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on the farm and property of Jane Bowman at Summer Shade.

LEGAL NOTICE

LEGAL NOTICE

FIDUCIARIES HAVE BEEN APPOINTED IN THE METCALFE DISTRICT COURT IN THE FOLLOWING ESTATES DURING THE MONTH OF SEPTEMBER, 2025. ALL CLAIMS OF CREDITORS MUST BE MADE AGAINST THESE ESTATES NO LATER THAN SIX MONTHS FROM DATE OF APPOINTMENT BY FILING A CLAIM WITH THE PERSONAL REPRESENTATIVE OR THE PROBATE CLERK OF THE METCALFE DISTRICT COURT PURSUANT TO KRS CHAPTER 396.

Case# 25-P-00073, Estate of Geneva England, 550 Society Hill Road, Edmonton, KY 42129, Lisa Mae Doss – Administratrix, 300 Rogers Street, Edmonton, KY 42129, Nicholas A. Carter, Attorney, P.O. Box 155, Tompkinsville, KY 42167, Date of Appointment: 09/17/2025



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•FRAUD CONTINUED FROM PAGE SEVEN

law enforcement during the investigation.

The United States Attorney's Office for the Eastern District of Kentucky agrees not to pursue additional charges against the defendant based on current information.

The U.S. will recommend releasing the defendant

on current conditions for future court appearances, assuming no violations.

If the defendant meets the conditions for "acceptance of responsibility," the government will support the recommended offense level reduction.

The document explicitly states that the court

is not bound by the parties' sentencing recommendations.

The plea agreement does not impact any administrative remedies pursued by the USDA.

This situation, others associated with it and ones like it containing the same fraudulent payouts, has affected the costs associated

with a program so very needed by tobacco farmers contributing to an operation of integrity. The Federal Bureau of Investigation has uncovered \$40 million dollar Kentucky fraud involving tobacco crop insurance. Birge is but one of the 23 individuals having been charged and another 17 getting fines and penalties.

•RED DYE CONTINUED FROM PAGE TEN

Candies and Sweets: Certain brands of candy corn, gummies (like Trolli Sour Crunchy Crawlers), jelly beans, fruit snacks, lollipops, and Pez.

Baking Decorations: Sprinkles, frostings, and icings, especially those with red or pink coloring.

Beverages and Dairy: Some brands of strawberry milk (e.g., Nesquik, TruMoo), fruit-flavored drinks, fruit punches, nutritional shakes, ice cream, and popsicles; and

Savory and Processed Foods: Imitation bacon bits, some smoked sausages and hot dogs, maraschino cherries, and certain microwaveable meals like instant mashed potato mixes.

Erica Callahan, D.C., M.S.A.C.N., Associate Dean of Chiropractic Education at Campbellsville

University, offered her perspective on food additives and recent legislative changes.

"As a healthcare provider who believes in the power of real, wholesome food, I've long encouraged families to stick to natural ingredients whenever possible," explained Dr. Callahan. "Unfortunately, over the last few decades, our food supply—especially in the U.S.—has become filled with additives and artificial chemicals. These are used to make products look brighter, last longer, and taste more appealing on store shelves. But what's added for convenience may come at a cost to our health."

Dr. Callahan also emphasized that from a nutritional standpoint, there is no need for red dyes in our diet.

"These additives are used

purely for appearance—not for taste, nutrition, or safety," she said. "Thankfully, nature already provides alternatives. Ingredients like beet juice or beet sugar can add a similar splash of color without the potential health concerns. While naturally colored foods might not pop quite as brightly as that deep red cereal, they are far less likely to carry hidden risks."

However, Dr. Callahan also noted that the presence of a red dye does not automatically make a food unhealthy.

"Unless someone has a known allergy or sensitivity, enjoying a brightly colored treat every now and then isn't the end of the world," she explained. "The key is balance. We don't aim for perfection—we aim for better choices, more often. That means

choosing foods with fewer ingredients, made with whole and recognizable items, and ideally sourced close to home, like from local farmers' markets.

When we focus on real, minimally processed foods, we give our bodies what they need to grow, heal, and thrive—without making them work overtime to process and eliminate unnecessary chemicals."

In a future publication, Part II will highlight the still-legal and widely-popular Red Dye No. 40, as well as its reported health and behavioral effects on children.

It will feature more information from Dr. Erica Callahan, as well as testimonials from two local families who will share their experiences with behavioral changes in their children after eliminating artificial dyes.