

The new generation of weight loss drugs: The pros and cons of GLP-1s

LEXINGTON
You've likely heard about glucagon-like peptide-1 agonists – usually referred to as GLP-1 medications, and more wildy recognized through pharmaceutical brand names like Ozempic and Mounjaro. While those more commonly known brands of these medications are relatively new, GLP-1 analogs have been around for 20 years. In 2005, the Food and Drug Administration approved the first-ever GLP-1 agonist, exenatide (Byetta).



BROOKE HUDSPETH

Since then, several others have followed, including dula-glutide (Trulicity), liraglutide (Victoza, Saxenda), semaglutide (Ozempic, Wegovy), and the latest FDA-approved medication, tirzepatide (Mounjaro, Zepbound). With semaglutide and tirzepatide gaining the most media attention and curiosity in recent years due to their high effectiveness, we'll focus on these two medications.

What do these medications do? GLP-1 is a hormone that occurs naturally in your body — it's created by your own small intestine. It serves several functions, including:

- Triggering your pancreas to release insulin, which lowers blood sugar
- Suppressing glucagon, a hormone that raises blood sugar
- Slowing down your digestion
- Increasing your feelings of fullness after eating

GLP-1 medications mimic this natural hormone by binding to GLP-1 receptors in the body, and they are intended to be used alongside a healthy diet and exercise. By helping to regulate blood sugar, these medications support the management of Type 2 diabetes. Other effects of these medications often lead to weight loss.

What's the difference between these two drugs?
Ozempic is the name-brand version of weekly injectable semaglutide that is FDA-approved for diabetes treatment, while Wegovy is the same injectable approved for obesity treatment. A daily oral (pill) version of semaglutide, Rybelsus, was approved for type 2 diabetes treatment in 2019. Mounjaro is the name brand of tirzepatide approved for diabetes treatment. Meanwhile, Zepbound is the same drug formulation for treatment of both obesity and/or obstructive

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Indictment: Flatwoods man accused of multiple crimes while out on bond

BY AARON SNYDER
THE DAILY INDEPENDENT

GREENUP A Flatwoods man facing charges in various cases has racked up more indictments from a Greenup grand jury. James W. Clapper, 21, has been in Greenup County Circuit Court multiple times since his latest jail stint. Clapper was indicted on the following charges last week: third-degree rape, procuring or promoting the use of a minor by electronic means and third-degree terroristic threatening.

The incidents occurred between June 6 and July 27, court records show. It's not Clapper's first run-in with the law in Greenup County. He was initially in jail on charges of strangulation, terroristic threatening and harassing communications. After being bonded out, according to the timeline reflected in court records, he is accused of committing other crimes between jail stays. One accusation is a malicious assault of a 22-year-old near Ritter Park in Huntington on

July 16. Another accusation is indicated in the latest round of indictments on the aforementioned charges. Clapper was due in Greenup County Circuit Court for an arraignment Thursday. Third-degree rape occurs when a defendant is at least 21 and engages in sexual intercourse with someone under 16. Procuring or promoting occurs when a person uses electronic means for the purposes of procuring or promoting the use of a minor in sexual activity. Clapper remains in

the Greenup County Detention Center on no bond. An indictment is not necessarily an indication of guilt. Anyone named in an indictment should be presumed innocent unless proven guilty in a court of law. A Greenup County grand jury handed up this indictment recently as well: • DeWayne Johnson, 45, of Portsmouth, was indicted on charges of second-degree burglary and third-degree terroristic threatening. (606) 326-2664 | asnyder@dailyindependent.com

NEWS IN BRIEF

Yard sale fundraiser for church

ASHLAND Summit Church of the Nazarene will have a fundraising yard sale from 8 a.m. to 4 p.m. today and 7 a.m. to 4 p.m. Saturday. Baked goods also will be for sale. Proceeds will go to support SNC Legacy Youth.

The church is at 401 Ky. 716.

Bible college offers signup

ASHLAND Registration for classes as Southland Bible Institute is ongoing at the school at 5673 Southland Drive. Classes will begin Monday. Full-time, part-time and commuting students are welcome to register.

Registration upcoming for HMA classes

HUNTINGTON The Huntington Museum of Art has announced its schedule of fall 2025 classes in ceramics, painting, drawing, photography and printmaking on its website with the goal to begin class registration at 10 a.m. Aug. 26. To see the entire list of classes being offered, visit hmoa.org. For more information, call (304) 529-2701. Staff reports

Man who sexually abused Alzheimer's patient sentenced to four years

BY AARON SNYDER
THE DAILY INDEPENDENT

CATLETTSBURG A 28-year-old man was sentenced to four years of imprisonment Thursday on a first-degree sexual abuse charge. Nathaniel Lesniak was in Boyd County Circuit Court via video-conference from the county jail in front of Judge John Vincent. Vincent relayed the sentence of

four years of active time. Lesniak must register as a sex offender and must have no contact with the victim. Lesniak was initially charged and indicted in March 2023 when he admitted to being a "rapist." According to court records, Lesniak sexually assaulted an Alzheimer's patient at a local nursing home. Lesniak's mental competency

was an area of concern throughout the judicial process. The Kentucky Correctional Psychiatric Center provided treatment in order to restore competency. Following a July competency hearing, the court determined the defendant was competent for the case to move forward. (606) 326-2664 | asnyder@dailyindependent.com

Boyd County chooses Hyper-Reach for emergency alerts

STAFF REPORT

Boyd County announced it has selected Hyper-Reach to help bring life-saving capabil-

ity to the area, according to a news release from Ashland-Boyd County-Catlettsburg Emergency Management. Hyper-Reach is a mass

emergency notification system designed specifically for public safety. The county expects to have the system fully operational by the end

of this month. The emergency alert system will provide rapid notification of hazardous and urgent situations using telephone calls, text and email messages, and TTY/TDD service for hearing-impaired individuals, stated the release. The system sends thousands of messages to geographically targeted households in seconds and can simultaneously deliver them to a broad audience via social media, Alexa-enabled smart speakers and browser notifications, and it can send broadcast messages to mobile phones made since 2011, according to the release. Tim England, Boyd County's emergency management director, said Hyper-Reach "gave us everything we needed at an unbelievable price. We're excited about this new capability." The county will use the service for weather alerts, environmental hazards, criminal activity and missing persons. Landline phones are automatically enrolled. Boyd County residents and workers are encouraged to enroll by texting "Alert" to (606) 254-1454 or by visiting hyper-reach.com/ky-boydsignup.html. Residents can use Alexa by saying "Alexa, enable Hyper-Reach" and follow the instructions.

PUBLIC NOTICES

**PUBLIC NOTICE
PROPERTY TAX HEARING**

A Public Hearing will be held by the City of Bellefonte, Kentucky, at the Bellefonte City Building on August 25, 2025, at 6:15 p.m. for the Citizens regarding the proposed 2025-2026 Tax Rates on real property.

Last Year's (2024-2025) Property Tax Rate = 37.70 cents per \$100
Last Year's (2024-2025) Personal Property Tax Rate = 37.70 cents per \$100

The tax rate levied in the year 2024 was 37.70 cents per \$100 of valuation of real property and the revenue produced by that rate was \$333,764.00. The tax rate levied in the year 2024 was 37.70 cents per \$100 of valuation of personal property and the revenue produced by that rate was \$3,159.00.

The proposed tax rate, same as last year, for 2025 is 37.70 cents per \$100 of valuation of real property and the revenue expected to be produced by that rate is \$344,002.00. The proposed tax rate in the year 2025 for personal property is 37.70 cents per \$100 of valuation and the revenue expected to be produced by that rate is \$1,633.00. This will increase revenues in the amount of \$8,712.00 for the year.

The proposed maximum tax rate for the year 2025 is 38.40 cents per \$100 of valuation of real property and the revenue expected to be produced by that rate is \$350,390.00. The proposed maximum tax rate for personal property in the year 2025 is 38.40 cents per \$100 of valuation and the revenue expected to be produced by that rate is \$1,663.00. This will increase revenues in the amount of \$15,130.00 for the year.

The proposed compensating tax rate for 2025 is 36.60 cents per \$100 of valuation of real property and the revenue expected to be produced by that rate is \$333,964.00. The proposed compensating tax rate for personal property in the year 2025 is 36.60cents per \$100 of valuation and the revenue produced by that rate is \$1,585.00. This will increase revenues in the amount of (\$1374.00) for the year.

The proposed substitute tax rate for 2025 is 37.00 cents per \$100 of valuation of real property and the revenue expected to be produced by that rate is \$337,614.00. The proposed substitute tax rate for personal property in the year 2025 is 37.00 cents per \$100 of valuation and the revenue produced by that rate is \$1,603.00. This will increase revenues in the amount of \$2,294.00 for the year.

The City of Bellefonte proposes to exceed the compensating tax rate by levying a proposed maximum tax rate which will be spent in the following general areas of City government: Administration, Public Safety, and Street. Property taxes will be due on December 31, 2025.

The 2025-2026 Property Tax Rates are available at 705 Bellefonte-Princess Road, Ashland, KY from August15, 2025, Monday thru Friday.

The General Assembly requires publication of this advertisement and the information therein.

**TERRI BARNES
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