



Heat is a serious work hazard for those who labor in the outdoors. (Photo by Josh Olalde/Unsplash)

Protect workers from heat: Know the dangers, act early

BY REBECCA HONAKER
Kentucky Injury Prevention and Research Center

Heat is a serious workplace hazard that can cause illness—or even death—if proper precautions aren’t taken. While outdoor workers face the greatest risk during high temperatures, indoor workers can also be affected, especially those working near heat sources or in poorly ventilated or non-air-conditioned spaces. The United States Environmental Protection Agency reported that 986 workers across all industries died from exposure to heat in the US from 1992 to 2022. Thirty-four percent of those fatalities were in the construction industry. The Kentucky Occupational Safety and Health Surveillance Program (KOSHS)

found that 467 Kentucky workers visited the emergency department due to heat-related illnesses from 2019 to 2023. According to OSHA, three out of four heat-related deaths occur during a worker’s first week on the job. Employers should create and follow a plan to allow new and returning workers to acclimate to working in the heat. This should include shorter work periods with more frequent breaks, monitoring new workers for symptoms, and not allowing new workers to work alone. These increased precautions should last at least one to two weeks. Employers should also take the following steps to protect workers who are working in hot environments:

- Modify work schedules with mandatory increased breaks in cooler areas, scheduling work at

a cooler time of day, and rotating job functions to help minimize exertion or heat exposure.

- Provide cool water for workers to drink and remind workers to drink regularly, not just when thirsty. For longer jobs that exceed two hours, employers should provide electrolyte-containing beverages.
- When possible, use methods to make the environment cooler with air conditioning, misting fans, increased ventilation, reflective shields, etc. Reduce manual workload with mechanization where possible.
- Ensure workers are wearing light colored, loose fitting clothing that doesn’t trap heat or moisture. Some types of personal protective equipment can increase the risk of heat-related illness.

Employers should also train

all supervisors and workers how to identify and control heat hazards, recognize signs and symptoms, administer first aid, and to be ready to engage emergency medical services quickly. Common signs of heat exhaustion can include:

- Headache, nausea, dizziness
- Weakness, irritability
- Thirst, decreased urine
- Heavy sweating
- Elevated body temperature

If an employee experiences these symptoms, action should be taken to cool them down. This can include moving them to cooler area, removing unnecessary clothing, providing cool water, and cooling them with water, ice, or a fan. They should not be left alone and should be monitored.

Heat exhaustion can progress to heat stroke if not treated

promptly. Heat stroke is a life-threatening emergency and if any of the following symptoms are observed, 911 should be called immediately:

- Slurred speech, confusion
- Loss of consciousness
- Hot, dry skin or profuse sweating
- Very high body temperature
- Seizures

The OSHA-NIOSH Heat Safety Tool is a free app that employers can download to monitor heat hazards in real-time. The app uses heat index data and hourly forecasts from the National Weather Service to assign risk levels specific to your geographic location. Precautionary recommendations are provided based on the heat index risk level. The app also allows quick access to symptoms of heat illness and tips for first aid.

Public Notices

force and effect of a judgment. If the purchaser fails to pay the deposit or post a sufficient bond, the property will immediately be resold. The purchaser shall be required to assume and pay all taxes and assessments upon the property for the current tax year and all subsequent years. The sale of the real estate shall be made subject to such right of redemption as may exist in favor of the United States of America or the defendant(s), and all zoning and building regulations, restrictions, ordinances, easements, covenants, and rights-of-way, of record, or otherwise. The property shall be sold "As Is" "Where Is" and without warranty. Risk of loss shall pass to the purchaser upon execution of bond of sale or payment of the purchase price in full which ever occurs first. Possession of the real property will be given to the purchaser upon confirmation of the report of sale by the Jessamine Circuit Court, full payment of the purchase price plus any interest due, and delivery of a Commissioner's Deed to the purchaser. The property addresses contained herein are for convenience only. All properties will be sold pursuant to the legal description contained in the actions referenced herein. Further information regarding these sales, past sales, upcoming sales and FAQs can be found at www.JessamineMC.com.

SALE 1 – 138 Sims Drive, Nicholasville, 23-CI-648, Judgment amt. \$12,904.14, Parcel # 088-30-11-014.00

SALE 2-709 East Chestnut Street, Nicholasville, 20-CI-489, Judgment amt. \$12,278.34, Parcel # 058-40-03-051.00

Ellen L. Miller, Master Commissioner
102 West Maple Street
Nicholasville, KY 40356
859-885-1550

Jessamine Journal:
Aug. 7 and 14, 2025
AUG 2025 COMM SALE

Do you have available jobs?
Call 859-553-7057 to let others know about job opportunities at your business.

Public Notices

PUBLIC NOTICE

STORAGE YARD DENALI TOWING 604 BIZZELL DR LEXINGTON KY 40510

2018 Kia Sportage
Vin Holder Chrysler Capital
Lien KNDPNAC6J7321348

Jessamine Journal:
July 31, Aug. 7 and 14, 2025
AV/18 KIA

Do you have available jobs?
Call 859-553-7057 to let others know about job opportunities at your business.

Public Notice

CASE NUMBER 25-P-254

NOTICE is hereby given that Angel Kelley has qualified as Administratrix of the estate of Timothy Kelley, deceased of Jessamine County, Kentucky on July 24, 2025. All persons having claims against the said estate are requested to present the same properly proven as required by law to the aforesaid Angel Kelley, 100 Lakeshore Dr., Apt. 79, Lexington KY 40502 not later than January 24, 2026.

Doug Fain
Jessamine County Circuit Clerk

Jessamine Journal:
Aug. 7, 2025
EST/KELLEY, T.

Public Notice

CASE NUMBER 25-P-243

NOTICE is hereby given that Kimberly Rawlings has qualified as Executrix of the estate of Greg Rawlings, deceased of Jessamine County, Kentucky on July 17, 2025. All persons having claims against the said estate are requested to present the same properly proven as required by law to the aforesaid Kimberly Rawlings, 3233 Moorefield Rd., Carlisle, KY 40311 not later than January 17, 2026.

Doug Fain
Jessamine County Circuit Clerk

Jessamine Journal:
Aug. 7, 2025
EST/RAWLINGS, G.

Public Notices

PUBLIC NOTICE

CASE NUMBER 25-P-251

NOTICE is hereby given that Jennifer Nichols has qualified as Executrix of the estate of Daniel E. Sauls, deceased of Jessamine County, Kentucky on July 24, 2025. All persons having claims against the said estate are requested to present the same properly proven as required by law to the aforesaid Jennifer Nichols, 1979 Kirkwood Rd., Salvisa, KY 40372 not later than January 24, 2026.

Doug Fain
Jessamine County Circuit Clerk

Jessamine Journal:
Aug. 7, 2025
EST/SAULS, D.

Public Notice

CASE NUMBER 25-P-230

NOTICE is hereby given that Vincent Sorrell has qualified as Administrator of the estate of Bonnie Mae Sorrell, deceased of Jessamine County, Kentucky on July 24, 2025. All persons having claims against the said estate are requested to present the same properly proven as required by law to the aforesaid Vincent Sorrell, 250 Cave Run Circle, Versailles, KY 40383 or to his, attorney, Dan Thompson, P.O. Box 851, Somerset, KY 42602 not later than January 24, 2026.

Doug Fain
Jessamine County Circuit Clerk

Jessamine Journal:
Aug. 7, 2025
EST/SORRELL, B.

Public Notice

NOTICE OF ENACTMENT OF ORDINANCE

Notice is hereby given that the Jessamine County Fiscal Court on July 29, 2025 enacted an ordinance, the full text of which is available for public inspection in the office of the Jessamine County Clerk, Jessamine County Courthouse, Nicholasville, Kentucky 40356. The Ordinance by title and summary is as follows:
An Ordinance relating to: Amendment to the Administrative Manual under Section 6.4 Sick Leave
JESSAMINE COUNTY FISCAL COURT

Jessamine Journal:
Aug. 7, 2025
ORDINANCE/SICK LEAVE

Public Notice

The Jessamine County-City of Wilmore Joint Board of Adjustment will meet in regular session at 7:00pm, Thursday August 21, 2025 in the second-floor courtroom of the Jessamine County Courthouse located at 101 North Main Street, Nicholasville Kentucky. The

Public Notices

agenda will be as follows:
Old Business
No Old Business
New Business
Case #10691 – Application for a Dimensional Variance to reduce the required side yard setback from 15' to 8' submitted by James and Melanie Wyatt for property zoned A-1 (Non-Confirming) and located at 366 Hartley Drive, Jessamine County, Kentucky.
Case #10715 – Application for a Dimensional Variance to reduce the 200' side-yard building line to 125' submitted by Neal and Julie Clarke for property zoned A-1 and located at 4505 Keene-South Elkhorn Road, Jessamine County, Kentucky.
Case #10732 – Application for a Dimensional Variance to reduce the side-yard setback from 12' to 1.5' submitted by Fadi Bacha for property zoned A-1 and located at 430 Keene Manor Circle, Jessamine County, Kentucky.
Case #10734 – Application for a Conditional Use Permit to operate a Kentucky River Recreational Center submitted by John Pappas for property zoned A-1 and located at 7777 Old Danville Road, Jessamine County, Kentucky.

Jessamine Journal:
Aug. 7, 2025
MEETING 08.21.25

Public Notice

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An Ordinance relating to: Proposed Text Amendment to the Jessamine County Zoning Ordinance Section 4.22
JESSAMINE COUNTY FISCAL COURT

Jessamine Journal:
Aug. 7, 2025
ORDINANCE/ZONING

Public Notice

NOTICE OF ENACTMENT OF ORDINANCE

Notice is hereby given that on July 28, 2025, the Nicholasville City Commission enacted an ordinance, the full text of which is available for inspection in the office of the City Clerk, 517 North Main Street, Nicholasville, KY. The ordinance by title and summary: **ORDINANCE 190-2025: AN ORDINANCE AMENDING CHAPTER 23: UTILITIES, ARTICLE III. RATES AND CHARGES, SECTION 23-21: WATER RATES OF THE CODE OF ORDINANCES FOR THE CITY OF NICHOLASVILLE, KENTUCKY.** (This Ordinance amends the required service deposits for City of Nicholasville Utility customers to more accurately reflect current rates. Utility deposit rates have not been updated since 1989.)

Public Notices

KENTUCKY. (This Ordinance amends the water rates for City of Nicholasville water customers based on service studies.)

Notice of Enactment of Ordinance

Notice is hereby given that on July 28, 2025, the Nicholasville City Commission enacted an ordinance, the full text of which is available for inspection in the office of the City Clerk, 517 North Main Street, Nicholasville, KY. The ordinance by title and summary: **ORDINANCE 191-2025: AN ORDINANCE AMENDING CHAPTER 23: UTILITIES, ARTICLE III. RATES AND CHARGES, SECTION 23-22: WASTEWATER USER CHARGES, SUBSECTION D:SEWER RATES OF THE CODE OF ORDINANCES FOR THE CITY OF NICHOLASVILLE, KENTUCKY.** (This Ordinance amends sewer rates for City of Nicholasville customers based on service studies.)

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Notice is hereby given that on July 28, 2025, the Nicholasville City Commission enacted an ordinance, the full text of which is available for inspection in the office of the City Clerk, 517 North Main Street, Nicholasville, KY. The ordinance by title and summary: **ORDINANCE 192-2025: AN ORDINANCE AMENDING THE CODE OF ORDINANCES FOR THE CITY OF NICHOLASVILLE, KENTUCKY, CHAPTER 23, UTILITIES, ARTICLE III. RATES AND CHARGES, SECTION 23-23, ELECTRIC RATES.** (This Ordinance amends the previously existing rate schedules for City of Nicholasville's customers.)

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Notice is hereby given that on July 28, 2025, the Nicholasville City Commission enacted an ordinance, the full text of which is available for inspection in the office of the City Clerk, 517 North Main Street, Nicholasville, KY. The ordinance by title and summary: **ORDINANCE 193-2025: AN ORDINANCE AMENDING CHAPTER 23: UTILITIES, ARTICLE III. RATES AND CHARGES, SECTION 23-30: UTILITY SERVICE DEPOSITS AND REFUNDS OF THE CODE OF ORDINANCES FOR THE CITY OF NICHOLASVILLE, KENTUCKY.** (This Ordinance amends the required service deposits for City of Nicholasville Utility customers to more accurately reflect current rates. Utility deposit rates have not been updated since 1989.)

Notice of Enactment of Ordinance

Notice is hereby given that on July 28, 2025, the Nicholasville City Commission enacted an ordinance, the full text of which is available for inspection in the office of the City Clerk, 517 North Main Street, Nicholasville, KY. The ordinance by title and summary: **ORDINANCE 197-2025: AN ORDINANCE ESTABLISHING A DECREE OF ANNEXATION OF .42 ACRES OF REAL PROPERTY LOCATED AT 1151 JESSAMINE STATION INTO THE CITY OF NICHOLASVILLE, KENTUCKY.** [This Ordinance establishes a decree of annexation for the .42 acres of property located at 1151 Jessamine Station into the City of Nicholasville, Kentucky.]

Kathy Walker, City Clerk

Jessamine Journal:
Aug. 7, 2025
ORDINANCES

Public Notice

SHERIFF'S SALE

BY VIRTUE OF JUDGMENT AND ORDER OF SALE, IN CASE NO. 25-CI-00325 AND TO ME DIRECTED, ENTERED JULY 11, 2025 IN THE JESSAMINE CO. CIRCUIT COURT IN FAVOR OF KATHIE MAY-BEE dba Phoenix Farm AND AGAINST MAUREEN "LEIGH" GRIFFITHS dba Mabory Farm, I WILL ON THURSDAY, THE 28th DAY OF AUGUST AT 2:30 P.M. AT 1780 BARBORO LANE, NICHOLASVILLE, KY 40356 EXPOSE TO PUBLIC SALE, THE FOLLOWING THOROUGHBRED HORSES: i. 2024 yearling colt by Sky Mesa out of Bear Facts, by Kodiak Cowboy, born 02.07.2024; ii. Bear Facts, a 2011 ch. mare by Kodiak Cowboy out of l'vego-themuscin me, not in foal; iii. Jeannine's Vow, a 2006 ch. mare by Broken Vow out of El's Red Cat, not in foal; iv. Wine Goddess, a 2019 bay mare by Kantharos out of Bernadine by Bernardini, a maiden and not bred in 2024 or 2025; and v. Ukraine, a 2013 dkbb mare by US Ranger out of Sarah's World, and her 2025 foal, a bay colt by Slumber (GB) born April 21, 2025. I WILL PROCEED TO SELL SAID HORSES TO SATISFY THE AFORESAID JUDGMENT AND ALL COSTS ASSOCIATED THEREWITH TO THE HIGHEST BIDDER. TERMS: CASH, MONEY ORDER, CASHIER'S CHECK OR CERTIFIED FUNDS AT TIME OF SALE. CALL KATHIE MAY-BEE AT (859) 707-6033 FOR APPOINTMENT TO INSPECT SAID HORSES PRIOR TO SALE. SHERIFF OF JESSAMINE COUNTY

Jessamine Journal:
July 31, Aug. 7 and 14, 2025
SHERIFF'S SALE

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