

# The Licking Valley Courier

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## Uncommon Sense

By Dr. Glenn Mollette



## Biden’s Cancer: Don’t Settle for a Whitehouse Doctor

The recent announcement about former President Joe Biden having terminal prostate cancer is mind-blowing. It was announced that the cancer is in his bones, so yes, it’s terminal. He might live a couple of years depending on how far it has progressed. This week, I have been wondering if the cancer is already in his brain and if it has been there for a while. How long will it be before we know the truth? Will we ever know the complete truth?

Biden having stage four prostate cancer is just crazy. We recently heard on national news that it has been 14 years since Biden had his last PSA test, which is typically done every year on any man who has a physical. If the doctor doesn’t order a PSA test on any man over 50 then he should have his medical license revoked. We are talking about the President of the United States who supposedly has access to the finest medical care in the world. In reality he must have had an idiot looking out for him. Or, did Joe know he had cancer early in his term as President and everyone agreed to keep it quiet?

Biden’s condition grew worse throughout his Presidency. He wasn’t great when he was doing all his campaigning

from the basement. In his last two years, he became increasingly difficult to understand and he couldn’t answer questions on the spot. He had to be given questions in advance. We saw it all play out on national television. Let’s please pray for Biden. He is a very sick man.

Shame on the White House medical team for not taking care of the President. Shame on Jill Biden. Why would a wife allow her husband to try to keep doing what he was not able to do. Shame on Chuck Schumer and Nancy Pelosi, Bernie Sanders and every Democrat who tried to fool the American public. They did not fool anyone.

Prostate cancer can be treated and cured if caught early. A PSA test each year will identify a rising PSA number. Typically, any number over four will warrant a prostate biopsy. Biopsies are not fun but they are much better than terminal cancer. A biopsy will determine if there is any malignancy in the prostate. If a malignancy is found early on then there will be choices to make. There are various treatments such as radiation seed implants, cyber knife, proton therapy, radiation therapy, freezing the cancer or surgery to remove the prostate. However, if you wait and delay

## Senior Citizens Menu

Meals Are Served With Water and Milk

Thursday, May 29 — Bean-wHam Soup, Cornbread, Margarine, 1% Milk Red Grapes, Chocolate Chip Cookie, Cooked Cabbage.

Friday, May 30 — Closed - Staff Retreat.

Monday, June 2 — Baked Chicken, 1% Milk, Broccoli and Cheese, Scalloped Potatoes, Apple, Whole Grain Whigte Roll, Mae-garine.

Tuesday, June 3 — Meatloaf, Garlic Mashed Potatoes, Sweet Peas, Whole Grain White Roll, Margarine, Cilled Pe3aches, 1% Milk.

Wednesday, March 4 — Grilled Cbicken, Salad/2 Tomato Wedges, Italian Dressing, RS Corn Chowder, Chocolate Chip Cookie, Wholle Grain White Roll, 1% Milk.

Thursday, May 5 — Breaded Pork Chops, Collard Greens, Mashed Potatoes w/Gravy, Whole Grain White Roll, Fried Apples, 1% Milk.

## W.L. Homemakers hold their monthly meeting on May 8

West Liberty Homemakers’ Club members had their regular meeting 6 p.m. Thursday, May 8, at the Morgan County Extension Office.

The meeting was called to order by Club President Sharon Lykins. She welcomed everyone and thanked them for coming to the meeting.

The devotion, a poem entitled, “He Is The Light”, was read.

All business was taken care of.

The lesson, “Family Care-giver Healthy Bulletin” was discussed.

Games were enjoyed, door prizes were given, and delicious refreshments of sub sandwiches and strawberry cheesecake were served to Sandy Pelfrey and Flo Benton, and hostesses Sharon Lykins and Cricket Cantrell.

Even though our group was small, we had a great time.

Our next meeting will be 6 p.m. Thursday, June 12, at the home of Barbara Ison.

We hope to see more members at our next meeting.

## Available For Adoption



Photos By Kathy Gullett

This is Gracie - a 4 year old female Staffordshire mix.



This is Cora - a 5 year old female Staffordshire mix, Currently in training at EKCC,

For More Information: contact the Morgan County Animal Shelter at 743-2545 or stop by. Shelter Hours are Mon., - Fri. 10:00--2:00

## Click It or Ticket campaign in effect through June 1st

By Tom Latek  
Kentucky Today

FRANKFORT, Ky., May 12 – Kentuckians are reminded to buckle up and properly secure children in car or booster seats to keep themselves safe throughout the year and during the “Click It or Ticket” campaign, which runs May 12 to June 1 and includes the Memorial Day holiday.

“It only takes two seconds to fasten your seat belt, and those two seconds could save your life,” said Gov. Andy Beshear. “We want everyone to buckle up, every trip. Let’s look out for one another and make sure we all get to where we’re going and come back home, safely.”

The Kentucky Transportation Cabinet’s (KYTC) Office of Highway Safety (KOHS) is joining law enforcement around the state and the National Highway Traffic Safety Administration (NHTSA) in the annual federally funded high-visibility seat belt enforcement effort.

According to the KOHS, of the 707 roadway deaths last year in Kentucky, 471 were killed in motor vehicle crashes, and 47% of them (220) were either not wearing a seat belt or were not properly restrained in a car seat or booster seat. Nine of the 471 deaths were children ages 9 and younger. One of the nine was improperly restrained.

“Wearing a seat belt is the simplest, most effective way to protect yourself and the people you care about,” stated Transportation Secretary Jim Gray. “Buckling up should be second nature – every time, every ride. It’s a small action that makes a big difference.”

The NHTSA points out that despite typically low traffic volumes at night, fatal crashes nationwide are three times higher during nighttime hours compared to daytime. Of the 471 occupants killed in motor vehicle crashes, at least 185 occurred at night. Of those, more than 90 were unrestrained.

“Every decision behind the wheel matters,” Gray noted. “Our goal is to prevent tragedy before it happens – and sometimes that means taking enforcement action to protect lives.”

According to the NHTSA, when worn correctly, seat belts reduce the risk of death by 45 percent for front-seat vehicle occupants and by 60 percent for pickup truck, SUV and minivan occupants. Properly fastened seat belts contact the body’s strongest parts, such as the chest, hips and shoulders. They spread the force of a crash over a wide area of the body, putting less stress on any one part, and allows the body to slow down with the crash.





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