THE HARRODSBURG HERALD • HARRODSBURG, KENTUCKY • WWW.HARRODSBURGHERALD.COM • Thursday, August 25, 2025 PAGE 3B Traveling Safe: Value security over convenience while traveling



Financial Focus

Allen Goldie Goldie Financial Financial Advisor

As more of our transactions take place in the digital world, more of our personally identifiable information (PII) is available to others. While PII provides the ability to quickly identify individuals, it also allows bad actors to steal your identity and act on your behalf without your consent. Criminals are constantly evolving their tactics to trick unsuspecting people into exposing personal information unknowingly. When traveling our

are targeted by bad actors. tive information. Please utilize the information below to stay secure your USB cord to use an outwhen traveling.

Best Practices for your risk. Traveling Safe

It's important to remain vigilant while traveling and to always be aware of your **for payments** surroundings. Before you take your next trip, here are using debit cards for pursome things to consider to stay protected.

Avoid using public Wi-Fi

Typically, these networks are unsecured and should only be accessed after enabling a Virtual Private to your accounts to monitor Network (VPN) or a mobile hotspot to keep yourself protected.

Using VPN will encrypt your data and hide vour IP address, making for safer internet browsing.

Be wary of public USB charging stations

Public USB charg-

information can still be at ing stations have the poten- common scams in the area Network? risk. Tourists experience a tial to be loaded with malhigher rate of scams because ware which could allow bad they are new to that area and actors to access your sensi-

> Add a 'block' to let for charging and reduce

Use a portable char-• ger to charge devices.

Avoid using a debit card

If possible, avoid chases while traveling and use credit cards or third-party apps (Apple Pay, PayPal, etc) because it's easier to submit fraud claims.

Protect your accounts

Add purchase alerts unauthorized transactions.

If possible, add • security alerts to your accounts so you'll receive notifications for any changes made to the security settings of your account.

Research the location of your travels

Educate yourself on

you may be traveling to.

Stay vigilant of your surroundings and know how to contact local authorities.

Protect your devices

• Keep your devices close and secure when in public places such as hotels, restaurants, and airports.

• Be cautious of shoulder surfers who may try to steal your information by looking at your screen.

International Travel

International travel can create more opportunities for bad actors to take advantage of you and try to steal your information. Stay vigilant when traveling internationally and read about local scams in the area that you are traveling to. Please only connect to Wi-Fi that is trustworthy with strong passwords and that is not available for anyone else's use. It is recommended that you use a Virtual Private Network to connect securely.

What is a Virtual Private

Network, is a service that creates a secure, encrypted connection between your device and the internet. This connection helps protect your online activities from being monitored or intercepted by others. They hide your IP address and encrypt your internet traffic, making it difficult for anyone to track your online activities which can help protect your data from hackers, especially when using public Wi-Fi networks, and help you stay anonymous online by mask-

ing your location and iden-

tity.

(Editor's Note: Because A VPN, or Virtual Private of the possibility of human or mechanical error by Wealth Management Systems Inc. or its sources, neither Wealth Management Systems Inc. nor its sources guarantees the accuracy, adequacy, completeness or availability of any information and is not responsible for any errors or omissions or for the results obtained from the use of such information. In no event shall Wealth Management Systems Inc. be liable for any indirect, special or consequential damages in connection with subscriber's or others' use of the content.)



SELF-SERVICE MINI-STORAGE SALE

Notice is hereby given that Will-Store, pursuant to KRS 359.230 has placed an operator's lien against the contents of a storage united rented to Michael Follmer Sr. The contents of these unit will be sold, to satisfy said lien, at public auction to the highest and best bidder on Saturday March 22nd 2025 @ 9:00 A.M. at 207 Pinehurst Harrodsburg, KY 40330.

The purpose of the sale is to raise \$435.00 for rent plus cost of advertising and sale. Purchases must be paid for at the time of sale in cash only. All items are purchased as is, where is, and must be removed at the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party.

INVITATION TO BID:

The City of Harrodsburg Cemetery Department is seeking sealed bids for weed eating and mowing at Spring Hill Cemetery, 529 N. Greenville Street on an as-needed basis. Bids should be submitted on a per unit cost for each service performed. For additional information on qualifications and expectations, please stop by the Spring Hill Cemetery office during normal business hours or call (859) 734-2258.

Bids must be submitted to Harrodsburg City Hall, 208 South

McDowell Foundation allocates funds for behavioral health expansion

Brandie James Philanthropy Coordinator Ephraim McDowell Health Care Foundation Inc.

The Ephraim McDowell Health Care Foundation, Inc. has awarded \$58,000 - entirely funded by donor support - to expand outpatient behavioral health services at Ephraim McDowell Health (EMH). This investment is a critical step in addressing the region's growing need for mental health resources.

The allocation of these donor-funded dollars was guided by the most recent Community Health Needs Assessment (CHNA), which identified mental health and substance abuse as the leading health challenges in vices play a vital role in our commitment to improvaddressing these concerns ing lives and supporting by providing professional those on their journey to support to individuals fac- recovery and wellness.' ing mental health challenges and addiction, as well as directly resources for their families. health needs by increas-The assessment revealed ing the number of patients substantial gaps in access to who can be served through care, underscoring the need for expanded services.

"Our Community Health vice line. Needs Assessment highlighted the critical demand Behavioral Health is locatfor behavioral health servic- ed at 124 Daniel Drive in es in our region," said Laura Richard, Executive Director and children ages 5 and older. of the Ephraim McDowell Health Care Foundation, also includes five advanced Inc. "Thanks to the gener- practice nurse practitioners osity of our donors, we are able to make a meaningful ers. Telehealth services are impact by expanding access available for patients as

EMH's six-county service to essential mental health needed. New patients are area. Behavioral health ser- care. This funding reflects

> This expansion will impact mental Ephraim McDowell's outpatient behavioral health ser-

> Ephraim McDowell Danville and serves adults Besides Dr. Larson, the staff and two clinical social work

scheduled only with a referral from a primary care provider.

The Ephraim McDowell Health Care Foundation, Inc. has been dedicated to improving the health of communities served by Ephraim McDowell Health for more than a quarter-century. Through philanthropic support and community outreach, the Foundation helps provide advanced, comprehensive, and compassionate care to patients while addressing critical health challenges in the region.

For more information about the Foundation, please visit emhealth.org/healthcare-foundation or contact Laura Richard at ldirchard@ emhealth.org.

Growth and employment can be found in Mercer



week and last with career also have the school of fairs, school open houses nursing, the skilled trainand Scholarship Shoppe. ing center with HVAC and looking for health profes-We love to see young peo- welding, and the school of ple and hear what their chiropractic. Regionally Breeze our new manufacplans are after high school we live close to two turer will be looking for or college. There are quite Bluegrass Community employees so be looking a few opportunities in our community and region for and Lawrenceburg and jobs and higher education. they have a great menu high school we have the also. Campbellsville University

We have been busy this tificate programs? They

Park, Shaker Village and Beaumont Inn to name a few. Nursestat is always sionals to place. Earth

Chamber Chat Jill Cutler **Executive Director** Mercer Chamber of Commerce

Tech campuses in Danville Did you know after of certificates and degrees

Jobs are opening for Harrodsburg campus with seasonal employment an array of classes and cer- at Old Fort Harrod State

for those to open very soon.

We appreciate these options being so close by and affordable schooling for our residents. If you don't need any of these, please help pass the word!

Photo Submitted Luthe receives **Scholarship** from Chamber Foundation Funds. Campbellsville Harrodsb University-Harrodsburg welding student Chloe Luthe, pictured with instructor her Jim Lamirande, recently received the Ruth Ann

Bryant Scholarship from the Mercer County Chamber Foundation, Inc. For more information of this 2025 scholarship contact info@ mercerchamber.com

HERALD



\$24.95 for one year; \$18.95 for 6 months; or \$1.95 per week.

ONLINE EDITION



Main Street, Harrodsburg, KY 40330, or via email to smaynard@ harrodsburgky.gov no later than 4pm Thursday, April 3, 2025.

Bids will be opened on the conference room on Friday, April 4, 2025 at 8:30am. The bid winner will be announced at the Harrodsburg City Commission meeting on Monday, April 14, 2025 at noon. The City of Harrodsburg reserves the right to waive formalities and reject any and all bids or to accept other than the lowest bid evaluated if deemed in the best interest of the City.

PUBLIC NOTICE

BUDGET HEARING REGARDING PROPOSED USE OF COUNTY ROAD AID AND LOCAL GOVERNMENT ECONOMIC ASSISTANCE (LGEA) FUNDS

A public hearing will be held by Mercer County at the courthouse on April 8, 2025 at 10 am for the purpose of obtaining citizen comments regarding the possible uses of the County Road Aid (CRA) and Local Government Economic Assistance (LGEA)

All interested persons in Mercer County are invited to the hearing to submit verbal or written comments on possible uses of the CRA and LGEA Funds. Any person(s) who cannot submit written comments or attend the public hearing but wish to submit comments, should call the office of the county judge/ executive at (859)734-6300 by 4:30 pm on Friday, April 4, 2025, so arrangements can be made to secure their comments.

Anderson Co. Conservation District seeks Administrative Secretary

Primary job responsibilities include administering state cost-share programs and funding for local residents, attending monthly District Board and Junior Conservation Board meetings, handling all business needs of the district (budgeting, recordkeeping, filing taxes, etc.). Other tasks include answering phone calls, emails, and walk-in requests for assistance.

Must be able to prioritize workloads to complete reports and tasks in a timely manner. Superior organizational skills are required to meet mandatory deadlines.

The candidate should excel at working effectively and professionally with representatives from many different federal, state, and local agencies, etc. Must be skilled in Microsoft Office programs, Quickbooks, payroll, and social media

Agricultural knowledge and experience is a plus.

This is a part-time position (not to exceed 100 hours per month) with a starting salary of \$18/hour with the potential for wage increases after a 6-month probationary period. Hours are flexible. Minimum education requirements include a high school diploma or equivalent.

This position requires a background check. Interested applicants may submit an electronic (MS Word or .pdf) resume and at least three references to andersonco.conservationdistrict@yahoo.com by 2:00 pm Eastern on March 20, 2025. Resumes will also be accepted at 1067 Corporate Drive, Lawrenceburg

Questions may be directed to Beverly McElwain at (502) 604-6101.