THE LARUE COUNTY HF FWS Proudly serving the community of LaRue County since May 6, 1885

Deadline for LOCAL classifieds is Friday at noon prior to publication. To place an ad call 270-358-3118 ext # 1 or email ads@laruecountyherald.com

PUBLIC NOTICE

The LaRue County Extension Service seeks a qualified contractor to assess and develop a draining improvement plan and complete the work to improve the overall drainage at their office located at 807 Old Elizabethtown Road in Hodgenville, KY. Please submit bids along with three references of similar projects completed in the last five years to the LaRue County Extension Office by 4:30 p.m. on May 30, 2025. Bids may be submitted to the address above or mailed to P.O. Box 210, Hodgenville, KY 42748. The property may be viewed and specifications picked up during office hours by scheduling with Misty Wilmoth at 270 358-3401 or by email to mwilmoth@uky.edu. The LaRue County Extension District Board reserves the right to reject any and all bids or to accept the best evaluated bid.



JOHN

SMITH

PUBLIC NOTICE

The LaRue County Cooperative Extension Service located at 807 Old Elizabethtown Road in Hodgenville is now accepting sealed bids for replacing the roof on the front section of the office building. Please submit bids along with proof of insurance and three references by 4:30 p.m. on Friday, May 30, 2025. Bids may be submitted at the address listed above or mailed to P.O. Box 210, Hodgenville, KY 42748. If you have questions, contact Misty Wilmoth at 270 358-3401 or by email to mwilmoth@uky.edu. The LaRue County Extension District Board reserves the right to reject any and all bids or to accept the best evaluated bid.

Hersblereer's FRESH STRAWBERRIES Now Available 6691 Sonora Road, Hodgenville, KY 8 a.m. to dark Monday - Saturday Hanging Baskets, Petunias, Geraniums, & Begonias

THE LARUE COUNTY HERALD NEWS **PUBLISHER'S NOTICE** All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national orgin or an intention to make familial status or national orgin, or an intention, to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll-free at 1-800-669-9777. The toll-free telephone number for the hearing impaired is 1-800-927-9275.

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www.laruecountyherald.com

Ongoing learning, development important in modern workplace

n today's dynamic and evolving business landscape, investing in continuous learning and development for employees is essential. As the Human Resources

Manager at

change. At Mid-Park, Inc., we foster continuous learning through a multi-faceted approach, including

strategies, including identifying in-demand skills and occupations within the region. By collaborating with local educational institutions, employers and community organizations, LTWDB facilitates access to a diverse range of learning opportunities, from snort-term certifications to apprenticeships and degree programs. Local businesses are not on their own in ensuring their employees have the resources needed to develop professionally. A dynamic ecosystem of partnerships and initiatives fuels continuous learning opportunities for employees. Local educational institutions such as Elizabethtown Community and Technical College often work with businesses to offer tailored training programs and degree programs aligned with industry needs. The Kentucky Career Center — Lincoln Trail, overseen by LTWDB, provides a variety of development and retention services, from career counseling to work-based training to workshops. Additionally, industry groups and associations play a crucial role by offering apprenticeship programs and organizing conferences, seminars and online resources. It is an exciting time for the Lincoln Trail region. With companies expanding and increasingly locating in our area, it is vital that we are prepared with a skilled workforce. With continued collaboration and partnership, everyone wins. Trish Niles, Human **Resources Manager for** Mid-Park, Inc., serves on the Lincoln Trail Workforce Development Board. She can be reached at TNiles@midpark.com.

other's Day is a celebration honoring the mother of the family or individual, as well as motherhood, maternal bonds and the influence of mothers in society. It is celebrated on different days in many parts of the world, most

commonly in March or May. The first Mother's Day was organized on May 10, 1908, in West Virginia and Pennsylvania. The so-called "mother" of Mother's Day is Anna Jarvis, a copywriter from West Virginia. Born during the Civil War, Anna watched as her mother, Ann, worked to organize Mother's Work Clubs to care for soldiers on both sides of the war, and worked to bridge divides between mothers from the North and South, according to the National Parks Service. Anna Jarvis spent the latter part of her life fighting against Mother's Day. Though Jarvis worked to make Mother's Day an official holiday, historians have argued that she later railed against the commercialization and popularization of the holiday, which she said strayed from her initial intent.

newspapers, according to the Washington Post.

Mother's Day

In a separate news release, she said, "WHAT WILL YOU DO to route charlatans, bandits, pirates, racketeers, kidnappers and other termites that would undermine with their greed one of the finest, noblest and truest movements and

celebrations?' Jarvis fought against First Lady Eleanor Roosevelt for using Mother's Day as a day to the 2nd Sunday of May, thereby making May 10, 1914, the first national Mother's Day.

WHAT FLOWER IS THE **MOTHER SYMBOL?**

Carnations: a traditional symbol of motherly love. Over time, this flower symbolizes a mother's undying love and affection. Its delicate petals and sweet fragrance make it a popular choice for Mother's Day bouquets.

MOTHERS REGARDING THE SCRIPTURE

needed to explore new technologies, will empower employees to adapt and thrive in the face of constant



"They're commercializing my Mother's Day," she complained in a letter to raise money for charity and was arrested for disturbing a Philadelphia convention of the American War Mothers. who celebrated Mother's Day and utilized the white carnation emblem.

WHY IS MOTHER'S **DAY IN MAY?**

After her mother's death on May 9, 1905. Anna Iarvis was determined to fulfill her mother's hope that a Memorial Mother's Day be established to recognize the important roles that mothers play in the family, church, and community. On Saturday, May 9, 1914, President Woodrow Wilson issued a presidential proclamation that officially established the first national Mother's Day holiday to celebrate America's mothers. He also proclaimed Mother's Day a national observance to be held each year on

On Mother's Day, we pause to say thank you to mothers, who nurture, care, and provide-often sacrificially—for their children in order to create a brighter future for generations to come. However, the spirit of Mother's Day was never meant to be reserved to a single day of the vear. God commands us to honor our mothers throughout the year. "Honor your father and your mother, that your days may be long in the land that the Lord your God is giving you" (Exodus 20:12).

For many, Mother's Day is filled with heartache. Some have lost a biological mother, or their relationship is estranged. Others are childless and grieve never experiencing

SEE DAY/PAGE B7

Stroke Prevention Month

KY. — May is Stroke and oxygen, causing Awareness Month, a time to focus on recognizing the signs and symptoms of stroke, understanding risk factors, and taking steps to prevent this life-threatening condition. Baptist Health Hardin is encouraging the community to take stroke risk seriously, with a special blood pressure, one of the most significant contributing factors.

A stroke happens when a blood vessel supplying the brain with oxygen and nutrients becomes blocked by a clot or breaks open. As a result,

ELIZABETHTOWN, brain is deprived of blood keep your blood pressure brain cells to become damaged or die.

According to the American Heart Association (AHA), stroke is a leading cause of death and disability in the United States. In Kentucky, stroke is the sixth leading cause of death.

"Stroke can happen to emphasis on managing anyone, and often without any warning," said Rosa Vittitoe, MSN, RN, stroke coordinator at Baptist Health Hardin. "High blood pressure is the number one controllable risk factor. The best thing you can do for your brain health is to know your the affected area of the numbers and work to

in a healthy range. Prevention truly starts with awareness and action."

High blood pressure often has no symptoms, yet it quietly damages blood vessels and can lead to a stroke. Routine blood pressure checks and ongoing monitoring are key steps in prevention. Baptist Health Hardin encourages individuals to work with their healthcare providers to regularly check blood pressure and make lifestyle changes to stay within a healthy range.

In addition to controlling blood pressure, it's important to SEE STROKE/PAGE B7

Mid-Park, Inc. IRISH Leitchfield, I can NILES confidently say that employee development is not just a priority, but an integral part of our company culture.

Investing in the professional development of employees fosters both individual and organizational success. For individuals, it fosters a sense of professional growth and accomplishment, boosting morale and engagement. For organizations, embracing a culture of continuous learning cultivates innovation, improves productivity and enhances overall competitiveness.

To ensure employees stay ahead of the curve in a rapidly evolving technological landscape, area employers must embrace a multi-faceted approach. This includes investing in continuous learning and development programs, offering opportunities for upskilling and reskilling and fostering a culture of curiosity and innovation. Providing access to online courses, industry conferences, workshops and mentorship programs can equip employees with the latest knowledge and skills. In addition, encouraging experimentation and collaboration, coupled with providing the tools and resources

offering a wide range of

internal training programs, providing tuition reimbursement for relevant external courses and certifications and encouraging mentorship opportunities. Furthermore, we regularly assess employee skill gaps and tailor development plans to address those specific needs, ensuring that our team members are equipped with the knowledge and skills to excel in their roles and contribute meaningfully to Mid-Park, Inc.'s continued progress.

To determine the focus of learning and development (L&D) programs, we align with the company's overarching strategy, analyzing short- and long-term goals and identifying necessary skills. We use performance data to pinpoint skill gaps affecting productivity, gather employee feedback through reviews and manager discussions and monitor industry trends to anticipate future needs. This comprehensive approach helps enhance both organizational performance and employee growth. For the broader regional workforce, the Lincoln Trail Workforce Development

Board (LTWDB), where I serve as a board member, plays a vital role in fostering lifelong learning by acting as a catalyst for skill development and career advancement. The board achieves this through several key