

Snow day equals snow cream treat

We're more than halfway through the winter season and we've seen an abundance of snow and ice. While some (like me) are basking in the glow created by the glisten of a freshly fallen snow, others are ready for the blooms that usher in the spring.

Regardless of your feelings on winter's delightful gift, one thing can make even an

abominable snow monster happy — a delicious bowl of snow cream.



KELLY RODAMER
COOKING COLUMNIST

For me, snow cream dates back only a few decades; however, in the timeline of the culinary history of snow cream, we need to travel to around 500 BC. Historians believe there is evidence suggesting the Persian empire made snow-based desserts using honey.

As time went on, other European cultures are

rumored to mix snow and fruit in a large cauldron. As they beat the mixture, it would eventually mash fruit into a paste that would integrate into the snow. We still enjoy a version of this ancient treat today in the form of sorbet!

In early North America, the Native Americans and Canadians both had their own snow dessert delicacies. Native Americans would gather snow and sweeten with fresh maple syrup, while Canadians have a tradition of pouring hot maple syrup on fresh snow, creating a

toffee-like treat.

Today, we can enjoy "snow" treats nearly year-round.

In the summer, snow cones abound near beaches, theme parks, and sporting events. Some freshly and finely grated ice acts as snow and delicious fruit flavored syrup is drizzled, coating each flake. Our personal favorite snow cone flavor combination is blue raspberry and lime. Trust me, it's delicious.

In the winter, my favorite snow treat is made with freshly fallen snow. It's

very important to get snow before it sits too long and can become contaminated. Never pick up discolored snow for consumption — especially brown, gray, and yellow snow!

If possible, set out a clean, dry metal bowl as the snow starts to fall. This ensures all the snow in your bowl is fresh. If you can't catch fresh snow, scoop the top layer of clean, untouched snow until you have about a gallon's worth.

Gather your ingredients together, and serve with a warm brownie or hot

apple cobbler.

SNOW CREAM

Ingredients:

- 1 gallon clean snow
- 1 cup white sugar
- 1 tablespoon vanilla extract
- Up to 2 cups whole milk or a can of sweetened condensed milk

Directions:

- Gather fresh snow and immediately stir in sugar and vanilla.
- Slowly add milk until desired consistency is achieved.
- Serve immediately.
- Discard uneaten snow cream.

MONTEREY BAPTIST CHURCH NEWS

Adult Bible study, Whatchamuhdoodles (formerly Rock Stars), and middle school youth meet on Wednesdays at 7 p.m. Middle school and high school youth Bible study is held on Sundays at 6 p.m.

Let's think about something warm. Our

church is taking sealed bids for the mowing of our property in Monterey. Turn your bid into any trustee (Jason Collins, Gary Derringer or Dan Bullock) by March 30, 2025. Your bid should include mowing of the property, weed-eating around the property and blowing the

grass clippings off of the sidewalks. If you have any questions, see any trustee.

Please use the following link to make donations through PayPal to the church, at paypal.me/MBCofferings.

— Submitted

LIBRARY PROGRAMMING

Upcoming events at the Owen County Public Library include ...

FRIDAY

2 p.m. Mystery book club. We will discuss "A World of Curiosities," by Louise Penny. Inspector Gamache investigates the return of the grown, troubled children of his first murder case long ago and warnings of mayhem unleashed from unsealing an attic room. Pick up our next month's book, "Long Gone," by Alafair Burke. Alice Humphrey's dream job of running an art gallery vanishes when the place is stripped bare and the dead body of the man who hired her is identified as someone else. The artist whose work was displayed doesn't exist. Alice must prove she's been set up before dangerous secrets cost Alice her life. Join us as the plots twist. All are welcome.

MONDAY

10 a.m. Stretch and strengthen. This workout consists of gentle and dynamic exercises that are safe, while challenging every

fitness level. Move every muscle for a healthy body. Follow the video on the big screen.

TUESDAY

10:30 a.m. Storytime. Let's take a trip up to the mountains to see what kind of animals live there. This program is intended for young children and their parent or caregiver.

3 p.m. until 4 p.m. Bookmobile at Perry Park Resort. All dates and times are subject to change due to inclement weather.

4:30 p.m. until 5:30 p.m. Bookmobile at Eagle Creek Resort. All dates and times are subject to change due to inclement weather.

THURSDAY

10 a.m. Yoga. Follow a yoga practice on the big screen. Wear comfortable clothes. Bring a yoga mat or use one of ours. It's for all fitness levels. Everyone is welcome.

Noon. Sound bath meditation. Use the vibration of sound to connect, calm and heal the physical body. Bring a mat, blanket, and

pillow to be comfortable for an hour of lying on the floor listening to chimes and other musical instruments.

3 p.m. Bookmobile at New Columbus Baptist Church. All dates and times are subject to change due to inclement weather.

3:15 p.m. Dungeons and Dragons. Meet up to join in an epic quest. Players form an adventuring party who explore fantasy worlds together. The dungeon master is the game's referee and storyteller. Make new friends and enjoy some snacks too. The program concludes at 5:30 p.m.

3:30 P.M. UNTIL 4:30 P.M. BOOKMOBILE AT LIGHTHOUSE CHURCH.

All dates and times are subject to change due to inclement weather.

5 P.M. UNTIL 6 P.M. BOOKMOBILE AT POPLAR GROVE BAPTIST CHURCH.

All dates and times are subject to change due to inclement weather.

WEDNESDAY

9 a.m., coffee and chat; 11 a.m., Bible study with Margina King; 1 p.m., scrapbooking class with Angie; 1:30 p.m., Mexican train

THURSDAY

9 a.m., coffee and chat; 11 a.m., chair yoga for senior DVD; 1 p.m., walking club; 1:30 p.m., diamond art

FRIDAY

11 a.m., movie day at the center.

— Submitted

SENIOR CENTER CALENDAR

The Owen County Senior Center has a variety of events scheduled during February.

The center is located at 118 N. Main St. in Owenton.

Hours are Monday through Friday from 8:30 a.m. until 3 p.m.

Options available daily include cards, Wii, cornhole games, puzzles, color therapy, TV, and walking and exercise equipment.

Individuals can call 502-484-3139 for more information. All trips require an RSVP by a certain date.

Individuals can call the center for information on the dates.

The schedule for next week is as follows:

MONDAY

9 a.m., coffee and chat; 11 a.m., book club; 1 p.m., walking club; 1:30 p.m., group advisory meeting

TUESDAY

9 a.m., coffee and chat; 11 a.m., color therapy; 1 p.m., computer lab for seniors with David Hill; 2 p.m., walking club

MEALS ON WHEELS

The meals on wheels menu for Feb. 24-28 is as follows ...

MONDAY

Flame broiled beef steak, roasted bakera, mixed vegetables, slice of bread, peaches, brownie

TUESDAY

Ham and beans, spinach, red-skin potatoes, slice of bread, applesauce, Sun Chips

WEDNESDAY

Lasagna roll up with meat sauce, mixed

vegetables, apple crisp, slice of bread, grape juice, graham crackers

THURSDAY

Chicken strips, mixed vegetables, sweet potato cubes, Sun Butter, tropical fruit juice, brownie

FRIDAY

Meatloaf with gravy, mashed potatoes, carrots, slice of bread, mixed fruit cup, a Lorna Doone cookie

— Submitted

COMMUNITY CALENDAR

COMPUTER TRAINING

The Owen County Senior Center is offering computer training on third and fourth Tuesday of each month.

The training can be structured to fit one's needs.

For more information, call Margina King at 502-484-3139.

What mom may come to know

Perhaps you heard about the fellow who bumped into one of his old, high-school classmates at an upscale restaurant.

"You must be doing very well in life," the fellow told the man who, as a teenager, had spent his time smoking dope and playing hooky.

He replied, "Well, yes, I went on to become a lawyer and have done quite well. But don't tell my mother. She thinks I'm a drug dealer, and she'd be terribly disappointed if she finds out I'm a lawyer."

I love that students who don't show a lot of promise in high school can go on to successful careers. They had what it takes inside them all along. It just took someone seeing

their potential, coming alongside them, and encouraging them to step up.



ROGER ALFORD

Jesus saw the potential in a group of salty fishermen and empowered them to become leaders in the early church. He has been doing the same thing ever since with people from all walks of life, including Chris McDaniel, a founding member of the multi-platinum-selling country music band Confederate Railroad.

McDaniel, a reformed drug addict, is passionate about pointing people to Christ. He has been that way ever since he experienced the transforming power of the gospel for himself. Now, he's a worship leader and also an evangelist, who criss-crosses the country

sharing the gospel and leading thousands to faith each year.



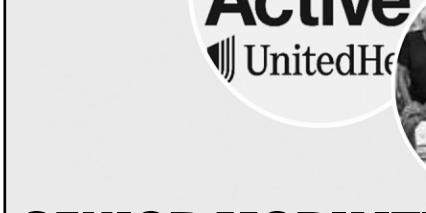

Over the years, I've known coal miners, a NASA scientist, football coaches, businessmen, salesmen, politicians, farmers, soldiers, sailors, and — yes, even lawyers — who became preachers of the gospel.

Jesus is still calling people to ministry. Peter and Andrew, John and James, all the disciples heard that call and heeded it. How about you? Have you heard Jesus calling? Have you heeded that call?

Perhaps it's time that you surrender your life to serving Christ. This I know for sure ... nothing would please a Christian mother more than to find out her child has become a preacher of the gospel.

Reach Roger Alford at 502-514-6857 or rogeralford1@gmail.com.

www.owentonnewsherald.com







Senior Citizen PROGRAMS

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Discounts rates for Dorman, NAS and Belterra employees. *All memberships grant you access to both Owen and Gallatin County locations.

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