Is it time to see an audiologist?

NEWS

BY TREY CLINE

University of Kentucky

7hen you think about getting your health checked, you probably think of visiting a primary care doctor or dentist. But have you ever thought about your hearing? If you've noticed changes in how you hear or experience things like ringing in your ears or dizziness, it may be time to visit an au-

What is an audiologist?

An audiologist is a licensed healthcare professional who specializes in evaluating, diagnosing and managing hearing and balance disorders. Audiologists work with patients of all ages, from newborns to older adults, and play an essential role in helping people stay connected to their world through better hearing and communication.

Audiologists can:

- Complete comprehensive hearing tests to assess the type and degree of hearing loss
- Recommend appropriate intervention options such as hearing aids, cochlear implants, and/or assistive listening devices
 - Complete advanced testing to as-

sess and manage balance disorders re- it's hard to hear or keep up lated to the inner ear

- Fit and manage hearing aids, cochlear implants, and assistive listening
- Diagnose and manage tinnitus (ringing or buzzing in the ears)
- Offer counseling and education for patients and families
- Provide hearing protection and preventative care for those at risk of noise-induced hearing loss

How do I know if I need to see an audiologist?

Hearing loss is often gradual and many people may not notice the signs right away. Here are some common symptoms that may indicate it is time to schedule an evaluation with an audiologist:

- You frequently ask people to repeat
- Conversations are hard to follow, especially in noisy environments
- You think others are mumbling or speaking too softly
- You need to turn up the volume on the TV or radio
- You hear a ringing or buzzing sound (tinnitus) that nobody else hears
- You feel off balance or dizzy, especially when standing or walking
 - You avoid social situations because

Even children can benefit from audiologic care. If your child isn't meeting speech and language milestones, doesn't respond to their name, or has frequent ear infections, an audiologist can help determine if hearing is part of the issue.

Why hearing health matters

Hearing is critical to communication, relationships, learning, and safety. Untreated hearing loss has been linked to social isolation, depression, and even cognitive decline in older adults. The good news is that early intervention can improve quality of life and overall well-being.

What to expect at an audiology appointment

A typical visit with an audiologist includes a detailed conversation about your hearing history, symptoms, and lifestyle needs. You'll undergo a comprehensive audiologic evaluation (hearing test) in a sound-treated booth to determine your hearing sensitivity. Based on the results, the audiologist will discuss management options — whether that's hearing aids, a cochlear implant evaluation, medical referral, communication strategies, or simple hearing protection tips.



(Photo by Mark Paton/Unsplash)

Take the first step

If you suspect you're experiencing hearing or balance issues or simply want to take a proactive approach to your health, an audiologist can provide the answers and support you need. Just like eye exams and dental visits, hearing check-ups should be part of your routine health care, especially as individuals age or have been regularly exposed to loud environments.

Dr. John Langefeld to become new commissioner of the Kentucky Department for Public Health

BY MELISSA PATRICK

Kentucky Health News

ov. Andy Beshear announced Tuesday, June 17, that Dr. John Langefeld will become the new commissioner of the Kentucky Department for Public Health on July 1. Langefeld succeeds Dr. Steven

Stack, who will transition to his new role as the Cabinet for Health and Family Services secretary on July 1.

"Team Kentucky believes that health care is a basic human right - one which Dr. Langefeld has dedicated his life to," Beshear said in a news release. "With his wealth of experience and proven commitment to the health and well-being of Kentuckians, I am confident that Dr. Langefeld will help us build on our efforts to and safe."

Langefeld currently serves as the medical director for Health Insights and Innovation at CHFS. The release notes that he has more than 30 years of health care leadership experience, including having served as the chief medical officer of the Kentucky Department for Medicaid Services. "I am honored to continue serving

Kentucky in this critical capacity. My focus will be on shifting our focus upstream, from not only treating illness but nurturing health and well-being," Langefeld said in the release. "This means enhancing social supports, expanding mental health resources, prioritizing preventive screenings, enhancing health policy through community engagement, and inno-

keep Kentuckians informed, healthy vative, data-driven strategies. Our align our efforts around true health, true measure of success will not just be the treatments we deliver, but how the people in our communities grow healthier, stronger and more resil-

> KDPH is responsible for developing and operating state public health programs and activities for all Kentuckians. Its mission is to "improve the health and safety of people in Kentucky through prevention of negative health outcomes, promotion of healthy lifestyles and protection from diseases, injury and environmental health impacts," according to the re-

> "Our work is about real people, with real lives, whose stories intersect at the crossroads of policy and practice," saiLangefeld. "When we

rather than isolated programs, we can deliver life-changing outcomes for every Kentuckian. My 'why' is simple: I believe in Kentucky, in our people, in the power of shared purpose, and the promise of collective action. Together, let's ensure every heartbeat in our commonwealth resonates with vitality and hope."

According to the release, Langefeld is a native Kentuckian and earned his medical degree from the University of Louisville School of Medicine after graduating from Berea College with a bachelor's degree in biology. He completed his residency in family medicine at St. Elizabeth Medical Center in Edgewood. He is a diplomat of the American Board of Family Medicine.

Public Notices

PUBLIC NOTICE

NOTICE IS HEREBY GIVEN THAT THE FOLLOWING IN-DIVIDUALS HAVE QUALILIED AS FIDUCIARIES OF THE FOLLOWING ESTATES. ALL PERSONS HAVING CLAIMS AGAINST SAID ESTATES SHALL PRESENT THEM VAR-IFIED ACCORDING TO LAW ON/BEFORE DECEMBER

ESTATE OF: JEFFREY ALAN 90 GREG DRIVE, HUSTONVILLE, KY 40437; THAN CUTLER, 110 EAST LEXINGTON STREET STE. 1, HARRODSBURG, KY 40330, APPOINTED AS PUBLIC AD-MINISTRATOR ON 06/05/2025 GARLAN JOSEPH VANHOOK 904 LANCASTER STREET STANFORD, KY 40484, ATTY

ESTATE OF: JACQUELINE 3544 DANVILLE LANCASTER, KY DONNA DAVIS, 3544 ROAD. 40444; DANVILLE ROAD, LANCAST-ER, KY 40444, APPOINTED AS ADMINISTRATRIX ON 06/09/2025; CHRIS A. WHIT-WORTH, PO BOX 363, LAN-CASTER, KY 40444, ATTY

THE FOLLOWING IS A LIST OF SETTLEMENTS WHICH HAVE BEEN FILED IN THE OFFICE OF ANGELIA DOOLIN CLERK OF THE LINCOLN DISTRICT COURT. HEARING FOR EX-CEPTIONS IS SET FOR JULY 31, 2025. ANY EXCEPTIONS MUST BE FILED WITH THE FIDUCIARY ON/OR BEFORE JULY 29, 2025.

ESTATE OF: AMELIA M. HUB-

JOHN BRUCE HUBBLE, EX-**ECUTOR**

EDWARD G. MAY, ATTY

Interior Journal: Jun. 26, 2025 **PROBATES**

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PUBLIC NOTICE Shubh Sonu Inc hereby de-

clares its intention(s) to apply for a NQ Retail Malt Beverage Package no later than June 27, 2025. The licensed premises will be located at 835 US Highway 27N, Stanford, KY 40484. The sole owner and president is Shaileshkumar Patel, 215 Lynn Anne Ct, Somerset, KY 42503. Any person, association, corporation, or body politic may protest the granting of the license(s) by writing the Department of Alcoholic Beverage Control, 500 Mero St 2NE33, Frankfort, Kentucky, 40601, within thirty (30) days of the date of legal publication.

Interior Journal: June 26, 2025 SHUBH SONU INC

Public Notices

PUBLIC NOTICE

COMMISSIONER'S SALES COMMONWEALTH
OF KENTUCKY
28TH JUDICIAL DISTRICT LINCOLN CIRCUIT COURT

Pursuant to the Judgments and Orders of Sale of the Lincoln Circuit Court, the Master Commissioner of the Lincoln Circuit Court will sell the real properties described in the following Civil Actions at the front door on the outside of the Lincoln County Courthouse, on JULY 8, 2025, at the hour of 10:00 AM, or as soon thereafter as said property can be sold. The pur-pose of these sale is to satisfy the Judgements of the Lincoln Circuit Court in the amounts hereinafter set forth, together with interest, advances for the protection of the property, costs and attorney fees as authorized and provided in said Judgements

The hereinafter described real properties will be sold and conveyed on the following terms and conditions:

1. Subject to valid and existing easements, restrictions, reservations, conditions, covenants, and limitations apparent or of record in the chain of title.

2. The purchaser shall either pay the entire purchase price at the time of sale; or if the sale is made on credit, the purchaser shall pay a minimum deposit of 10% of the purchase price with the balance due in 30 days. If the sale is made on credit, the purchaser shall pay the required deposit at the time of sale and execute bond for the balance due bearing interest at the rate the Judgement bears from the date of sale until paid, with SURETY THEREON AND SAID SURETY MUST BE PRESENT AT THE SALE AND APPROVED BY THE MASTER COMMISSIONER; and the bond shall be secured by a lien upon said property sold which shall have the full force and effect of a judgement.

- 3. The real properties shall be sold free and clear of all liens, indebtedness, interest and claims of the parties to the proceeding, subject to any and all applicable statutory rights of redemptions, including and Right of Redemption granted to the United States of America pursuant to 28 U.S.C Sec. 2410.
- 4. Delinquent ad valorem taxes will be paid out of the proceeds The purchaser will be responsible for payment of the 2025 ad valorem taxes. Possession of the real property will be given to the purchaser with the delivery of the deed of conveyance thereto.

SALE NO. 1 ANP TAX LIEN COMPANY, LLC V SHEILA FOISTER CIV-IL ACTION NO. 24-CI-00041;

Public Notices

JUDGMENT IN THE AMOUNT OF \$5,873.84; BEING TRACT 3-B-2, SECTION 1-A RIVER RIDGE SUBDIVISION PLAT CABINET B SLIDE 3 LINCOLN COUNTY CLERK; SEE DEED BOOK 235 PAGE 4; PVA MAP #035-01-08-001.00

SALE NO. 2 MID SOUTH CAPITAL PART-NERS LP ET AL V JEFFREY **DENNY ET AL; CIVIL ACTION** NO. 21-CI-00035; JUDG-MENT IN THE AMOUNT OF \$7,199.78; BEING THE PROP-ERTY AT 71 A.K. CALDWELL LANE WAYNESBURG, KY 40489; SEE DEED BOOK 249 PAGE 510; SEE PVA MAP #WB-01-004

SALE NO. 3 RICHARD HOGUE V SCOTT DANIEL JOHNSON ET AL CIV-IL ACTION NO 22-CI-00287; BEING A TRACT OF LAND WITH A 1998 FLEETWOOD MOBILE HOME CONTAINING BETWEEN 5 TO 6 ACRES LO-CATED AT 590 BERRY HOL-LOW ROAD STANFORD, KY. SEE DEED BOOK 365 PAGE 597, DEED BOOK 447 PAGE 772 AND PVA MAP #53-109A

ROBERT R. BAKER MASTER COMMISSIONER LINCON CIRCUIT COURT

Interior Journal: Jun. 19, 26 and Jul. 3, 2025 **SALE 7.8.25**

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