## **OPINIONS**

The opinion page does not reflect the views of the KyNewsGroup.



## Heaven Is **A Lot Like Kentucky**

By Charles Mattox

I've been diving a little deeper than normal with my Native American research of late, dear reader.

I'm particularly hung up on the activities of the native population about two thousand years ago, during ANCIENT SYMBOLS

what archaeologist call the late Woodland time period.

The Woodland period was a time when the Native American groups that lived in the Ohio River Valley became more involved in earthwork projects and burial mound construction.

Human artistry reached new heights of design, manufacture and ceremonial use.

Although the woodland people: Adena and Hopewell cultures, still hunted and gathered for most of their resources, farming played a bigger role in the lifestyles of the inhabitants of villages that reached populations of upward to 50 individuals. And

languages that we are as of yet aware of, they left their marks and symbols.

One of the symbols I continue to find on Hopewell village sites are the swirling designs that some archaeologists suggests is a symbol for water.

From interpreting the artistic works of the people who occupied this area, we know they were deeply religious and conducted their everyday life activities around their religion and it likely played a hand in the construction of the various geometrical earthworks and burial mounds in northeast Kentucky.

About 30 years I found

throw on a backpack and

head off into the woods

for several hours, until I

get worn out and it's time

to head back home. That's

how I ultimately dealt with

a bout of serious depres-

sion in the mid-20s. When

I was at my lowest, and life

felt its heaviest, I remem-

ber putting my pack on

one hot August afternoon

and moving some miles

under my feet in the Clear

Creek area. I pushed until

my feet wouldn't carry me

any further. I sweated and

struggled, and then, like a

blot of lightning inside of

me, the depression lifted,

long enough for me to push

back to my car. It took a

long time to get my mind

back on a better track, but

that was a start, the experi-

ence and then the memory

of what it was like to not

carry those heavy feelings.

decades ago, that memory

of freedom still helps me to

keep going today. I've had

further epiphanies in the

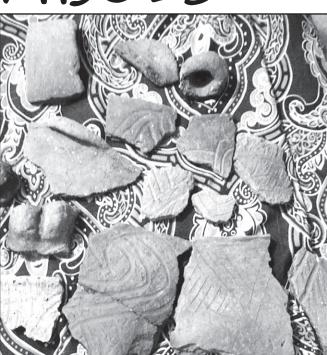
woods in the years since. I

will keep looking for them.

Even though it's been

a series of broken pottery shards in a Mason County tobacco patch that had examples of the design as well as other geometrical designs, such as the chevron design along with the swirling symbols.

We believe that the Native woodland people held to the notion of their being two worlds they lived in: The above world and the below world where various creatures and entities along with symbols shaped the future of the villagers and how they approached the different seasons and how that impacted agricul-



By Cecil Lawson

I realize now, looking back on the past five decades of my life, how privileged I was to be able to enjoy the surrounding wilderness before civilization began to encroach.

My parents allowed me to roam freely into neighbor's property and ride my bicycle for miles, to be gone for hours at a time, exploring, wandering, following my curiosity.

Except for sometimes riding my dirt bike on the main road, I never really felt in danger. I felt safer in the woods than any place else, far away from people. I didn't worry about getting hurt or lost, because I had a vague notion of where I was headed.

People like to say it was a different time back then, but I wonder if it's not that much different now, except that kids tend to stay close to home, and the population has noticeably grown.

It's been heartbreaking for me to see so many place I had visited in my youth now developed into

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## THE LIGHTNING

### FLASH OF EXPERIENCE

residential areas, gates and fences put in place, and some landscapes no longer recognizable. Moore's Ferry, where I

grew up, is a lot different now. The last time I took a long walk in my childhood woods, I spent as much time worrying about walking through someone's back yard or being picked up on a trail camera as I did enjoying the forest.

Sometime in the late 1980s, over summer break, I got in the habit of riding my bicycle from home to the Ore Mines community and exploring the hills there. I would park my bicycle under some brush and follow old tractor trails and deer paths along the hillsides. I would ride back home, satisfied and yet planning for my next trip, and mom would have dinner almost ready.

When I had my driver's license, and my grandmother let me drive her little car the following vear. I returned to the same area. I once drove through an area now gated off and dodged enormous potholes on the old gravel roadway. This was a time I had never felt so free, and I look back on it with some fondness.

I've always idealized the kind of freedom to just

# From the Table

By Tim Bailey

Well I am finally back at the cabin. Just like the ole wive's tale, when company stays more than 9 months, something begins to smell, or was that more than 3 days? I was made to stay at my sister's, so really didn't homestead after all. I think Shawn, Robin, Karson, and Bailey really wanted me to move in. Now that I am as close to normal as I can be the need to get back and clean up the cabin is

You know if something is left alone, it will run down and it needs a little cleaning. I still can't believe the cabin has been there 25 years this May!! I have been in and out of it so much, it feels like a new place each time. Maybe this time I will get settled in for good, or at least till next winter when I move into my winter home Robin's)))))).

I got off on a tangent, and it was not what my piece was about.

Here are a few lines of

what I wanted to say. Starting with this month, I want to cover each month's holidays that have ignored over the years. We all know and celebrate ones like Christmas, Easter, New Years, Thanksgiving, and the 4th. But there are many that only a few people will recognize, so I hope this helps get the word out for those days.

Like I said, starting with April I will leave out one nobody likes and that is the 15th. Now to the next, this one most people could care less for as well is National Licorice Day, but it has to share with a nice one National Grilled Cheese Day. These two have just passed, but I might slap one on the stove anyway.

Another one that just passed but I hope some knew it was National Wear Your PJ's to Work Day. It would have been funny seeing everyone in Owingsville wearing jammies in town Mayor Hunt and Judge Exec. Frosty McKenzie and all the bank workers.

A very important National Day and one everyone should heed one I do my best to follow is National Earth Day, on the 22nd.

On this day (Thursday, April 24th while you are reading this, it is National Pig In A Blanket Day, so there you have supper planned. Shawn made those a few weeks ago so he was ahead of the day Also, on this day is one everybody should do. Make a list, for it is National Bucket List Day. I have one with a few completed on it. I still need to swim the English Channel and Climb Mount Everest or at least some mountain not

just Owingsville Hill. The last couple and they both give troubles, so don't know why they have a day dedicated to them are: National Hairball and Telephone Day. Last and not least hope no one has problems here, April 30th it is National Zipper Day.

That said I am outta here - take care of yourself, mother nature and always BE KIND.



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Published in the Bath County News-Outlook 04.17.25 and 04.24.25

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For More Information:

emailbcscmissy17@yahoo.com

All applications are scored, based on the scoring criteria set by the Kentucky Agricultural Development Board.

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