

Have A Great Day!

ACCEPTING BIDS

The Leslie County Conservation District is accepting bids to hook up one house to the city sewer. Bids will be available to pick up May 27th at 20 Davidson Fork Road, Thousandsticks, Kentucky, between the hours of 8:00 a.m. and 4:00 p.m. Call 606-672-2357 for more information.

BEECHWOOD APARTMENTS

Beechwood Apartments is currently accepting applications for immediate openings for one bedroom and efficiency units. You must be 55 or older to qualify. Some utilities included and rent is based on income. Visit Kim at 259 Hickory Street, Hyden, KY or call 606-672-3938 on Tuesday and Thursday 8:00 am - 4:30 pm.

PUBLIC NOTICE

Pursuant to 405 KAR 8:010, Section 16(5), the following is a summary of permitting decisions made by the Department for Natural Resources, Division of Mine Permits with respect to applications to conduct surface coal mining and reclamation operations in Leslie County.

BLUE DIAMOND MINING, LLC
8665165 RN 5 4/3/2025

Looking for Land to Buy on Buckhorn Lake
Contact Rufus Fields
606-312-8907

INVITATION TO BID


THE FISCAL COURT OF LESLIE COUNTY, KENTUCKY WILL RECEIVE **SEALED BIDS** FOR THE FOLLOWING MATERIALS, SERVICES, AND SUPPLIES UNTIL **12:00 P.M., FRIDAY MAY 23, 2025**. BIDS WILL BE OPENED AND REVIEWED AT THE REGULAR FISCAL COURT MEETING AT **10:00 A.M. ON MAY 28, 2025** TO BE HELD AT THE LESLIE COUNTY EXTENSION OFFICE, MAIN STREET, HYDEN, KENTUCKY. BIDS WILL ALSO BE AWARDED AT THE REGULAR FISCAL COURT MEETING HELD AT **10:00 A.M. WEDNESDAY, MAY 28, 2025** AT THE LESLIE COUNTY EXTENSION OFFICE.

BIDS WILL BE ACCEPTED FOR THE FOLLOWING ITEMS AND SERVICES:

1. DRAIN TILES
2. DRILLED STEEL
3. CONCRETE
4. FUEL
5. GRAVEL
6. ASPHALT

BIDS MUST BE SUBMITTED USING THE FORMS PROVIDED BY THE COUNTY. BID FORMS WITH SPECIFICATIONS FOR ALL ITEMS AND SERVICES LISTED ABOVE CAN BE ACQUIRED FROM THE LESLIE COUNTY JUDGE EXECUTIVE’S OFFICE AT 22010 MAIN STREET OR BY REQUEST VIA PHONE (606-672-3200) OR EMAIL LCFC@LESLIEKY.COM. THE COUNTY RESERVES THE RIGHT TO PURCHASE OUTSIDE OF THE ACCEPTED BIDS IN CASES OF EMERGENCY OR VENDOR’S INABILITY TO SUPPLY NEEDED MATERIALS.

BIDS MAY BE MAILED TO: LESLIE COUNTY FISCAL COURT, P.O. BOX 619, HYDEN, KY 41749 OR DELIVERED TO THE COUNTY JUDGE EXECUTIVE’S OFFICE AT 22010 MAIN STREET, HYDEN, KY. **BIDS MUST BE IN SEALED ENVELOPES AND MARKED ON THE OUTSIDE WITH “SEALED BID”, VENDOR NAME, AND THE SPECIFIC BID ITEM OR ITEMS.**


WILLIAM R. LEWIS
LESLIE COUNTY JUDGE-EXECUTIVE

An Opportunity to Improve Health Nationwide

(StatePoint) Walking into a grocery store can feel overwhelming – especially for those trying to buy healthier food. There are so many choices, eye-catching marketing and health claims, and confusing ingredients, making it hard to know what’s healthy and what isn’t. Grocery store aisles can actually be a place to fight preventable diet-related disease and illness – as long as nutrition information is readily available and easy to understand. Other countries successfully use simple and clear nutrition labels on the front of food packaging to draw attention to foods that are high in sugar, saturated fat or salt – three nutrients most people eat too much of. These labels are helping consumers make healthier choices. After years of consumer engagement and research, the Food and Drug Administration (FDA) has proposed easy-to-read labels on the front of most packaged foods here in the United States. The proposed la-

bel would appear on foods intended for people aged 4 years and older and focus on three nutrients to limit: saturated fat, sodium (salt) and added sugars. Each would be rated as high, medium or low, and include the percentage of the recommended daily amount. The label would be placed on the front of the package in bold, easy-to-see text so shoppers could quickly understand what is in their food and compare products. Even though similar labels have worked well in other countries, some food companies oppose implementing them here in the United States. While



these labels certainly could impact the sales of less healthy foods, advocates say that these companies should recognize that their customers want to make healthier choices and purchase healthier products. Clearer labels will help them do just that. “Eating healthy should be less complicated and consumers should be able to walk down grocery store aisles and be able to easily compare how nutritious different

foods are,” says Nancy Brown, CEO of the American Heart Association. “This will give everyone more control over their food choices and health.” Right now, the FDA is asking people to share their thoughts on this new proposed label. Between now and May 16, 2025, you can visit yourethecure.org/label for more information from the American Heart Association and to provide feedback to the FDA.

CROSSWORD															
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STATEPOINT CROSSWORD
THEME: ON BROADWAY ACROSS
1. Benatar and Morita
5. Certain tray contents
8. In custody
12. *Main character in “Shrek the Musical,” based on 2001 flick
13. Soreness
14. Wore (2 words)
15. Street in Anytown, USA
16. Burn to a crisp
17. Opposite of alpha
18. *Musical with most Tony Awards, with The
20. Grape holder
21. Entertain
22. ___ Aviv
23. Unrhymed Japanese poem, pl.
26. Snakebirds
30. Opposite of hence
31. Shooting star
34. Milk’s favorite cookie
35. Zoroaster follower
37. A Beatle bride
38. Mix-up
39. Type of cotton
40. *___ Lloyd Webber
42. Dog command
43. Inference of similarity
45. 4th letter of Hebrew alphabet
47. “But I heard

him exclaim, ___ he drove out of sight...”
48. Pool table fabric
50. Altar location
52. *Last year’s Tony Award winner for Best Musical, with The
56. Santa Anna’s target
57. To, archaic
58. Small cave
59. Cocaine-producing plant, pl.
60. Diagnostic test
61. Biblical Isaac’s firstborn
62. Not quite an adult
63. Craggy peak
64. Tear DOWN
1. Circumstance’s partner
2. Lab gel
3. Domingo, Pavarotti and Carerras, e.g.
4. “Where the Wild Things Are” author
5. Plural of #13 Across
6. Social media button
7. Not his
8. *Musical with most Tony nominations
9. Barbara of “I Dream of Jeannie”
10. *Private box
11. Double helix-shaped structure
13. Emile Zola’s “J” ___ ...!”

14. What helicopter parents do
19. Savory taste sensation
22. Black gunk
23. Tapa, alt. sp.
24. “Encore!”
25. ___ Jean, a.k.a. Marilyn Monroe
26. Don’t let this hit you on the way out
27. Use the other end of a pencil
28. Re-equip
29. *Rodgers’ and Hammerstein’s “___ Pacific”
32. *Award nickname, short for Antoinette
33. Finish line
36. *Arthur Miller’s “Death of a ___”
38. Swaziland native
40. *”___ of Aquarius,” song from “Hair”
41. a.k.a. the Wizard of Menlo Park
44. Plural of #34 Across
46. Late actor Heath
48. Social dice game
49. Rose oil
50. Medicinal house plant
51. Tempo
52. Give a boot
53. Gaelic
54. Multicolored horse
55. Wall support
56. *Part of a play