

Sole to Soul Therapeutics, located at 4763 Fox Run Road in Buckner, held a ribbon cutting ceremony on June 25.

Photo by Grant Gerstner



# Sole to Soul Therapeutics opens new location

**BY STAFF REPORT**  
BUCKNER — Oldham Chamber and Economic Development held a ribbon cutting for the new location of Sole to Soul Therapeutics on June 25. On behalf of Judge Executive David Voegele, Oldham Chamber and Economic Development President David Bizianes presented owner Abigail Bonam

a proclamation at the celebration.  
Sole to Soul Therapeutics is a woman-owned business specializing in barefoot massage, neuromuscular therapy, craniosacral therapy, prenatal and more with the help of Bonam’s business partner, Flexologist and Yoga Instructor Zara Rizvi.  
The Bonam Bodywork

Academy is Bonam’s personal project that she plans to grow into a full-scale massage therapy education program. As part of the academy, Bonam is leading educational classes to the public — the next of which is “What is Happening in my Body” on July 19.  
Sole to Soul Therapeutics is located at 4763 Fox Run Road in Buckner.

## CAMP

FROM PAGE B3

First to fifth grade will have their camp at 8:30 a.m. to noon before the sixth to eighth graders will come in for their camp at 12:30 p.m. to 4 p.m. First to third

graders will be grouped together while fourth and fifth graders will be as well. The middle schoolers will also be a group.  
Players will need to check in 20 minutes early on the first day of camp, July 14. The camp fee will be \$75 in advance until July 6 but at the door payment will be \$80. Two players from the

same immediate family will be \$120 while three players will be \$150.  
The camp will have guest speakers, offensive and defensive stations and individual and small group instructions. The kids will participate in a 3-on-3 and 5-on-5 play with there also being a 5-on-5 tournament.

## MILES

FROM PAGE B2

Even when his shot wasn’t falling, Miles contributed to the team by finding his open teammates and leading the team in assists.  
“It’s a good feeling, because the 2016 team, I had a super good friend on it,” Miles said. “He used to go over to my house to shoot basketball with me, and he said, ‘once you get that picture we have up in the school, it’s like a different feeling, because you did something for the school. You made your mark on the school.’ I just feel, for me, that’ll make me feel good that I left my mark on the school in multiple ways. I left my mark on the basketball program in multiple ways.”


Sams and Simpson are for multi-sport athletes. Sams wants Miles to be the poster child of being a successful two-sport athlete at South Oldham. He wants Miles’ legacy at South Oldham to be known as one of the best competitors to come through Crestwood.

“In terms of guys that I’ve coached, he is in the top tier of elite competitors and takes everything with it,” Sams said. “He can trash talk, and he can take the trash talk. He can turn phrases into motivation. He can use energy and juice to motivate those around him. He approaches practice like it’s a game, and that’s what I hope the stats and the wins and the Final Four [show]...I don’t want his success on the playing surface to be forgotten, but I think what’s more special is how we approach practice, how he approached leading and how he was able to do it year round.”

Simpson will remember Miles as someone who put in 32 minutes of his best effort from tip to buzzer. He also wants Miles to be remembered for his off the court presence and someone who kids can look up to.  
“It was funny. We beat a really good team over at Hanover going into his senior year, and when we stepped off the floor, these two middle school kids came over and wanted to take a selfie with him after we had won the summer game,” Simpson said. “He’d had a ton of points. I think he’s going to be remembered as a kind of a basketball ambassador. Somebody that played very intensely...Personally, I’m going to look back at Julian Miles’ four years here as some of the best. I’ve been here 25 years. His four years were one of the best four year periods that we’ve had.”

Miles became the school’s all-time leading scorer in basketball with 2,107 points. He is committed to play basketball at the University of the Cumberlands. Being a two-sport athlete, Miles wants kids to know that you have to be confident in your ability to play the game and just go out there and try.

“[You have to] practice, put in tons of work, keep your mind and body right and be good,” Miles said. “It’ll just all play out in the end. You have to keep your faith in God too. That’s what really also helped me big time was coach Simpson would always have a little FCA thing on Wednesdays, and it always just kept my mind on the thing I really needed to keep my mind on, which was God. It just helped me keep God first throughout everything that I did and throughout all the sports that I played. He just really helped me through my high school career.”



# LEGAL NOTICE

### PUBLIC NOTICE

## CITY OF LA GRANGE

**AN ORDINANCE ADOPTING THE CITY OF LAGRANGE, KENTUCKY ANNUAL BUDGETS FOR THE FISCAL YEAR JULY 1, 2025, THROUGH JUNE 30, 2026, BY ESTIMATING FUNDS FOR OPERATIONS OF CITY GOVERNMENT**

**ORDINANCE NO. 3-2025 (PASSED 6-2-25)**

The annual budget for the fiscal year beginning July 1, 2025, and ending June 30, 2026, is hereby adopted as follows:

REVENUE DESCRIPTION	25-26 BUDGET
PROPERTY TAX & PERSONAL PROPERTY TAX	1,900,000.00
PROPERTY TAX-MOTOR VEHICLE	150,000.00
DELINQUENT PROPERTY TAX COLLECTED	60,000.00
FRANCHISE TAX	300,000.00
OMITTED TANGIBLE TAX	3,500.00
BUSINESS LICENSE	500,000.00
GARBAGE COMMISSION (LaGrange Utilities)	450,000.00
10% INSURANCE TAX	2,400,000.00
MISCELLANEOUS INC.	45,000.00
PENALTIES	8,500.00
INTEREST INCOME	150,000.00
UTILITY TAX (Telecommunications)	40,000.00
MINE & MINERAL SEV. TAX	5,000.00
RECEIVED KLEFPF	50,000.00
KLEFPF PORTION RETIREMENT	15,600.00
HOUSE BILL 413	10,000.00
DISCOUNTS (PROPERTY TAX)	(30,000.00)
ENCROACHMENT FEES	7,000.00
BANK SHARES	100,000.00
FEDERAL OVERTIME	12,000.00
ABC LICENSE FEES only	25,000.00
COMMUNITY CENTER/PARK RENTALS	28,000.00
COMPENSATION TAX REVENUE	3,275,000.00
SCHOOL RESOURCE OFFICER	49,500.00
OLDHAM RESERVE LAND SALES	150,000.00
<b>SUB-TOTAL GENERAL FUND REVENUE</b>	<b>9,704,100.00</b>
RESERVE TO TRANSFER	3,648,076.75
<b>GRAND TOTAL REVENUES</b>	<b>13,352,176.75</b>
EXPENSE DESCRIPTION	25-26 BUDGET
ADMINISTRATION	1,573,379.20
SPECIAL APPROPRIATIONS	5,486,025.00
PARKS	848,725.00
POLICE DEPARTMENT	2,430,413.20
PUBLIC WORKS DEPARTMENT	2,791,779.00
CODE ENFORCEMENT	221,855.34
<b>GRAND TOTAL EXPENSES</b>	<b>13,352,176.75</b>

**ORDINANCE NO. 4.2025 (PASSED 6-2-25)**

The annual budget for Alcohol Regulatory fees for the fiscal year beginning July 1, 2025, and ending June 30, 2026, is hereby adopted as follows:

DESCRIPTION	25-26 BUDGET
Alcohol Revenue	421,576.04
<b>TOTAL REVENUE</b>	<b>421,576.04</b>
DESCRIPTION	25-26 BUDGET
Full Time Salaries	222,079.08
Overtime Pay	6,750.00
Employer HRA	5,000.00
Employer Health/Dental Insurance	23,165.00
Employer Portion FICA	19,573.85
Employer Portion Retirement	60,426.43
Police Clerk/ABC Admin	39,488.68
Code Enforcement Officer	9,525.00
Worker's Compensation	10,089.00
Property/Auto Insurance	3,795.00
Police Dept. Liability Insurance	5,079.00
Radio Maintenance	2,760.00
Computer Maintenance	4,732.00
Seminars/Education	2,000.00
Uniforms	2,850.00
Criminal Investigation	500.00
Equipment Over 300.00	3,763.00
<b>TOTAL EXPENSES</b>	<b>421,576.04</b>

**ORDINANCE NO.5-2025 (PASSED 6-2-25)**

The annual City Bus Budget for the fiscal year beginning July 1, 2025, and ending June 30, 2026, is hereby adopted as follows.

REVENUE DESCRIPTION	25-26 BUDGET
MISCELLANEOUS INCOME	500.00
COUNTY PORTION	20,000.00
FARE BOX	5,000.00
CASH SURPLUS	128,529.47
<b>TOTAL REVENUE</b>	<b>154,029.47</b>
EXPENSE DESCRIPTION	25-26 BUDGET
FULL TIME SALARIES	37,346.00
PART TIME SALARIES	37,000.00
EMPLOYER HEALTH INSURANCE	5,811.00
EMPLOYER PORTION FICA	5,687.47
EMPLOYER PORTION RETIREMENT	7,010.00
EMPLOYER HRA	7,000.00
WORKERS COMPENSATION INSURANCE	2,775.00
PROPERTY/LIABILITY INSURANCE	8,000.00
TELEPHONE	2,200.00
BUS ADS & PRINTING	3,000.00
GAS & OIL	21,000.00
EQUIPMENT REPAIRS/VEHICLE MAINTENANCE	9,000.00
BUS TIRES	5,000.00
BUS DRIVER BACKGROUND CHECK	200.00
BUS MISC. SUPPLIES (BUS FEES)	1,200.00
BUS DRIVER DRUG TESTS	400.00
WIRELESS SERVICE	1,400.00
<b>TOTAL EXPENSES</b>	<b>154,029.47</b>

**ORDINANCE NO.6-2025 (PASSED 6-2-25)**

The annual Stormwater MS4 Budget for the fiscal year beginning July 1, 2025, and ending June 30, 2026, is hereby adopted as follows.

ACCOUNT TITLE	2025-2026
REVENUE	\$ 125,000.00
CASH TO TRANSFER	\$ 177,000.00
<b>TOTAL REVENUE</b>	<b>\$ 302,000.00</b>
ACCOUNT TITLE	2025-2026
*EQUIPMENT	\$ 12,000.00
*DRAINAGE MAINTENANCE	\$ 275,000.00
*EDUCATION & TRAINING	\$ 4,000.00
*ABATEMENT	\$ 11,000.00
<b>TOTAL EXPENSES</b>	<b>\$ 302,000.00</b>

**ORDINANCE NO.7-2025 (PASSED 6-2-25)**

The annual Municipal Road Aid Fund Budget for the fiscal year beginning July 1, 2025, and ending June 30, 2026, is hereby adopted as follows.

MUNICIPAL ROAD AID FUND BUDGET	
2025-2026 FISCAL YEAR BUDGET	
REVENUES	
ACCOUNT TITLE	2025 - 2026
REVENUE	\$ 156,000.00
RESERVE TO TRANSFER	\$ 315,000.00
<b>TOTAL REVENUE</b>	<b>\$ 471,000.00</b>
EXPENSES	
ACCOUNT TITLE	2025 - 2026
MAP - STREET PAVING	\$ 311,000.00
MAP - SNOW REMOVAL	\$ 60,000.00
CAPITAL OUTLAY	\$ 100,000.00
<b>TOTAL EXPENSES</b>	<b>\$ 471,000.00</b>

All interested parties are hereby notified that a copy of the ordinance is available for inspection and copying at City Hall during normal business hours and will be posted on the City website at [www.lagrangeky.net/](http://www.lagrangeky.net/)