fixed Tilt; Distribution; 7-Year PPA; Capacity	\$15.09	\$0
SQF/LQF Solar: Fixed Tilt; Transmission; 2-Year PPA; Capacity	\$0	\$0
SQF/LQF Solar: Fixed Tilt; Transmission; 7-Year PPA; Capacity	\$14.49	\$0
SQF/LQF Wind; Distribution; 2-Year PPA; Capacity	\$0	\$0
SQF/LQF Wind; Distribution; 7-Year PPA; Capacity	\$9.88	\$0
SQF/LQF Wind; Transmission; 2-Year PPA; Capacity	\$0	\$0
SQF/LQF Wind; Transmission; 7-Year PPA; Capacity	\$9.49	\$0
SQF/LQF Other Technologies; Distribution; 2-Year PPA; Capacity	\$0	\$0
SQF/LQF Other Technologies; Distribution; 7-Year PPA; Capacity	\$8.74	\$18.53
SQF/LQF Other Technologies; Transmission; 2-Year PPA; Capacity	\$0	\$0
SQF/LQF Other Technologies; Transmission; 7-Year PPA; Capacity	\$8.39	\$17.80
LG&E is proposing the following revisions to other charges in its Gas tariff:		
	Current Charge	Proposed Charge
Other Charges		
Returned Payment Charge	\$3.70	\$3.00
Meter Test Charge	\$112.86	\$119.00
Disconnect/Reconnect Service Charge	\$32.00	\$51.00
Inspection/Additional Trip Charge	\$155.00	\$180.00
Unauthorized Connection Charge – no meter replacement	\$49.00	\$51.00
Unauthorized Connection Charge – meter replacement	\$114.00	\$133.0
Advanced Meter Opt-Out Charge (One-Time)	\$33.00	\$85.00
Advanced Meter Opt-Out Charge (Monthly)	\$5.00	\$9.00
Daily Storage Charge for Daily Imbalances (TS-1 and LGDS)	\$0.3797	\$0.3797
Gas Meter Pulse Relaying Non-FT Non-TS2	\$28.00	\$33.00
Gas Meter Pulse Relaying FT/TS2	\$8.00	\$9.00
Excess Facilities – w/ no CIAC	1.12%	1.44%
Excess Facilities – w/ CIAC	0.44%	0.68%
A detailed notice of all proposed revisions and a complete copy of the proposed tariffs containing the proposed text changes, terms and conditions for electric or gas service and rates may be obtained by submitting a written request by e-mail to myaccount@lge-ku.com or by mail to Louisville Gas and Electric Company, ATTN: Rates Department, 2701 Eastpoint Parkway, Louisville, Kentucky, 40223, or by visiting LG&E's website at https://lge-ku.com/lge-2025-rate-case.		
A person may examine LG&E's application at the office of LG&E located at 2701 Eastpoint Parkway, Louisville, Kentucky, 40223, and at LG&E's website at https://www.lge-ku.com/lge-2025-rate-case. A person may also examine this application at the Public Service Commission's offices located at 211 Sower Boulevard, Frankfort, Kentucky, Monday through Friday, 8:00 a.m. to 4:30 p.m., or may view and download the application through the Commission's Web site at http://psc.ky.gov.		
Comments regarding the application may be submitted to the Public Service Commission by mail to Public Service Commission, Post Office Box 615, Frankfort, Kentucky 40602, or by email to at psc.info@ky.gov. All comments should reference Case No. 2025-00114.		
The rates contained in this notice are the rates proposed by LG&E, but the Public Service Commission may order rates to be charged that differ from the proposed rates contained in this notice. A person may submit a timely written request for intervention to the Public Service Commission, Post Office Box 615, Frankfort, Kentucky 40602, establishing the grounds for the request including the status and interest of the party. If the Commission does not receive a written request for intervention within thirty (30) days of initial publication or mailing of the notice, the Commission may take final action on the application.		



## St. Catharine Farm accepted to Certified Farm Market Program

LOUISVILLE — St. Catharine Farm, located in Washington County, has been accepted into the 2025 Kentucky Farm Bureau (KFB) Certified Farm Market Program, which is celebrating its 30th year. The market is open year-round.  
As a member of this prestigious program, the market has committed to providing top-quality products and services to its customers. This certification ensures that St. Catharine Farm meets the highest standards of quality, freshness, and marketing appeal.  
“For three decades, Kentucky Farm Bureau’s Certified Farm Market program has been a huge benefit to both communities and hardworking farm families across the commonwealth,” said KFB President Eddie Melton. “It gives markets valuable resources, credibility and a support network, and it’s also a seal of approval that lets consumers know the food they’re buying was grown and raised by their trusted neighbors.”  
Located at 2645 Bardstown Road, the

St. Catharine Farm is a heritage beef farm offering beef and pork for sale in multi-weight boxes, by the piece, whole or half. Visit www.scfarmkentucky.org for more information.  
The KFB Certified Farm Market logo identifies markets certified through this program, and they are listed in the online directory. The program also provides collective advertising, promotional items, educational tour opportunities, and other marketing benefits, with the aim of increasing the net farm income of member markets.  
Consumers can find the KFB Certified Farm Market Rack Card at Kentucky welcome centers, state resort parks, local chambers of commerce/tourism centers, and county Farm Bureau offices. For a complete list of markets, visit the KFB Certified Farm Market website at kyfb.com/certified or download the KFB App.  
For more information, visit the website, e-mail kfbcertified@kyfb.com