

# Spice of life

We call it “Spice of Life,” and it’s a family favorite. Wait. Let me start at the beginning ...

Way back in the early 1990’s, Baptist Student Union teams came to our church at First Baptist, Belfry.

It was electric, though that sounds cheesy. High-energy college students invaded the brick and mortar of our congregation like never before. They brought interpretive movements (What the thunder?), performed skits (Had I ever seen a skit before?), shared brutally honest testimonies, sang, and used puppets that are still memorable after three decades. It was the first time I had heard the song “Big, Big, House” or of a group called DC Talk.



DAWN REED

Our pastor, Steve Rice, invited them and they blew the doors off ministry as we had known it. (I’m getting tears and chills as I write.) Not only did those college girls and guys share Jesus with us, but we got to share eastern KY hospitality with them. Dividing them up into smaller groups, they stayed in our homes.

Back to the Spice of Life. One of those life-changing, spirit charging weekends, a team of guys were our guests. I still remember finding our best towels — ones without holes — for them to use.

We needed to feed

them. In those days we were high on Jesus but low on funds. We would have to use what we had.

My beloved, the better cook, scoured the cabinets and fridge to assess the possibilities. He found potatoes, onions, taco shells, eggs, and cheese. Didn’t sound very exciting, but he went to work.

In a large skillet, he fried the potatoes he’d cut in small cubes, then added the onions. After whipping up the eggs, he stirred them into the potatoes. He broke up the taco shells and folded them into the mix. When it was all tender, he covered it with shredded cheese. It made a huge pan, was enough for our company to eat their fill, and was FABULOUS!

One of the guys, named Thomas, asked what it was called. My beloved pondered for only a moment and announced, “Spice of Life.” It’s what we’ve called it ever since. He took ordinary, simple ingredients we had on hand and did something unexpected and wonderful.

That’s what God does today. He uses what we have — our past, personality, passions, and gifts — to do unexpected and wonderful things. The Bible is full of stories where God gave regular, ordinary people the courage to step up and be used by Him. Just like those college students

who came to our church. They were young, excited about Jesus, and were fearless in sharing Him with others. I don’t know where they are now but am still extremely thankful for their ministry!

Ephesians 2:10 reminds us, “For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.” I guess you could say we’ve been His “Spice of Life” all along.

Family and friends have enjoyed Spice of Life ever since that day when my beloved created it. We had it this week and reminisced how it came to be. What simple ingredients of your life (or in your kitchen) can God use to bless others?

Email religion columnist Dawn Reed at preacher-wife7@yahoo.com.



The Humane Society of Nelson County hereby declares its intention (s) to apply for a temporary liquor license no later than July 26, 2025. The licensed premises will be located at 310 W. Stephen Foster Avenue, Bardstown, KY 40004. The owner is Roman Catholic Bishop of Louisville, 310 W. Stephen Foster Avenue, Bardstown, KY 40004. Any person, association, corporation, or body politic may protest the granting of the license (s) by writing to the Department of Alcoholic Beverage Control, 500 mero street 2NE33, Frankfort, KY 40601, within (30) days of the date of legal publication.

# Christ-centered; Cross-focused

Greetings from Good Shepherd Lutheran Church. My name is Brandon and I’m writing a little “get to know us” for my family’s church. We, the congregation, want the community to be aware of us, know where our church is, and know a bit about the Lutheran branch of Christianity.

Often, when I tell someone I’m a Lutheran, or that me and my family



BRANDON JACKSON

attend a Lutheran church, the questions we get asked are usually one of two: “what’s a Lutheran?” And/or “There is a Lutheran church in Bardstown?”

I’ll answer the second question first. Yes, there is a Lutheran church in Bardstown. Good Shepherd Lutheran is located at 1126 Bloomfield Road in Bardstown. We are a small LCMS congregation that was planted a little over 25

years ago and we are always excited to have visitors come to hear the word rightly preached! Reverend Charles Fausel is our Pastor and we have adult Bible study every Sunday at 9:30 a.m. and Divine Service follows at 10:30 a.m. There’s a

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