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07-10-25

Super Crossword

NATIONAL DATA

ACROSS

1 Bumper-car carnival ride

7 TV title alien

10 Garden pond fish

13 Cause to blunder

19 Cook too long

20 Ned of NASCAR

22 Ned of "The D.A."

23 Appear gradually, as a scene

24 "No, seriously!"

25 Surrounded by

26 Mountain laurel

29 Clumsy type

30 Stocking stuffer

31 It's charged

32 Alternative to ChapStick

37 "Old Folks at Home"

44 Vital artery

45 Spellbound

47 1989-2007 senator Trent

48 Stein fillers

49 Blue spruce

53 Propose a date to

55 Author Ferber

56 Pro — (in proportion)

57 "— a customer"

59 Joe of "GoodFellas"

60 Clinton aide Myers

62 Susan of "Goldengirl"

64 Eurasian animal with antlers

66 "North to the Future"

70 Used up

74 118-Across was one

75 Printing goofs

80 Humdinger

81 Reformer Ralph

84 "OK" from Tom Sawyer to Aunt Polly

86 Workplace welfare org.

87 Fuddy-duddies

89 Topaz

92 Relative of a lutz

93 Bullfight yells

95 Israeli airline

96 Right wrongs

97 Cactus wren

101 Went in

103 To the — power

104 Savings acct. accrual

105 Hail, basically

106 Some legislators (or the theme of this puzzle?)

117 Arrived by plane

118 Opera legend Pavarotti

119 Make a comment

120 Response to "You'd never do that!"

121 Ill-fated NASA mission of 1967

122 And others, to Ovid

123 Dwelt

124 Round bread of India

125 Subj. for some immigrants

126 Passable

DOWN

1 Tip politely, as one's hat

2 Human face's shape

3 Whoop- — (extravagant fanfare)

4 Expanded

5 Sedgwick of Warhol films

6 Marilyn of "Niagara"

7 In — (pronto)

8 Desktop illuminator

9 No longer being detained

10 Sax celebrity

11 Soulful Redding

12 Really tiny

13 "Saturday Night Fever" star

14 Hard Italian cheese

15 "Sure, put me down"

16 Toenail treatment, informally

17 Astral bear

18 Coffee holder

21 Rambled

27 Mexican city due south of Dallas

28 Elevate

32 Waiting with — breath

33 2013 Grammy winner for "Royals"

34 Dunne of classic films

35 Lieu

36 Chinese ideal

37 California county whose seat is Fairfield

38 Sign word after "Ye"

39 Stocking stuffer

40 Worked on a leaf collection?

41 "You beat me"

42 Tennis tie

43 Up and about

46 Gained access to

50 Refrigeration fluid

51 Workers with shingles, maybe

52 Kofi, once of the U.N.

54 Caveman's weapon

58 Scrub nurses' sites, in brief

61 Be hammy

63 Tribal pole emblem

65 — Mountain (Vermont ski resort)

67 Two fives

68 — Mary-mount

69 Stadium's kin

70 Britcom of the '90s

71 Pope before Paul V

72 Coors offering

73 Trade group

76 GPS calculation

77 1941 Oscar winner Mary

78 Scottish title

79 Emitted a contented sigh

82 Ending for golden or New

83 Arnaz of TV

85 Decide on

88 Toned down

90 Outside clearance event, of a sort

91 Quite chubby

94 Bert with lion lines

98 Not delayed

99 Diamond substitute

100 Baseball pioneer Buck

102 Came closer

105 One way to fry food

106 Chunky slice

107 Garr of films

108 Spellbound

109 Flair

110 Cocooned insect

111 Son of Seth

112 Head, in Haiti

113 Classroom

114 Glen

115 Bard's Ireland

116 Revue sketch

117 Pill-OK'ing agcy.

•COOL

Continued from page six

The Mayo Clinic lists these factors that may limit your ability to regulate your body temperature:

•Being older.

•Being overweight.

•Having certain health conditions.

•Taking certain medicines.

The risk of a heat-related illness also rises with:

•High humidity which prevents sweat from evaporating as quickly to cool down your body.

•High elevation which increases your chances of dehydration and sunburn.

•Strenuous exercise or activity, like hiking or biking in hot weather.

Heat Exhaustion

Heat exhaustion is more likely to occur if you are dehydrated (reduces your ability to sweat), consume alcohol (affects body temperature control), or wear overly constrictive clothing that prevents sweat evaporation.

Heat exhaustion can develop suddenly or gradually. Symptoms may include:

•Cool, moist skin with goose bumps when in the heat.

•Heavy sweating.

•Faintness or dizziness.

•Fatigue.

•Weak, rapid pulse.

•Low blood pressure upon standing.

•Muscle cramps.

•Nausea.

•Headache.

If you suspect that you have heat exhaustion, do the following:

•Stop all activity and rest.

•Move to a cooler place. Go inside an air-conditioned place if you can, or seek shade.

•Drink cool water or a sports drink.

Untreated, heat exhaustion can lead to heatstroke. Contact your doctor if your symptoms worsen or don't improve within an hour. If you're with someone who you suspect has heat exhaustion, call 911 for medical help if the person:

•Becomes confused or distressed.

•Loses consciousness.

•Is not able to drink.

•Has a core body temperature that reaches 104 degrees Fahrenheit or higher.

Heatstroke

Heatstroke is a life-threatening condition usually caused by prolonged exposure to high temperatures or physical activity in high temperatures. Excessive clothing, drinking alcohol, and dehydration can also

contribute.

Possible symptoms include:

•A core body temperature of 104 degrees Fahrenheit or higher.

•Confusion, agitation, slurred speech, irritability, delirium, seizures, or coma.

•Nausea and vomiting.

•Flushed skin or changes in skin color.

•Rapid, shallow breathing.

•Rapid heart rate.

•Headache.

If you suspect someone is experiencing heatstroke, call 911 or your local emergency number, and while waiting for medical help, cool the person by:

•Move the person to a cooler location, such as shade or an air-conditioned place.

•Place the person in an ice water bath while providing head support. This is the best way to quickly reduce the person's core body temperature.

•Give the person a cold shower or place ice packs or cold, wet towels on the person's head, neck, armpits, and groin.

•Direct a fan at the person.

•Remove the person's extra clothing.