

KAYS BRANCH AND BEYOND

BY WANDA NEW

The trees are mostly bare, so there's not much color left.

But we were blessed to get over 3 inches of rain in a week.

It's been quieter walking in the woods for deer hunting, but I haven't seen many hunters out this week. Next weekend will be the last chance for regular gun season. I've seen several does around my place this week. I haven't heard of any really big bucks being taken so far.

When I called Chris Schimmoeller on Sunday, she and her twin sister, Trina, were on their way home from visiting Phillip Peiffer at his college in Pennsylvania, where they were having senior activities, an 11-hour drive but they enjoyed the scenery on the drive. They had a wonderful weekend. The campus was so nice, and Phillip has done well in recuperating from his knee injury.

He will redshirt and play football again next year and extend his scholarship by six months after missing this season.

Joel and Sophie were at home with the new puppy, called Popcorn, because

he jumps up and down everywhere.

I missed Bridget last week, but she and Ezra did go to the Candlelight Frankfort event, which was nice. She had gone to a Qigong benefit for people in the hurricane area who had lost their mediation and healing practice businesses there.

Ezra had gone to Ft. Knox to a fundraiser biking event for the Kentucky Mountain Bike Association for trail work. He and his girlfriend dressed in 1920s attire to attend a murder mystery dinner party fundraiser to benefit Court Appointed Special Advocate (CASA), held at the Foundry in Frankfort.

Along that same line, Hannah attended a fundraiser for the Capital City Museum at Kastle and Key near Millville. The event included a buffet dinner, silent auction and music. The mayor, judge and Richard Taylor were in attendance at the sold-out event, so it sounds like they had a successful event.

She attended an invasives meeting on Monday with Chris, who works at invasive removal through the year. She had her stitches taken

out from skin cancers and made good with the trip to Lexington to eat at Bonefish Grill with some of her family.

One morning, she met with some friends at Andy's Bakery in South Frankfort, where the lines are long to enjoy some of their delicious bakery items.

I had told her about the Sound Bath relaxation session at the Owenton Library, so she went and loved it. There was a room full of ladies in attendance. She looks forward to the next session.

She enjoyed music by the Lexington group, TDH (tall, dark and handsome), at Mortimer Bibbs in Frankfort one night.

Another benefit she attended was at a friend's home with about 35 people for the storytelling organization. She took her 97-year-old friend to the University of Kentucky Art Museum and was amazed at his ability to climb stairs ... a body in motion stays in motion ... good for him.

Bud has been busy making his recumbent bike into an electric assist bike. He has been riding lately, enjoying the nicer than what it could be November weather.

Patrick Kennedy was in Lexington to meet with Woodford County Historical Society about a log house that needed to be moved after the sale of the land it was on ... to be continued.

On Wednesday, he was on a Zoom meeting about setting up a conference on Preservation Trade Network next year.

One day, he toured the new Ashbrook Hotel in downtown Frankfort, a 200-year-old, white, brick house that will have a restaurant and hotel rooms already booked for the next Kentucky Derby. It will open in December.

Pat purchased some special auto sandpaper to use on some of his projects and has been sharpening and organizing his tools this week. He got away for a while to play pool with Charlie, but it wasn't his best playing. So, Charlie had a good day and won all three games.

Tona was on a radio show on Talk WRFL this week. The host of the show had worked for Tona at Kentucky Educational Television in the past, and after hearing that she had taken an eight-week class on Mindfulness (the practice of calming your

mind), he asked her to be on his show.

John was going to a music jam in Verona on Sunday while Tona was continuing to paint.

On Friday, they had dinner at Windy Corner, where friends of their's was playing music. Then, later that evening, they went to Brick Alley, where friend Bob Gray played drums with Joe Manypenny's band. Joe lives in Monterey.

John is working on videos of old fiddlers with two guys from Appalshop in Whitesburg, who came to Kays Branch.

On Thursday, John and Jessie Wells went to Ross Creek in Estill County to get videos of musicians to digitalize them. Jessie teaches at the Kentucky Center for Traditional Music and also plays music with Tyler Childers from Kentucky. You may recognize that name.

Anna Harrod will be at John's next weekend. She will be taking a working draft horse class at a farm run by the Berry Center in Henry County.

Ann Spicer said that she hadn't done anything newsworthy this week except to reorganize her spice cabinet, which made

her happy. She always goes to see her mother, Bee, at Shelbyville Masonic Home. She turned 94 on the 19th.

We did a little job at her brother, John's, last week. His wife, Charity, had a birthday.

Jessica Willhoite Depew turned 28 on Sunday. They took Konner and Kolsen to Shakertown Christmas Village and ate at Olive Garden to celebrate. Mother, Barbara, Jordan and Hailey went to Lawrenceburg to wish her a happy birthday.

Fay said that Mt. Vernon Church packed 53 more Christmas gift boxes on Sunday afternoon. That made 153 total ... awesome.

I saw on Facebook recently that Elk Creek Winery is open for wine and beer, but no food is served there now. You can take your own food for a friends get-together if you want. It's open on Thursday from 2 p.m. until 6 p.m., on Friday from 2 p.m. until 10 p.m., on Saturday from noon until 5 p.m. and on Sunday That is the latest information I have seen. Check it out.

Everyone you meet is fighting a battle that you know nothing about. Be kind ... always.

Asian lady beetles

Some years are worse than others.

I remember years when it was like a siege of lady beetles. Other years, a few popped up here or there.

Usually, they sneak their way into our homes as a noticeable chill settles in. On sunny days, they cling to the screen door on the south side of the house where I write. I have seen a smattering in the last few weeks. It is still pretty warm out, so maybe they just aren't ready to come in! I don't worry about the ones that sun themselves outside, but the ones that collect indoors, well your best bet is a vacuum cleaner.

The perceived invasion is as simple as looking for a little warmth and protection from winter weather. The invader is not

your average ladybug. It's an Asian cousin imported years ago by United



JENEEN WICHE
IN MY GARDEN

States Department of Agriculture agricultural research scientists. The USDA introduced the Asian lady beetle to the United States as a biological control against pear psylla and other soft-bodied insects.

The Asian lady beetle, *harmonia axyridis*, is a voracious eater, just like our native lady beetle, but they have different wintering habits.

The Asian lady beetle is native to Japan and Korea, where they winter over on cliffs to stay warm and protected from inclement weather. In the United States, in the absence of cliffs, the lady beetles flock to vertical structures, often light-colored,

and always south or southwest facing. These vertical structures are usually our homes. The lady beetles appear copper-colored and exhibit a great deal of variation within the species. Sometimes, they appear with no spots, a few spots or many spots. Usually, they are a copper or burnt orange color, but they can appear black or red. Do not be surprised or confused by these variations.

If there are cracks, crevices, or any point of entry, the lady beetles find their way indoors, collecting on walls and ceilings. As numbers increase, so does the desire to get rid of them. But it is somewhat problematic. Lady beetles are beneficial insects, eating other nuisance insects, so killing them is environmentally irresponsible. However,

most people do not want lady beetles in their house all winter long. Here are the options for control. Number one in beetle-proofing your home is to seal up crevices, install weather stripping around doors and check for any other entry point. This will not only eliminate the number of insects that come in, but it will also reduce your utility bills in both summer and winter.

Removing those beetles that have already made their way inside is best done with a broom or a vacuum. I know that it is asking nearly too much, but instead of killing them, try sweeping them up and releasing them a good distance from your home. If you do crush them, be ready for the stinky smell they will emit. And don't forget to empty the vacuum bag if you vacuum dead ones up.

The problem with using chemical sprays is that it will only kill those insects that it comes in contact with, and likely, there are more beetles in unseen places. If you fumigate and kill those that are unseen, then other insects that feed on the carcasses may be attracted to your home as a result.

Lady beetles feed on soft-bodied insects and will not do any structural damage to your home, but those that may feed on them

can. They are just hibernating in your home, and I have always been taught that they do not bite, sting, spread disease, infest your food or eat your clothing. They are just annoying ... although, some have insisted otherwise. I did experience one landing on my arm last week with a bite to it, so the non-biting part may not be so true after all.

Jeneen Wiche is a resident of Simpsonville and professor at U of L.

OWENTON FIRST BAPTIST CHURCH NEWS

It was a joy to observe the Lord's Supper during our morning worship gathering.

Our pastor prefaced the observance with a message from 1 Corinthians 10:14-22, with a message entitled "Communion With Christ." He emphasized what will minimize that communion and what will maximize the communion.

On Sunday evening, our text was Proverbs 30:24-28 with a message entitled, "Little Is Much When God Is in It."

We will serve as the drop-off point for Operation Christmas Child through Saturday.

Our ladies will have a special gathering on Saturday at 5:30 p.m. You can sign up at the welcome center.

Our Main Street Youth ministry is growing spiritually and numerically. Come and be a part of this impactful time. The group meets each Wednesday at 6:30 p.m. The Rooted Kids Ministry meets each Wednesday at 6:30 p.m.

Our children's church ministry is offered during the 11 a.m. worship service.

The family life center is open on weekdays from 8 a.m. until 1 p.m., on Saturday from 9 a.m. until 1 p.m., and on Monday, Tuesday and Thursday from 4 p.m. until 8 p.m.

Our weekly service times are Sunday at 9 a.m., 11 a.m., and 6:30 p.m. The Sunday school gatherings start at 10 a.m. Our Wednesday service begins at 6:30 p.m.

Our church would like to remind you that you can connect with us through our website at owentonfbc.com, on Facebook at FBC Owenton, by downloading our church app, or by joining us on twitter or Instagram. You can also call the church office or email us at office@owentonfbc.com.

God bless you, your family and our community. See you Sunday.

— Submitted

MEALS ON WHEELS

The meals on wheels menu for Nov. 25-29 is as follows ...

MONDAY

Pot roast, parslies, noodles, collard greens, slice of bread, Sun Butter, diced peaches, chocolate crème cookie

TUESDAY

Cheesburger meatloaf, baby bakers, California vegetables, slice of bread, orange juice, Town House crackers

WEDNESDAY

Spaghetti and meatballs, Italian vegetables, spinach, slice of bread, Sun Butter, fig bar

THURSDAY

Baked chicken with gravy, herbed dressing, broccoli and cauliflower, slice of bread, apple juice, snack bar

FRIDAY

Cincinnati chili and spaghetti, shredded cheese, corn and black beans, cinnamon apples, grape juice, pineapple cup.

— Submitted



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